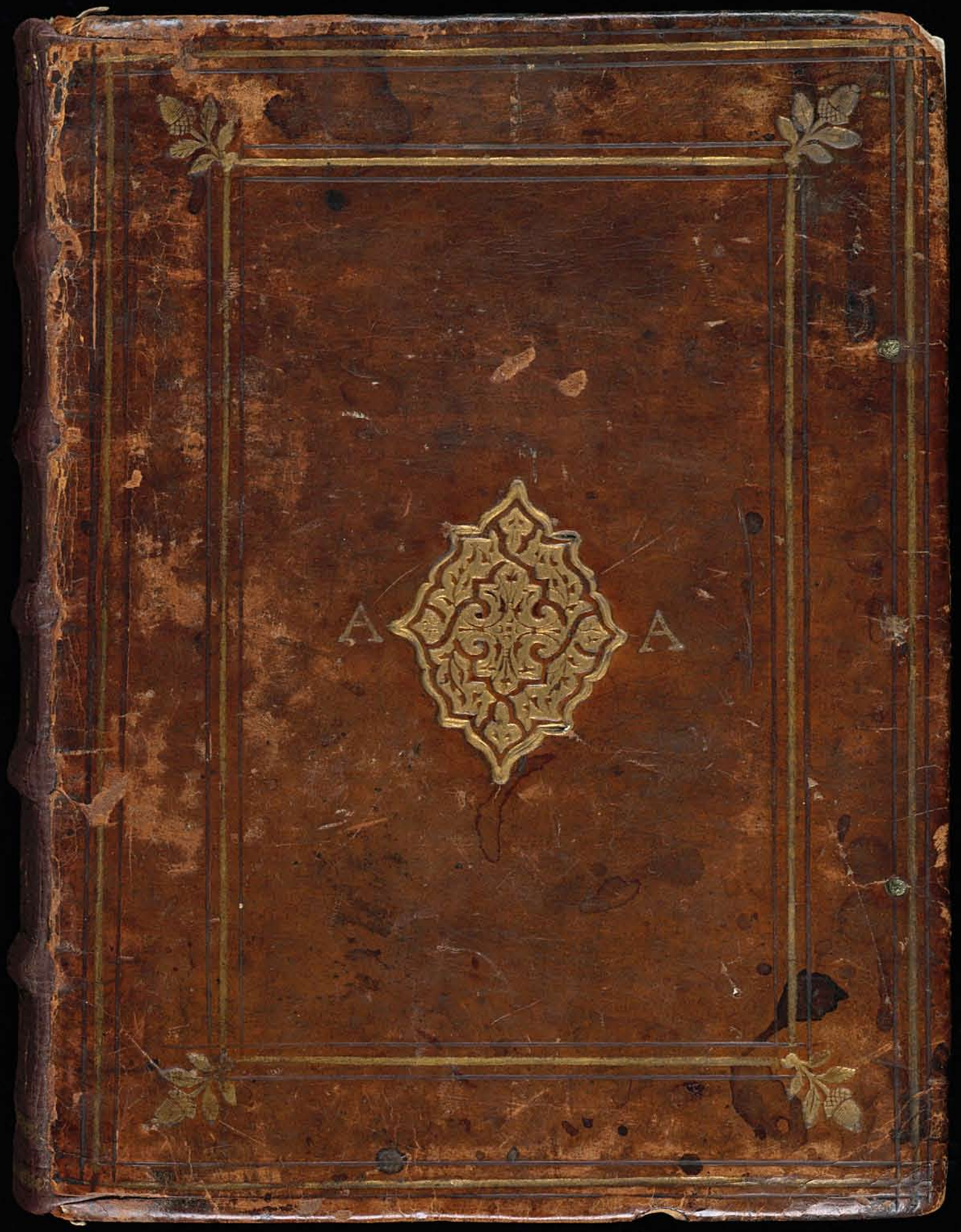
A A

Liber Comitissæ Arundeliæ.

A Booke of divers Medicines Broothes, Sirrupes, Waters, Syroppes, and Ointmentes of wch many of the most part have bin experienced and tryed by the special practize of ~ ~ ~

Mrs Corlyon

Anno Dni 1606.

Hee of her Lo

fyne Myrrh 4... drammes, burnett, 3... drammes
burmentich, 4... drammes, red roses 4 drammes
yellow Sandres, 4... Foxgloves, and flow=
ers of marygolds, one drammes, scabious
vermici, basyll, of each 4... Foxgloves

A table of the generall chapters or titles to whiche all the particuler medecines in this booke ar referred: as appeareth by a more particuler table annexed, which you may fynde in the ende of the booke Folio. 365.

A Medecine for a Pinn and a Webb or any other sore Eye.

Take one handfull of three traued grasse that is most spotted with whitt: Gather it cloose to the roote, as much of wilde Daisye rootes: Stampt them all in a woodden dishe, and boyle them in one pinte of water, in a cleane brasse skillet with a very softe fyer. When it is scommed putt in so much Allome as will make the water tast roughe vppon your tounge. After putt in so much honny as will make it Looke yellowe and taste very swettt. When it hath boyled a pretty while and is cleane scommed, straine it into a cleane vessell, and when it is colde poure the clearest into a glasse and keepe it in a colde place, and it will last three weekes in Winter and 14 dayes in the Sommer: The water is to be applied to the Eyes one hower before they aryse and when they goe to bedd. If the Eye be very sore drese it at two of the cloche in the after noone and sleepe after it, if they cann.

A Powder to take away the Pearle in the Eye.

Take the whittst of Hennes dounge that you can gett and drye it, and beate it into fyne powder and Searze it.

throughe lawne, and to one spoonefull of that powder take thrii
spoonefulles of Sugar candye fynelye beaten and as much pow=
der of the best Ginger as will lye vppon a groote. Then starze
them altogether in a pece of fynt Elsane lawne and at
nighte putt into the Eye a litle of the powder and in the
morning vse the watter before written only. Keepe your powder
very dry, and it will last long: And this is also very good
for any kinde of Scale, that groweth vppon the Eye. ∞

A Medecine to staye the Humors from fallinge to
the Eyes and good for the Meegrime. ∞

Take one handfull of wilde Dayye rootes and washe and
dry them in a Elsane Clothe, then shredd them and take a
dozen greate Earth wormes, and stampe them well togather:
Putt to all this as much as a pretty typle of sharpe Leauen Boate
all well together, and mingle all with the white of an Egge
and spread it vppon a double Lynnen Clothe so large as the
forehead is, that it may come even to the brows and couer
the temples: Lett the party lye vppon his backe one howe after
the Medecine is laid on, after binde it with a kercher, and
so lett it lye till it be all loose of it selfe. When you vse
this Medecine make a bagg of dryed Sage so large as will
couer from the moulde of the head to the nape of the neck,
and take a pretty quantity of Greeke Pitche and melte it

alone.

alone in a litle Earthen pott, and spread it with a flatt
stick vppon the fleshe side of the best Glouers Leather, and
cutt your plaister so large as it may lye betweene the shoul=
ders and vpp towards the nape of the neck and lett it lye so
long as it Elsaueth. It is very good for the Patient to for=
beare much Butter or any thinge wherein Garlicke, Onions,
or any Leekes be vsed. ∞

A Medecine for a Bruse in the Eye. ∞

Take the white of one newe laid Egge and beate it very well
till all be of a frothe, then putt thereto two spoonefulles of redd
Rose water, and make litle balles of Flaxx, and wett them
in the aforesaid Lyquor, and shifte it morning and euening
and if the Humors come much to the Eyes take the white
of one Egg beyng beatten, and putt into it a good quantity
of Bolearmenick, and lay it to the forehead vppon a Lyn=
nen Clothe. This will keepe the humors from comming downe. ∞

A Medecine for Redness in the Eyes the whiche
proceedeth only of hott Humors. ∞

Take a newe laid Egg, and breake a smale hole in the topp
of it, then putt out all the meate and fill it full of the iuyce
of Houseleeke otherwise called Selareene and so sett it in
the Embers: When it doth boile scumm it vntill it be cleane
and cleare. Then putt into it as much white Copperse as a

great Barly corne, and so lett it boile vntill the Coperose be molten: Then straine it throught a cleane clothe and so putt it into a glasse, and when you doe vse it, keepe your Eye close with a peece of silke: you must take it when you goe to bedd and one hower before you aryse. If you do putt your Coperose in before the water be cleane it will make the water to looke black: but it will be medecinable notwthstaundinge. ~

A very good Medecine to comfort a weake Eye or to helpe those that haue had the smale Pockes or Mygelles in theire Eyes.

