

A lace sawter of eight bowes.

TAKE foure bowes of one colour, and four of another, and be that one colour upon *A. B.* of both thine hands, and that other colour upon *C. D.* of both thine hands, and then shall *A.* right take thorow *B. D.* of the left hand, the bow *A.* of the selfe hand unreversed, and then hie thy bowes of the left hand, and then set the selfe bowe taken upon *D.* left, and then shall *A.* left take thorough *D. C.* of the right hand the bowe *A.* right unreversed, and then hie the bowes right, and then set the selfe bowe taken upon *D.* right, and then *D.* right shall change his bowe with *D.* left and then reverse all thy bowes, and begin againe as afore, till when the selfe colour be come againe upon *A. B.* of both thy hands, and that shall be when thou hast done foure sythes as is said afore, and then shall *A.* right take thorow his bowe, and *B. C.* of the self hand, and then low thy bowes right by, so that the bowe taken dwell upon *A.* and that was upright on *A.* be set upon *B.* and then shall *A.* left take thorough his bowe and *B. C.* of the left hand the bowe *D.* unreversed of the selfe hand, and then low thy left bowes so be that the bowe taken dwell upon *A.* and that that was upon *A.* be set upon *B.* and then shall *D.* right change his bowe vvith *D.* left, and then reverse all thy bowes, and begin againe, till that the selfe colour be come againe as afore upon *A. B.* of both thy hands, and that shall be vvhen thou hast done other foure sythes nethervvard, and other foure sythes overvvard, changing among like as is afore said.

A Lace Croisle.

TAKE eight bows of the vvich two be of one colour, and six of another, and be the sixth of one colour upon *A. B. C.* of both thy hands, and the other two upon *D.* of either hand, and then work in the selfe manner as in the Sawter, but when *D.* right hath changed his bow with *D.* left, then shall *A.* right change his bow with *A.* left, and that under all the other bows.