Take a new laid egg and rost it faire and hard in the fyer, then pill it cleane, and as hott as you can, cutt it in sunder and take out the yeolke with greate speede fill vp the holes where the yeolke was, with the powder of white Sugar candye beynge fynely beaten and so clapp the two sydes togeather, the hotter they be the better, then putt them into a fyne Lynnen clothe and tye the clothe close about it, putting the egg into the midst of the clothe, and hange it vpp by the endes, and lett it droppe into a Sauser as Almond Butter doth, vntill it will droppe no longer: Then take the water and putt it in a glasse and vse it euening, and morning, when you haue occasion. ~

A Medecine for the Redness of the Eyes without paine.

Take peeces of fyne manchett Breade of an inche thicke beyng the breadth of your Eye, or bigger, and cutt holes in the middest

of them.

of them: Then dry them before the fyer, but make them not browne, putt them in fayre running water, and when they be softe, lay them vppon your Eyes, and after they haue lyen an hower, bynde them fast to your Eyes with a clothe. This must be doen when you goe to bedd, and in the morninge washe your Eyes with fayre water, and lye still an hower after. ~

An especiall good water for the clearinge of the Eye: and to preserue Sighte. ~

Take an handfull of redd Fennell, and as much of Salendine, the like quantity of Sorrell, and as much of Heartes grasse and two good handfulles of Eyebrighte, the like quantity of Howselick, and three handfulles of redd Rose leaues, as much of white Rose leaues, the like quantity of Woodbinde flowers, and as much of the white flowers of the three leaued grasse, and putt all these togeather and distill them. Putt the water into a glasse and keepe it for your vse: This water is also good for the Pynn and Webb in the Eye, if it be taken at the first beginning of it and vsed as followethe Take fower spoonefulles of the water and putt therein a peece of Alleme as bigg as a greate Pease, and so droppe it out of a spoone into your Eyes euening and morninge. This water is likewise good for the Rheume in your Eyes. ~

A Medecine to eate out proude fleshe, growinge within the corner of the Eye. ~

Take of the hardest of the Honnye and mingle it with a litle

Saffron and dropp a litle of it at nighte when you goe to bedd vppon the place grieued and Lett not the partye shutt his eye to close for squeesing it out and Lett hym in the morning and twice or thrice in the day dropp of the water that is first written into the Eye, dropping thrie or fower droppes at a tyme, staying, and closing his eye taselye a litle space betwixt euery droppe. ∾.

An other Medecine for to take away the Pynn and webb in the eye or a Iey in the eye wch growethe from the corner of the eye to the blacke, and is like a litle Gutt. ∾. ∾. ∾.

Take of fyne white Sugar as much as a Wallnutt, and a ptte of Sanguis Draconis as bigg as a Beane, and beate them togeather very fyne; Searce it throughe a ptte of Lawne, and putt a litle of this powder into your eye, euening, morning, and at midd tyme of the daye, and slumber a litle after, and by Gods helpe it will cure. ∾

A Medecine for a Burne in the Eye eyther by Fyer or Gunpowder. ∾. ∾.

Take halfe an handfull of Aylehooues and washe them clean, drye them in a clothe and then stampe them and putt thereto three spoonefulles of thicke and sweete creame, stampe them togeather, and then straine them, and dropp of the

Lyquor

Lyquor thereof into your eye often tymes both by daye and nighte and annoynte of the same about your Eye with a feather. This must be made freshe euery daye in the Sommer and euery two dayes in the winter. ∾.

A Drincke to cleare the Sighte. ∾.

Take an handfull of Rosemary and a greate handfull of Balme: stampe them togeather, and straine them with a quart of Ale, and drinck thereof in the morning fasting at three of the clocke in the after noone, and at nighte goeyng to bedd, and you shall fynde ease This drincke doth consume the vapors, that comming from the Braine, doe hurte the Sighte. ∾.

An other Drincke to cleare the Sighte. ∾.

Take a good handfull of Pimpernelles three greate spoonefulles of woode Lyse, otherwise called Sowes, stampe these togeather, and straine it with a Pynte of Ale: Keepe it for your vse, and drinck this at two draughtes in the morninge and at fower of the clocke in the after noone. Vse this for one whole weeke, makinge newe drinck for euery day and at the weekes ende, leaue it of for the space of an other weeke, and then if you feele your selfe not well, vse it againe for an other weeke, and this doe as longe as you

shall haue neede but vse it not two weekes togather nor when the signe is in the heade. This Drincke will consume the Catoricke in the Eye, or any other greefe within the Ball of the Eye: you may knowe the Catorick by this: It dymmeth the sighte at the beginninge the the Eye Looking very fayre: The black of the Eye sone after will waxe greater and greater and some of them will ryse like a black Starle in the blacke of the eye, and there is no water will helpe them nor any thinge else excepte these drinckes do helpe.

A Plaister to stay the Humors that feede the Catorick, to be applied to the tempples when the former Drinckes ar in takinge.

Take a good quantity of Betony Leaues, and choppe them very smale, mingle it with the yoolke of an egg and a litle honny and putt as much wheaten flower to it, as will make it stiffe to spreade vppon a clothe, then cutt three litle Plaisters of Stolland or Lorum that is newe and spreade this vppon them somewhat thick and laye vppon eche temple one and the thirde in the middest of the browe, euen with the lower parte of the browe And when these Plaisters do fall of, lay a newe vppon, and not before: And eate three or fower tymes in the day of the conserue of Betanye flowers, which is very good for that greefe.

To make Very good Balles to stay ye redme

Take 4 ounces of licoras scrayed and finely searst fine or 6 handfull of ye topps of Hopp 4 handfull of foales foote a good handfull of rosmary flowers stamp all these earbs in a stone morter strein them with halfe a pinte of Hopp water or faire water then beate the whites of 2 or 3 eggs and when the skume is well boiled vp then skime it clean and so twise clarefy it with your whits of eggs then put to it 3 or 4 ounces of redd Sugercandy and when that is molten and skeemed, strain your licor and after strew in ye licoras and stire it continually for it wilbe apte to burne if great hede be not taken, and when it is so muche boiled as the whole mass will stire with ye state from the pannes botome then make it up in roune balls or what fashion ye like ye must kepe it nere the fier for it wilbe appte to gron softe, a very smale quantity will stay the ticklin redme

A Medecine for reddnesse in the Eyes.

Take a Queene Apple and choppe it very fyne the like quantytye of grated Manchett and a litle Sotherwoode bruised Boyle all these togather in faire runninge water vntill it be so thicke that it may be spreade vppon a clothe like vnto a Plaister and when you goe to bedd applye it to your Eye first winckinge and cloosing your Eye.

An other Medecine for reddnesse in the Eyes.

In Maye take newe Milke, lett it not stande to creame but putt it into your Stillitorye before it be colde, and when you haue drawen the Watter sett it in the Sonn 10. or 12. dayes, and putt to euerye pinte of the watter as much Camphere as a Wallnutt. If there be any heate in the Eyes vse it colde otherwise lett it be bloode warme.

A Medecine for one that hath a Strype in the Eye or a Bruse in the Face.

Take the pappe of a black softe Apple, the yeolke of an egge and halfe a spoonefull of good Sallett oyle or else oyle of Roses and putt to it a spoonefull of redd Rose watter, then with a spoone stirr them and beate them well togeather. Add thereto so many crumbes of Manchett, as will make it thicke to sprede vppon a clothe like Salue then lett the Patient wincke harde and lay the Plaister on the outsyde of the Eyelidd. And if the Bruse be vppon the Face applye the Plaister to the place bruised.

A Medecine for a Pynn and a Webb or any such like in the Eye

Take 26. or 20. Slugges and washe them in good Ale many tymes till they be very cleane and then bruse them with a litle Ale in a Pottinger with the backe of a Spoone till they be almost consumed and then lett it runn throughe a strayner and geue it to the Patient to drincke 9. morninges fastinge. And if it be to a Childe a dozen will serue at a tyme. This hathe been approued.

A Medecine to comfort the Sighte.

Take the leaues and flowers of Eyebrighte, and make them into fyne powder searzed, take of this powder as much as will lye vppon a six pence, in a reare egge or Brothe or drincke. Take it fasting in the morninge. Also the conserue of the flowers and leaues mingled with Fennell Seedes or with sweete Margorom taken last at nighte or presently vppon meate to close the Stomake the quantity of a Nuttmegge doth comfort the Sighte And the Hearbe likewise dryed with Ale or Beare hath the same effecte.

A Medecine to cleanse a score Eye that is all couered with Bloode like a Jellye:

Take an egg and roste it very harde, then take such a quantity of the yeolke thereof as you thincke conuenient and brusinge it with your fingars, putt it into a cleane peece of Lawne that is washed from the Soope and so laye it to the eye And if you can open the eye lay it close thereunto, chaunge it euery 3 4. howers till the tylme of Bloode be consumed, that you may the better discerne the disease of the Eye.

A Medecine for a score Eye.

Take Pearle woorte, stampe and straine and myngle the iuyce thereof with woemans milke and white Sugar candye powdered, and so droppe it into the Eye Take also Ribbwoorte, and if it be needfull to washe it, lett it be well dryed from the Watter then stampe and straine it, and droppe a good droppe thereof 2. or 3. tymes a daye into the eye. This of Ribbwoorte is also good for any Beastes or Cattell that haue Score eyes.

For the Eyes that be sore.

Take daysy rootes, leaues and all, pound them, take the iuyce therof, and runinge water, and boyle it in the shel of a new layd Egge: And breake not the creame of the egge in the botom, and when it is well boylet wasche your eyes thearwith, & it wil cleare your sighte.

A Drincke to heale a pin & a webb in the Eye.

Take a good handfull of balme, & a good spoonefull or two of Lobis otherwise called woodlife that lyeth betwin the tree & the rine, stampe them together and straine them wth a pinte of good ale or beare, & drincke therof morninge & euenynge v. or vj. dayes. this is good for all especially for young children. &

A water for the humor that falls into the eyes.

Take red fennil, daysies rootes and leaues, pound them together, straine them wth a spoonful or two of very cleare water, put it into the shell of a newe layd egge not breaking the creame that lieth in the botom of the shell, and set it on a chafing dishe of embers, so that it may boyle moderately, putting therunto as much white copprise as a good peace, & wth the top of a cleare feather take away the scomme that riseth on the top of it, & when it hath boyled one part away take it of, and straine it thorowe a fine cloathe, & keeye it in a viall, & wasche yor eyes therwith twise or thrice a day, when you wasche you, by vpright that the water may fall into yor Eyes.

ad this to that marke. & And to this effect in

young children wch haue such webbs in their eyes it is good beside the forehead drincke to ad this Emplaster take euery nighte when the child goes to bed a litle peece of the lightes of a sheepe parboyle it a litle lay it warme and dry at the child his nape of the heade and it fast to in the morninge take it away and wipe it well.

For the Pinn and webb in the Eye to be applied to the contrary wrest, and to be shifted euery 24 howers, and will cure in three dressinges.

Take Hemlocke and Veruin of ech a like quantitye beate them well in a morter: Putt to it a litle quantity of Rye loauen, a litle Bays Salte made into fyne powder, and a litle wine Vinagre, mixe altogeather and applye it in a thinn clothe as aboue. Probatum

A Gargas or Medecine for the Megreme in the heade.

Take Sage Rosemary and of Pellitory of Spaine, the rootes of Eche of these a like quantity, and boile them in a pinte of Vineger, vppon a chafingdish of coales, vntill halfe be consumed, then putt therem two good spoonefulles of Mustard beyng made with good Vineger, and so lett it boile a while, And then take a litle of it, as hott as you can suffer and holde it in your mouthe as you shall feele occasion and then spitt it out, and take more and this doe fiue or six tymes euery morninge so long as you shall fynde occasion or feele your ~~selfe~~ greeuell.

A Plaister for the same grefe to be applied after you haue taken the Gargas.

Take six Spoonefulles of the Gall of an Oxe or Cowe, putt thereto two spoonefulles of the powder of the Longe Wormes of the Earthe, and the powder of halfe a Nuttmegg grated: Boyle all these togeather vppon a Chafingdishe of coales vntill it be so thick as you may spreade it vppon a clothe then take a doble Lynnen clothe and cutt it fitt for your forehead and as it may couer the temples. Spreade this vppon it, and Lay it to your forehead Like a warme, and Lett it Lye vntill it do fall of it selfe you shall knowe the Megreme by this it Lyeth in the Browes, or in the Noddell, or in the one side of your heade.

A Medecine for a paine in the Heade that commeth with a burninge Feuer.

Take an ownze of Comming, and beate it into powder, mingle it with the white of two new Laid Egges. Spreade it betwixt two foldes of browne Paper, and make it fitt to couer from the midst of your forehead vnto the crowne of your heade. Lye it vppon your heade with a kercher and Lett it lye so twenty fower howers, and it will helpe if God will.

An other Medecine for the same greefe

Take a new Laid egg, and rost it very hard, and cleaue it in two: Take out the yolke and fyll the hollow places with the powder of Comming seede: Putt them betwixt two foldes of an handkercher, and Lay it to the nape of your necke the powder towardes your neck: Make it fast and Lett it lye all nighte. Doe this as often as you shall haue neede, and Gott willing you shall fynde ease.

To make a quilte to stay the Phrome of what kinde soeuer it bee.

Take two good handfulles of Sage made very drye, a smale handfull of bay Salte dryed very well and as muche of very course Sowratten Brann in like manner dryed. Then take Flax, Brede it thynn, couer it ouer with some of your Sage, they couer your Sage with your Salte and Brann mingled togeather, then make an other Lay of Sage, and

Flaxx.

Flaxx ouer all as you did at first, and so bast it betwixt two foldes of lynnen clothe beynge made fitt to couer your heade from the moulde vnto the Nape: Ayre it well ouer Frankinsense and Lay it to your heade when you goe to bedd and sett it euery day where it may haue the ayre of the fyer and this vse so Long as you shall fynde occasion This will continue good Foure or sixe ~~days~~ wettes: It must be ayred ouer Frankensense euery tyme you Lay it to your heade.

The trewe cause whence many of the Paines of the heade do proceede, how to Know those paines and the Remedyes for them.

One of the principall causes whence many of the paines of the Heade do proceede is the opening of the heade the wch doth happen comounly by one of these thrett meanes viz. By ouer much moisture beyng about the Braine: By a sodaine iumpt or fall: Or by vehement ryding or such like. The best meanes to know when your heade is open is this. Bowe downe the end of your thombe, and if you cannot receaue the space that is betwixt the two ioyntes betwetne your teethe, the vpper ioynte beynge towardes your vpper teethe and the Lower ioynte, to your Lower teethe then your heade is opened: If by the paine you haue and by this experiment you do fynde your heade to be open: then do this. Stand your selfe vppon your elboes with your heade somewhat Lowe ouer a table, puttinge your face betwixt your handes

setting your thombes vnder the greatt skull Bone, that is behinde your Eares, your fingars reaching vpp towardes the moulde of your heade. Gather your face into your handes leaning somewhat harde and squeasing your face and the temples of your heade tograther, Lett your fyngars mette about your heade and this continue for the space of halfe an hower at a tyme, vsing thus to doe often so Long as you shall fynde occasion: You shall knowe when your heade is closed by your thombe as is aforesaid. And as you doe thus to close your heade, annoynte your temples about the Eares and the Noddell of your heade and so downe to the nape of your neck with the Oyntment of Lauander or with the oyntment for the Palsye (The receiptes of wch Oyntmentes you shall fynde written in this Booke) And withall when you vse the aforesaid Oyntmentes you must take a quart of Milke from the Cowe, putt thereto an handfull of Balme eyther greene or dryed and as much of Rosemary: Boyle all these tograther ouer a softe fyer and when they do boyle putt thereto a Litle of a Nuttmegg grated, and take it of the fyer, and putt altograther into a close pott, and drinck of it as hott as you can holding it in your mouthe that the ayre may ascende into your heade: you must drincke a quarte of it Euery daye. But

if you

if you cannot gett of these oyntmentes, take the milke alone beyngt vsed as is aforesaid, and holde your heade as before is prescribed, and Godwilling, it will helpe. ∾

A Medecine for those that cannot sleepe. ∾

Take a spoonefull of the iuyce of Houselick, as much of woemans milke, the like quantity of redd Rose water a litle good wine Vineger, and a Litle of the Oyle or Oyntment of redd Roses: Warme all these tograther vppon a Chafing=dishe of coales: Then cutt three pieces of a redd Rose cake, and Lay them in the Lyquor, Laying the vpper side of the cake downewardes in the dishe, and when they be warme Laye two of them to your temples and the thirde in the middest of your foreheade Eauen with the lower part of your Browes, and so fynde them on and they will procure Sleepe if God please. ∾

An other Medecine to procure Sleepe. ∾

Take of white Lettice Seede one ounze, and beate it in a morter, with a quantity of good white Sugar, vntill it do come to a moiste Conserue, and if you can gett it putt thereto halfe a spoonefull of Diacodyum then temper these tograther and keepe them so for your vse. And when you do take of it, Eate a good quantity at a tyme and a pretty while after, drincke a draughte of Posset Ale, this doth dispose your selfe to rest, and you shall sleepe. ∾

A thirde Medecine to procure Sleepe.

Take of white Poppy Seede one spoonefull, beate it to powder then putt thereto a Litle Posset Ale, made with Violettes Strawbery Leaues, and Cinquefoyle, drinck thereof warme and it will procure you to sleepe.

A Medecine for the paine in the Heade that commeth of colde Humors.

Take of Camomele, Rosemary, and Sage of eche a like quantity, dry them well, then putt them with the foldes of an handkercher, and lay it so, as it may come rounde about your heade then binde it fast, and lett it lye a day and a nighte, and you shall fynde ease. Lett those that ar troubled with colde in there heades take of the Oyntement of Lauander, and annoynte therewith theire temples about theire Eares the nape of theire neckes and the Noddell or any other place of there heade, where colde is felte.

A Medecine to clense the Braine, to helpe those that haue a corrupt ayre at theire Noses and to clense the Lunges of such grosse humors, as ar distilled downe from the putrified Heade.

Take a good quantity of Rosemary Leaues and chewe them lightly in your mouthe that the ayre may ascend into your heade and as you do thus holde downe your heade and voide the humors out of your mouthe, as they do fall. Do this in the morninge.

morninge fasting and two howers before you goe to Supper for the space of halfe an hower at a tyme, chaunging the leaues as you shall see occasion, and at euery tyme presently after you haue taken this, eate the quantity of two Coallnutter of this receipte followinge. Take a good quantity of Pynnyroyall Shredd it very smale, then mingle it with the best hard honny and beate them together, vntill they be like a Conserue, then keepe it for your vse, and eate of it as is aforesaid, Doe this as you shall fitte occasion. And when you haue made an ende with these, then you must haue tentes to putt vpp into your Nose to open the conductes and to drawe downe the corrupte matter that offendeth. Make your tentes of fyne Lynnen clothe, and smale at the vpper ende: Wett these tentes in the iuyce of Primerose leaues and a Litle clarified Butter to make them to slippe. Putt these vpp into your Nose, and lett them staye there a pretty while: then take them out, and wett them againe in the iuyce only, and putt them in as before, this doe for the space of halfe an hower at a tyme; Vse this for a good space and it will helpe you.

A Medecine good for those that ar troubled with winde in theire Heades.

Take a peece of sharpe Leauen Doughe as bigg as an Apple and halfe an ownze of Comming seede fynelye beaten, worke it vpp in the doughe, and make it in a Litle Loafe then bake it vppon the hearth, and when it is well baked, open the Loafe,

and moisten the crumme a litle eyther with Malmesye or Aquauitæ, then take two pretty pittes of the crumm, and putt them betwixt the foldes of a lynnon clothe and so fasten them somewhat warme to your eares, and lett them lye there for the space of twelue howers and then lay newe. This doe fiue or six tymes and keepe your eares and your heade very warme both at the tyme and after, and it will helpe. ∞

An other Medecine for the same greefe to be vsed presently after you haue doen with the former. ∞

Take a spoonefull of Neatesfoote Oyle and as much of Malmesye or of white wine: Putt these into a Sawser and lett them boile vppon the coales, then putt thereto the powder of halfe a Nuttmegg and lett it boile vntill it be somewhat thick: Then take black wooll and wett it in the Lyquor and dropp it into your eare, luke warme and then stopp the wooll lightely into your eare, and lye vppon the contrary side halfe an hower after, that the Lyquor may sinck into your heade, this do euening and morning. Lett the wooll lye pounde to your eare from one dressinge to an other, and keepe your eare very warme. ∞

A Medecine for the falling of the Vuola. ∞

Take a peece of fyne Lynnen clothe cutt it rounde as bigg as the moulde of the heade, Lay fyne flaxe all ouer it, not

very.

very thicke, then take Nigella Romana, Nuttmeggs and Comming: Beate them all togeather to powder, and laye of that powder all ouer the flaxe, then and an other laye of flaxe as before. Then take bay Salte and dry it as drye as you can, and beate it into smale powder, and lay it all ouer vppon the flaxe; cutt a rounde peece of clothe as before and quilte all these togeather that the powder runn not abrode, geuing a spetiall marke to that side the Salte is on. Laye this Quilte to the moulde of the heade very hott, the Salte syde vppermost from the heade and when it waxeth moist vppon the heade (as it will) drye the same on a dishe vppon a chafingdish of coales applying the same as often as you haue cause. ∞

A Gargle good for the Rhewme. ∞

Take halfe a spoonefull of Mustard Seede of Longe Pepper of Pelytorye of Spaine and Staueackre of eche two penny weighte and one spoonefull of Honnye with 3. spoonefulles of Vineger: Boile them in a pinte of water till halfe be consumed then straine it and take for 2. or 3. morninges halfe a spoonefull at once somewhat warme into your mouthe but lett it not goe downe this will make you to auoide the Rhewme exceedingly. ∞ ∞ ∞ ∞ ∞

A Medecine for paine in the heade.

Take the hearbe Idyoll or Allworthe otherwise called by the name of grounde Iuye, Laye it to the crowne of the heade and towardes the necke, and it will helpe the paine of the heade. ∞

A Comfortable Medecine for paine in the Heade.

Make a litle fyne smale roule of fyne lawne and wett it in good Rose watter, dipp the topp of it in the powder of Nuttmegg fynelye soarzed or beaten, and putt it in bothe your Nostrilles but not to hye, and it will geue ease.

For the falinge of the Vuola.

Take of the powder of the roote of Pellitory of Spaine fynelye beaten and soarzed and of the powder of Ginger and rub the place therewith, and it will cause it to goe vpp.

A Medecine for those that ar deafe and to recouer perfect heaninge.

Take halft a pinte of Malmesye and halfe and ownze of Cloues, putt these into an earthen pott, and sett it vppon the embers and lett it boyle leasurely vntill a quarter of it be consumed away. Then putt altogether into a narrow mouthed cupp, and lay your eare to the mouthe of a Tonnell putt into the cupp, that the steame may goe into your eare, and couer your heade close with a Sheete but lett not the Steame be to hott. This contynue for the space of halfe an hower at a tyme. Vse this for a Seauennighte both eueninge and morning and euery day putt a litle more Malmesye to the Cloues, and after the first tyme do but make it of a sufficient warmeth to cast a steame fitt for your taking and after euery tyme that you haue vsed it, take of the lyquor before sett downe that is made with Neatesfoote Oyle and dropp of it into your eare with black wooll laying the wooll vpon your eare in such sort as in the Medecine before for wind in the head is sett downe and when you haue layd this to your eare haue a quilte made with black wooll, hauing felt on the outsyde to keepe out winde and lynnen clothe on the inner syde. Keepe this clothe to your eare vntill you haue eare waxe in your eare, and lett those that

will preserue theire hearinge that speciall care that they pick not theire Eares. /

A Medecine to drawe out an Impostume that is bredd in the Eare.

Take a tost of righte Leutnned Breade that is sharpe of the Leauen, Lett it be somewhat thick, toste it before the fyer somewhat browne on both the sydes then cleaue it in the middest and take the thicker syde and wett the Inner syde of it with Vineger, and Lay it to your Eare as hott as you can, and so lett it Lye twelue howers and in twice or thryce dressing it will drawe out the bagg, and when it is come out if it do not breake of it selfe, Launce it, and when it is broken make a tent of Lynt, and dresse it with the Ointement of S.t Johns worte and putt it into your Eare. Then make a Plaister of the same oyntement, and Lay it vppon your Eare. Dresse it thus once in 24. howers vntill it be well. If you haue none of this Oyntement you may take any other softe Salue, and dresse it as with the other, but keepe your Eare warme and be carefull that you take not colde after it.

A Medecine to drawe an Earewigge out of the Eare.

Take a sweete Apple and rost it in the fyer vntill it bee halfe rosted, then take of the softest of it, and spreade it

very

very thick vppon a Lynnen clothe, and Lay it to your Eare as hott as you can suffer it, and Lye vppon the same syde, and when you do feele it stirr, you must Lye very still vntill it be come to the Apple, and then you must very sodginely pluck it away Least the Earewigge retorne into your heade againe. And if you thincke there be any more Laye a newe one to your Eare.

A Medecine for the singinge in the Eares.

Take Barlye flower and bake a Loafe of it and when you drawe it out of the Oven deuide it in the midste, and strowe vppon it the powder of Nuttmegges, and as hott as you may suffer it, holde it to your Eares, and do so offten and you shall fynde Ease. It hath been approued

An other very good Medecine for the same.

Take a quart of Sacke, and putt thereto an handfull of greunde Iuye, as much of Pennyroyall, and Lett them boile well togeather and as hott as you can suffer it lett the steeme thereof goe into your Eares by a tunnell that will close couer the pott. Vse it in the morning and when you goe to Bedd, and keepe your Selfe warme.

An other Medecine for the same

Take a greate Onyon and cutt of a rounde peece of the crowne, make an hollowe place within it, and putt into it a Litle Mythridate, a Litle olde Sallett Oyle and a spoonefull of Aquauite, and closse it withe the peece that you cutt of the crowne and wrappe it in a paper and roste it in the embers and when it is very softe, take it out of the fyer and bruse it altogeather and laye it in a clothe and as hott as you may suffer it, holde it to your Eare.

A Medecine to cure a face that is Redd, and full of Pimples.

Take two penny worthe of quicksiluer, putt it in a litle glasse add thereto so much fasting Spitle as will serue to kill it, then shake them well together, and the quicksiluer when it is killed will looke like duste: Then take such a Stone as Paynters do grynde theire coulors vppon, beyng cleane washed, and take of the Oyle of Bayes the quantity of a good Apple, Grinde your quicksyluer and it together vppon the Stone, and temper it still with woodbynde water and so grynde it vntill the Oyntement do looke very graye then putt it in a Boxe, and annoynte your face therewith euery euening and morning for the space of 14. dayes keeping your Selfe close in your chamber all that tyme; and vseing the drinck following, one weeke before you applye the Oyntement, all the tyme you do apply it, and one weeke after viz. Take a quantity of new Beare, and to euery tenn gallons take halfe a pounde of Madder, stirr these well togeather, and putt them in a vessell and when it is stale drinck thereof both morning and euening and diuers tymes in the daye. These beyng vsed as is aforesaid will by Gods helpe heale it. But for a Sturnnighte your face will looke worse then before, vntill such tyme as the humor be killed, that is betwixte the fleshe and the skinn.

A Medecine for those that haue a flushinge in theire faces and to cleare theire faces of wormes or such like thinges.

Take a greate handfull of Peache flowers, of wilde Dasye rootes and of the whittst ~~of~~ wilde Tansye of ech of these the like quantity. Put all these into a Peweter Bason and put thereto a quart of new milke from the Cowe, then sett it within your Still, and when you haue distilled it, put the water thereof into a glasse and keepe it for your vse; it will keepe good all the yeare: And when you haue occasion to vse it, take 4. or 5. spoonefulles thereof, and put thereto of the clearest Allome as much as a greate Beane, and wett therein a clothe, then wett the place, and lay the wett clothe vppon it when you goe to bedd and lett it lye on it all nighte, and in the morning take it of, washe all the face with the same water without Allome and so dry it with a clothe. Doe this as occasion shall requier and it will helpe. But withall the Patient must drinck a greate draughte of this water following, both in the morning fasting and at 4. of the clock in the afternoone viz

Take three Pyntes of fayre Springe water or of running water and when it doth seeth put thereto a great cruste of white breade and when it hath boyled a good while putt therto as much Sugar as will make it pleasant. Then take it of, and

putt

putt it in an Earthen pott, couer it close, and vse it as is aforesaid. This is good if it proceede of heate in the Liuer or Lunges. But if it proceede of colde in the Stomake which doth comounly come with ouermuch abstinence, so as when warme meate commeth to the Stomake it stryueth and causeth a flushing in the face: Then lett the party vse after theire meate to eate continually a Sopp of a toste steeped in any kincle of wine or if he haue no wine, then in Ale, and when it is steeped strowe vppon it the powder of Ginger Cynamome and Sugar, and so eate thereof presently after your meate and it will helpe if it be taken at the first before it be goon to farr.

A Medecine for the Morfewe.

Take Fumytarye and make therewith a Posset and drincke of the possettale in the morninge before you aryse and sweate two howers after. Then take the powder of Seeney and seeth it in Ale with Annyseedes and Sugar and drinche thereof in the same morninge. And then take a newe laide egge and lay it in white wine Vineger for 24. howers, after wch prike the egg with a pinn and take that wch commeth out, and annoynte the Morfewe and it will goe awaye.

A Medecine for the Toothe ache.

Take a spoonefull of the powder of Galles and as much of the powder of Rosemary budde dryed, halfe as much of brused Pepper, and the like quantity of the powder of Allome then take as much honny, as will serue to temper those well togtather like a Conserue, putt it vpp in a Pott or Boxe and keepe it for your vse, and when you do vse it, take a litle of it, and make it in a Ball, and if your toothe be holowe put it therein, if not holde it betwixt your teethe and righte vppon the toothe that aketh, and let the water (as it falleth runn out of your mouthe. This will drawe downe the Rheume if it be a Worme it will kill it, and it will burne vpp the Mary. Vse this as you haue occasion.

An other Medecine for the Toothe ache.

Take an Henbane roote, scrape it and washe it cleane, then slyce it, and boyle it in a good quantity of wine Vineger and three spoonefulles of Rose water, boile these togtather in a Platter vppon a chafingdish of coales vntill the Vineger be consumed that it will scarce cover the rootes then take it of, and take one of the Slyces and holde it betwixt your teeth somewhat warme vppon the toothe that dothe ake and take a litle of the Lyquor in your mouthe warme and leane your heade vppon the Syde that your greefe is,

and after that you haue holden it in your mouthe about halfe an hower, hauing chaunged it twice or thryce in that tyme putt it out and do this as you shall foole occasion and you shall fynde ease. Probatum est.

A Medecine to skower the teethe, to make them cleane and strongt, and to preserue them from perishinge beyng vsed two or three tymes a weeke.

Take of Currall and of Amber fynely beaten of eche a like quantity: Blend these with as much stonny as will serue to make it like a Conserue: Temper these well togeather then putt them in a glasse and keepe it for your vse and when you doe vse it take a litle of it vpon a course clothe and rubb your teeth therewith. As much as a Barlye corne will serue for all your teethe.

A Medecine for those that haue lost theire Spetche eyther by Sicknesse, feare or otherwise.

Take a Prynerose roote, Scrape it cleane, then take a slyce of the inner part of it, of a good thicknes and putt it vnder the Patientes tounge: Then annoynte the Noddell of his heade, the Nape of his neck and about his eares and iawes with the Ointement for the Palsye (wch you shall fynde written in this Booke) chafe it well and lapp a clothe about it, beynge but warmed at the fyer and so lapp it vpp close with sufficient clothes to keepe it warme, Dresse hym thus once

in

twelue howers, and continue it as you shall see occasion: to much heate of the fyer is hurtefull, to those that haue the Palsye but competent warmeth is good.

A Medecine for a Canker in the mouthe.

Take a pinte of white wine, and as much of fayre water then take of the litle slyppes of Rosemary of Hearbegrasse, otherwise called Reue, and of Sage of eche of these halfe an handfull, and of woodbynde leaues and Plantyn leaues of eche of these an handfull, and when your lyquor doth boyle, then putt in all those hearbes cleane washed and so lett them boyle softly vntill the hearbes beginn to looke yeollowe Then putt thereto so much Allome as will make it to looke yeollowe and to tast very sweete then skumm it cleane, and so take it of and putt it altogeather into a pott and vse it as followeth

Take a Sawserfull of this water with some of the leaues of Sage woodbynde and Plantyne, and when it is warme take a cleane clothe, and lapp it about your forefyngar, then wett it in the Lyquor and rubb therewith your mouthe and gummes and vnder your tounge and then spitt it out, and lay of the leaues about the gummes and vnder the tounge lettynge them lye there a litle while then spitt them out. you must dresse it thus in the morning fasting, about fower of the clocke in the after noone and againe when you goe to Bedd. If the disease be in the throate lapp your clothe about thende of a flatt Sticke and lett it hange an Inche ouer the ende of the Sticke, then

fasten it with a threede and wett it in the lyquor and so
washe your throote therewith and after washe your mouth
with the lyquor also: Doe this as long as you shall foole occasion.

A Medecine for the Rheume in the teethe or Gummes taughte by Mrs Maynarde.

Take two or three Quinces as they come from the tree and boyle
them in fayre water of a running Stroame till the water be
very stronge of the Quinces: If you can gett no such Quinces
others will serue, that have been kepte to bake, then take out
your Quinces and putt into the lyquor one handfull of Singue
foyle, with an handfull of Speare Mynte, and lett them boyle
togeather till the Hearbes be tender, then take the water
from the hearbes and putt it into a glasse and keepe it for
your vse, it will last all the yeare, and alwayes when your
paine increaseth take a litle of it into a Sawser and heate
it vppon a few coales, then washe your Gummes and gargle
it and in vsing it two or three tymes you shall fynde it
will cure you.

A very good Medecine for the toothe ache.

Take of Isope and Sage of eche 3. or 4. croppes one roote of
Henbane if not the roote then take halfe a dramme of the Seedes
Pellitory of Spaine Stauceackre of eche one gale, Of Camphora
one scruple, Alum halfe an ownce, Hony one spoonefull Vinegar
one Pinte Rosewatter 12. spoonefulles. Boyle all these togeather
till

till one part be consumed then putt it into a glasse and with
3. spoonefulles of this warmed, washe your teethe Euery morninge.

For a Canker in the mouthe or Throote

Take to halfe a pinte of Wine Vinegar a pretty handfull
of the greene Barke of Elder cleane scraped: Boile it well
till the strength of the Elder be taken away Then take out
the Barke cleane, and put therto 3. or 4. spoonefulles of
Honny and a good race of Ginger made into fyne powder
Boile it a litle and therwithall with a litle cloute fasten-
ned to thend of a sticke, rubb the Soore twice or thrise
a daye.

For a soore mouthe happening to children when they bredd Teethe

Take a pretty quantitye of Toadeflaxe otherwise
called Staggerworte: Bruise the greene therof very well
in your hand, and lay a good quantitye of the same vnder
the chynn and Jawes of the childe, fasten it wth a clothe
and chaunge it once in 12. or 24. howers as you fynde
occasion.

A Medecine for a sore Throte.

Take halfe an handfull of Cullenbynde leaues and the like quantity of Cinquefoyle: Boyle these in a pinte of newe milke and drinck thereof diuers tymes in the day as hott as you can. Vse this as you shall haue neede, and it will helpe you, or else take a Lewsbane and putt it in your drinck and drinck thereof at your meales and at other tymes and this will helpe you also.

An other Medecine for the same.

Take the Conserue of Blackberryes that do growe vppon Brambles and Gate a good quantity thereof, in the morning at noone, and at nighte and it will helpe you. The receipte of this Conserue you shall fynde houreafter in this Booke.

A Medecine for the quinzey or Swellinge of the Kernelles in the throte.

Take a redd Cock of an yeare olde or more, cutt of the legges and slytt hym in the Back, and so lay hym about the sore part of your neck, the guttes and all as warme as you can and Lett it lye there for the space of 12. howers and it will aswage your Kernelles.

An other Medecine for the same greefe.

Take Pampilion Can oyntment wch you shall fynde hereafter in this Booke) and annoynte the place diuers tymes in the day therewith, and in tyme it will aswage the swellinge of it or any other swelling in the necke, if it be taken before it be growen to putrifaction.

A Gargle for a Soore Throte.

Take a quart of Springe water, Lett it boile a litle on the fyer then take of Colombinde of Cynquefoyle of Plantyn and of Honnysuckle leaues of eche an handfull, fiue Figges cutt in peeces halfe an ownze of Quinse Seedes, and if it be a colde Shewme add thorto a litle Sage or else not. When it is halfe boyled, putt to it as much clarified Honnye as will somewhat alter the colour of it, and when it hath boyled a litle togeather take it vppe and straine it and vse it eueninge and morninge beynge gargled somewhat hott, continue it as you shall see cause. Also Ryse and white Salte mingled togeather and dryed vppon a very hott fyershouell and so made into a powder is good for the same disease.

A good Medecine for the Kinges Evell so that it be taken at the beginninge. And it is good for any other swelling in the throte or in any other part of the bodye.

Take a pretty quantitye of the slyces of course breade eyther of whoite or Rye that is stronge of the leauen, and an handfull of dried redd Rose leaues. Boile these in a quart of Beere and when it growth somewhat thicke putt thereto 4 or 5 spoonefulles of Englishe honnye, and with a clothe applye it warme to the place greeued, after 12 howers shifte it and apply freshe and it will helpe

A Gargle approued good for a soore Throte.

Take an handfull of Sope, 3 or 4 Figges some Kersons of the Sonn stoned, a pretty quantity of Lycorisso cloane scraped, as much of Annysedes: Boyle all togonther, and when the strengthe of the hearbe is well out put therto a good

spoonefull

spoonefull of Honny, and lett it boile softely till the Skumm arise, then clarefye it, and therewithall somethinge warme garle ofton in the day as you fynde occasion.

A Medecine to ripen a soore Breste or any other Impostumation in the Necke or Elswhere

Take a lappfull of Mallowe leaues and putt them into a kettle full of fayre water: when it doth boyle vppon the fyer Lett it soe continue vntill the leaues be very soffte and slippy like Soope then take them vpp and Lett the water runn from them, putt them into a greate wodden dishe, and putt the bottome of an other lesser dishe vppon them and so wringe out all the water and the slyme, then stampe them, and putt thereto two spoonefulles of Hogges grease, or the like quantity of good Neates footoyle and stirr them well together, then take a pinte of good Creame and boile it and putt thereto the yeolkes of three eages and three or fower spoonefulles of fyne grated Manchett and Lett them boile vntill it be very thicke, and that there be like an Oyle vppon the topp of it, then take the rootes of two Lillyes and rest them in a wett paper, and when they be rested stampe them to powder. Then putt all these togeather and stirr them well and mixe them togeather putt them in a vessell and keepe them for your vse and when you will vse it, you must spreade of it somewhat thick vppon a clothe and lay it to the Soore beyng but warme, and Lett it Lye there for the space of 24 howers Dresse it thus vntill you see it Looke redd and that it be soffte then take a shell Snayle or two and stampe them verye smale and spreadd them somewhat thicke vppon a clothe

and lay them vpon the redd place onlye. Then Laye the Pultesse ouer it and soe Lett it lye twenty fower howers and in twice dressinge it will breake it.

How to dresse a score Breste when it is broken with the Pultesse aforesaid.

Take the hearbe called Cardus Benedictus and stampe 9. or 10. Leaues of it and straine it with halfe a pinte of Ale and Lett the party drinck thus much euery morning Then you must haue a powder made with the same hearbe to dresse the score withall to eate out the deade flesche. Then take the Salue made with the oynttment of St Johns woorte (hearcafter written in this Booke) dresse your tentes therewith, and putt them into the score and make a plaister of the same Salue, and couer the score therewith. Then lay your Pultesse ouer all and thus dresse it for 4. or 5. dayes after it is broken, and then you may leaue the Pultesse and vse all the rest vntill it be halfe whole, and then leaue the drincke and powder and vse the Salue only in manner as is aforesaide And if the Impostume be vppon any other place, when it is broken you may tent it and dresse it with any other good Salue without the powder or drincke, but dresse it with the Pultesse as the Breste for 4. or 5. dayes, and then with the Salue only vntill it be well wch Godwillinge wilbe in conuenient tyme

An assured good Medecine to cure a Breste of an olde Soore and to helpe the Rupture or Brokennesse of the Bellye.

An wounde drinke

Take an handfull of Comfreye as much of ytarrowe the like quantity of Bugell of the woode and as much of Sennikell: Washe these cleane, and wringe the water cleane from them with a clothe, then chopp them, and putt them in a morter with an handfull of the Longe wormes of the earthe, the earthe beyng cleane striped from them. Stampe all these together very smale vntill the wormes be consumed, then straine it with a quart of Ale, and drinck thereof in the morning and diuers tymes in the day and at nighte and dresse the Soore with any of the Salues written after in this Booke. The taking of this drinck doth greatly further the curing of any wounde or Soore, and will helpe the Rupture (that is when the Ryme of the Belly is broken) if it be taken within a yeare after it be doen. It must be taken in this sorte. Lett the partye lye vppon his Back in his bedd with his feete as highe as his heade, the Bowells beyngt gottyn in, and lett him vse to drinck of this diuers tymes in the daye and lett hym lye thus with as little mouinge as he can 10. or 12. dayes annoynting the place often with the Oyle of woormes of the earth, the wch you shall fynde hearcafter in this Booke. And after the 12. dayes ended, Lett the partye vse this drinck and the Oynttment

for a moneth and Lett hym weare a trusse for two monethes
and lett hym take heede that he straind not hym selfe.

A Medecine to drye vpp a Woemans Milke troubling her in Childbedd or to take away a Wonn from any place.

Make thinn Boales of Loade fitt to couer the Brest or Wenn and when you do lay it to the Breste warme it a litle and so whelme it vpon the Breste and make it fast that it remoue not and lett it lye as you fitte occasion. And when you do dresse a Wenn whelme it vpon colde boyng fitt to couer the Wenn and no more, and make fower hooles in the syde of the Boale and putt stringes to it the better to fasten it to the place and soe lett it lye without mouing vntill the wenn be consumed, and by that tyme the leade it selfe will almost consume. Probatum est.

A Medecine to preserue a Breste that is Soore from breaking and to aswage any Swelling or anguish whether it come of Bruse or otherwise if it be taken in tyme.

Take the Oynttment called Pampilion and annoynte the place therewith; take of Rozen, waxe, and Deares Sewett of ech of these a like quantitye, and one Spoonefull of the Oyle of Lynsede Boyle these togeather, then take a peece of new Lokeram as bigg as will couer the place, and digg it in the Lyquor and Laye it vpon the place somewhat warme, dresse it thus three tymes in the

in the day and it will aswage it. But if it come of a Bruse then take the Starcloth only that is first written amongst the Salues and spreade it vpon the fleshesyde of tawed Sheepes leather, and apply it to the place till it fall of it selfe.

A Medecine to breake any Impostumation in such Places where a Pultesse cannot be laid as in the Face or such like.

Take a Iewes eare and laye it in water for the space of an hower, then take it out and make it fitt for the Soore and applye it thereto, Laying your hand vpon it vntill it doe Cleaue to the Soore, then lett it lye vntill it fall of it selfe, the which will not be before it do bring out the coore, and then you may dresse it with Salue at your discretion.

A Medecine for a Soore Breste.

Take Mallowes and choppe them smale and seeth them in running Watter till they be tender and the Watter consumed so that the hearbes be not burned and putt thereto a good quantitye of Deares sewett or Sheepes sewett and a pottle of good Ale drugges and a quart of White Wine and the crummes of White leauened Breade made of Wheate, and seeth all this togeather till it be thicke, and then spreade it vpon a Lynnen clothe and laye it vpon the Breste no hotter then the Patient can well suffer it, and dresse it euery daye twise.

A Medecine for the coughe of the Lunges, and will helpe these that haue had it a longe tyme.

Take the Herbe called Foolefoote, drye it and make it into powder, then take a Chafingdish of cooles and putt of this powder vppon the cooles, then take a Funnell and couer the cooles therewith and holde your mouthe to the smale ende or pype thereof, and take the steame in at your mouthe no hotter then you can well endure it. Doe this in the morninge and at nighte first and last for 3. or 4. dayes and if your Coughe do come of an hott Rhewme, it will drye vpp the rhewme and helpe you.

A Posset Ale for the Coughe that commeth of an hott Rhewme.

Make a quart of clare Posset Ale then take of Sennecke and Foolefoote of eche an handfull, putt them into your Posset Ale with a stick of Lycorise, clean scraped and bruised. Boyle all these together vntill halfe a pinte be consumed, then putt it in a clean pott, and drinck thereof warmed in the morning, fasting in the after noone and at nighte when you goe to bedd but drincke it leasurely, and a good quantity at a tyme and thus continue it as you shall fynde cause.

A Medecine for an hott Rhewme.

Take a quart of fayre water and boyle it with a good peece of white breade vntill one halfe pinte be consumed then putt

thereto so much Sugar as will make it sweett, putt it vpp in a pott and couer it close and drinck thereof diuers tymes in the daye But before you do drinck thereof first putt vpp the Vuola of your mouthe with your thombe then drincke it leasurely and a good draughte at a tyme Then take the Quilte for the Rheume, that is written before in this Booke made of Sage Bay Salte Brann and Flaxe and lay it to your hoate in such sorte as is there expressed.

A Medecine and Quilte for those that haue a drye and weake Coughe, the wch commeth of the dryness of the Lunges or of a salte Rheume the which is most incident to those that be Aged.

Take a peece of Lynnen clothe of the compasse of your Brest and cutt it so, as it may be fastened behind your necke then take black woolle and tose it lighte and bast it lightlye vpon the clothe the compasse of your Breste that it may come close vpp to your throote and Tanpell Bones, then moisten it with the Oyle of sweete Almondes and lay it to your Breste and renewe the moistninge once or twice a weeke as you shall see cause: And withall take of the Syruge of Licorese or of the Syruge of Scabious (the wch you shall fynde written amongst the Syruges you must take it in this sorte. Licke it out of a sawser with a Licorese stick beyng iagged at the Ende and so sucke it from the stick and swallow it downe Leasurely. Doe this

diuers

diuers tymes in the day and continue it as you shall see cause All Syruges for the Lunges must be taken in this sorte.

A Conserue for the same greife.

Take a quarter of a pounde of Almondes and lay them to blanch in colde water two dayes and two nightes, then blanche them and wipt them cleane with a clothe then take an ownze of the kernelles of Pyneaples and pick them very cleane: Beate the Almondes and them togeather in a morter: Then take of redd Rose water of Isope water and of Horehownde water of ech of these a like quantity, to the quantity of a good pinte in the whole. Temper your Almondes and kernelles therewith as you do beate them and so beate them very smale then straine it, and sett it vpon the fyer in a skillott and when it doth seeth, putt thereto a Sawser full or redd Rose water to quaile it with, then take it of the fyer and so lett it stande awhile then take a course Holland clothe and wett it, and after wringe the water cleane out of it: Then poure your Lyquor thereon and holde it or hange it vpp vpon a pinn that the whaye may droppe from it, and when it hath done dropping, take out the stuffe and putt it vpon a dishe and putt thereto halfe a pound of Sugar fynely beaten, sett them vpon a chafingdish of coales, stirr them well togeather and so lett them boyle halfe an hower, then take it of, and when it is colde putt it in a glasse or a Gally pott and keepe it for your vse, and when you do vse it, eate thereof first and laste

and at other tymes of the day at your discretion. and you shall fynde ease.

A Medecine for the bleading of the Lunges.

Take of the Powder of Currall one spoonefull fynely beaten and of the Conserue of redd Roses six spoonefulles, mingle these well tograther, and eate thereof diuers tymes in the day and withall you must eate very ofton bothe by days and nighte of the Conserue of redd Roses alone. The conserue that must serue for this greefe must be made with 3 pounde of Sugar to a Pounde of redd Rose leaues the whites beynge clipped of. Vse this and in short tyme it will helpe you.

A Tysant for these that haue the Coughe of the Lunges, and will helpe them though they be entered into the first or Second degrees of a Consumption.

Take a Gallon of good smale Ale, putt it into an earthen Pipkin, boile it and skum it cleane: Putt thereto a great handfull of Sage, as much of Pennyroyall one handfull of Fennell rootes, cleane scraped and washed and pilled from the Pithe with six Perselye rootes dressed in the same sorte. Lett all these boile tograther, and when it is cleane skummed putt thereto three good Spoonefulles of Anisseedes cleane picked and

and a Litle bruised, three ownzes of Lycorise cleane scraped and bruised with an hammer, halfe a pound of Reisons the Stones beyng taken out, and tenn figges quartered in 4. pittes: then boile all these tograther vpon a softe fyer vntill almost the one halfe be consumed, then take it of and lett it stand in the same Pipkin, and drinck therof as you doe the other Medecines before written and it will helpe.

A Water of Lycorise to cure the stoppinge of the Lunges, to helpe the Shortnesse of Breathe or Losse of Spetche the whiche proceedeth of the Suffocation of the Lunges.

Take a quart of fayre water and when it dothe seethe skumm it cleane, then take 3 good Licorise sticke, scrape them cleane, and bruse them with an hammer very mossye but not to powder, then cutt them in peeces of an Inche and an halfe Longe, and putt them into your water, and lett it boyle vntill it do tast stronge of the Lycorise and looke of a deepe yeollowe, then putt thereto as much Sugar as the quantity of a good Apple, lett it so seethe and skum it very cleane, then take it of and putt it in a pewter dishe, and take continually of it in this sorte. Holde one of the sticke of Licorise in your mouthe, and wett it ofton in the Lyquor and so suck the lyquor from it, and when it is drye wett it againe, this do continually vntill you fynde ease and take

sometymes a Spoonefull of the Lyquor, and lett it goe soft=
ly downe: There is no helpe in any Medecine Vnlesse it
be carefullye ministred, according to the trewe prescription
thereof: This water helpeth also for the Pluresye boynge
diligently taken in such sorte as is heart stt downe. Probatu
est.

A Tisant for the Coughe eyther of the Lunges or Stomake.

Take Hartstounge, Lyuorwoorte Longwoorte, Coultsfoote. May=
denhoare a litle Enula Campana roote Reysons of the Sonne
stoned, some Licorese stamped Annysseedes a litle bruised. Lett
all these be boyled togeather in fayre running water according
to the quantity of the hearbes, and when it is sufficiently sodden
that the vertue of the hearbes be in the water straine them all
and drincke the lyquor at any tyme when you will.

A Powder for the same disease to be eaten with meate in stede of Sulte vsing it now and then.

Take the Lunges of a Foxe and washe it in white wine and
laye it in white wine 12. howers, and then dryo it in a fayre
clothe and sett it in an Ouen, till it be so drye as it may be
beaten to Powder: add thereto a litle powder of Licorese fynely
beaten, a litle Annysseedes fynely beaten into Powder and
a Litle Sugar candye made also into powder But Lett the

greatest.

greatest quantity be of the Foxes Lunges. And when you eate
not of this powder, eate 2. or 3. tymes in the day conserue
of redd Roses.

A Medecine for one that is in a Consumption.

Take the quantitye of a quarter of a pinte of new milke as it
commeth from the Cowe or else Gootes milke and vse it after this
manner. Take a new laid egg and poache it as rare as you can
possible and taking out of the water putt the yoolke into the milke
and stirr it a litle vpon a softe fyer, not suffering it to boyle,
Swetten it with a litle Manus christi or good Sugar and
drinck it in the morning fasting and at nighte when you goe to Bedd.

An other Medecine for one that is in a Consumption

Take a pinte of Milke as it commeth from the Cowe and a pinte
of redd Rose water, the yoolkes of 30. new laid Egges an ownze
of Cynamome brused. Putt all these into a Stillatory and dis=
still it with a softe fyer. Vse a spoonefull or two thereof in Suche
Brothes as you eate, or in any other thinge at any tyme when you
can best like of it. This water is very good to be vsed also in
the former receipte.

A Medecine for the Chyne Coughe and Coughe of the Lunges, many tymes Experienced.

Take two or three handfulles of Scabious and 3. or 4. rootes of
Enula Campana, scrape them slyce them and bruse them in a
morter and likewise Gallingale cutt and bruised with Fennell
rootes of the like quantitye: Then take a pottle of Ale and putt

the rootes into it, and bruse the Scabious with your handes in the middest and putt it into the Ale, and lett it boyle from a Pottle to a quart, and when it is almost sodden putt it into a fayre Bason and lett it settle about some 10. howers then take the vppermost of it and putt it into a cupp, caste away the Dregges and euery nighte and morning geue the Party 9. Spoonefulles to drincke and it will haue very effectuall operation.

A very comfortable Jellye for those that ar weake.

Take two Capons, kill them, tryce them and take all theire fatt from them, tryce the Bones, washe them and lett them lye all nighte in water, the next morning putt them in a pott very well scoured with two Gallons of fayre water, and when it beginneth to boyle lett it be very well skummed, and all the fatt taken cleare of. Lett it boile very softely a long tyme vntill you see it beginneth to come to a stiffe Jellye, and then straine it moate and all throughe a fayre clothe and sett it where it may be cooled: When it is colde pare of all the fatt on both sydes, then putt it into a faire Pipkin or Posnett, and lett it melte Then putt in as much Sugar as will sweeten it with a litle Salte to season it: take a Spoonefull or two of Rose water, with as much Vineger, and putt in with the Sugar, take the whites of six egges and beate them very well and a litle before it boile putt them in, then stirr it a litle and when it boyles vpp, take it of and putt it in a Jellye Bagg with a branche of Rosemary in the ende thereof, and keepe it for your vse.

A speciall good Medecine and will keepe those that doe vse to take it from falling into a Consumption.

Take two new Laid Egges and sett them in the embers vntill they be thoroughe warme, but lett not the white be harde, then make litle hooles in the toppes of them and poure out the white, as cleane as you can, and fyll vpp your Egges with redd Rose water, and the powder of Cynamome and Sugar, then warme them againe in the embers and so eate them. Vse this and you shall fynde it very effectuall.

A very good Medecine for the Coughe.

Take English Honnye and halfe as much sweete Butter and as much of the iuyce of Isope as you may gesse to be the quantitye of a quarter of the Honny and Butter and boyle these a litle togeather stirringe it well. When it is colde make a toste of Broade and sprouse this vppon the toste, and eate this 3. or 4. morninges, and if the coughe be so extreome that it goe not away at the first, then within 2. or 3. dayes vse those tostes againe, and you shall fynde greate amendment.

An approued Medecine for the Coughe or for a colde or for breakinge of Fleame.

Take Isope Balme Horehounde Pennyroyall and Prymerose Leaues of all these togeather the quantitye of an handfull and one spoonefull of Annysseedes bruised and a spoonefull of Lycorisse slyced very fyne, and putt all these togeather in a pinte of good Ale

with a litle sweete Butter and a litle Sugar candye. Seethe all these togeather vntill a quarter thereof be consumed, and then straine it throughe a fyne clothe, and drincke it morninges and eueninges 4 or 5. spoonefulles as warme as you can.

A Medecine for the stoppinge of the Pipes.

Take an handfull of Fetherfewe: Seethe it in a pottle of smale Beere vntill the halfe be consumed, then straine it and put to the drincke three ownzes of Honny and one ownze of Lycorise and the like quantity of Annyseedes beaten into powder. Seethe them a litle and drincke it first and laste.

A Medecine for the Coughe with shortnesse of breathe and hath cured some troubled therewith togeather with a continuall Feuer. La. Rufsell.

Take a quantity of Scabious and of Carduus Benedictus of eche a like quantitye. Boile it with Lycoras and Annyseedes in a quantitye of water from a quart to a pinte And to halfe a pinte thereof put three spoonefulles of Syrupe made of Vineger and water and Sugar called Sirupus Acetosus simple. and so drincke it eyther warme or rather colde wch is deemed better.

A Powder good for to breake and helpe a greate colde.

Take Annyseedes Lycorise of eche one ownze Ginger Alycampane rootes of the Lunges of a Fooce of eche of these the weighte of two grotes, make all these into fyne powder And put thereto halfe a pounde of fyne Sugar powdered Searze all these throughe a fyne heare searze and so mixe them altogeather with the Sugar and eate thereof as you fynde occasion.

A good Medicine to cutt and avoide toughe flotme bothe in olde and younge experienced.

Take a pretty quantitye of wine Vinegar, Isope water, swete Oyle Olyue and white Sugar candye, boile them togeather vpon a softe fyer, and when they ar well incorporate and like a Syruge, geue the Patient a spoonefull thereof at a tyme.

A Medecine for a colde or coughe and it may be geuen to a younge childe.

Take a pinte of runninge water, as many blowe Currantes as will lye in the palme of your hande, a spoonefull of Anisseedes and a prettye quantitye of Lycorise. Boile altogeather till the water looke yoollowishe, then putt thereto as much white Sugar candye as will make it swete, and take thereof 3. or 4. spoonefulles, at nighte when you goe to bedd or at any other tyme of the daye warme or colde as you like beste.

For the Lunges Mr Heskets receipte.

Take Cumfrey rootes three handfulles stampe them smale redd rose leaues, Betonye Plantane Pimpernell Polygone Scabious Tussilagins of euery one two handfulles Put them in two gallons of water and seeth them to three quartes then straine them, and put to the lyquor two pound and an halfe of Sugar, and seeth it to a Syrupe, and take halfe an ownze of it first and last, and in the midle tyme of the daye, and rubbe your breste wth the Oyle of mace/

A Tysant to wrstopp the Lyver and the Spleene, it is good to disgest Melancholy and to purge the Pluresye

Takt two Gallons of fayre water, putt it into a Pipkin and when it doth sttth skumm it cleane, and putt thereto twoe smale handfulles of the best of the Fennell rootes used as is formerly sett downe, and the like quantity of Persely rootes used in the same sorte, one handfull of Succory rootes and the like quantity of Dock rootes that Looke most yellow both beynge cleane scraped washed and pithed as the other rootes. then putt all these into the water and so lett them boile halfe an hower, skum them cleane, then putt thereto two ownzes of Maydenheare one ownze of Sydrack, one handfull of the Leaues of wilde Taysettes, one handfull of Violett leaues, as much of Endeeue, and two handfulles of Egremony halft a pounde of Lycorise cleane scraped and bruised with an hammer, and two ownzes of Annisseedes well rubbed in a clothe and winnowed cleane, putt all these into your Lyquor and so lett them boyle leasurely a good while vntill it do come to be very pleasant then take it of the fyer and lett it stand in the same pipkin: you must take it in this sorte. Take 20. Almondes blanched grinde them smale in a morter and as you do grynde them tempor it with 6. or 7. Spoonefulles of your Lyquor and when they be very smale ground and well tempered with the water straine it, and so warme it and drinck

thus much at a tyme euer when you do feele any prickinge or paine eyther in your Cheste or Sydes: And sometymes drinck of the Tyssant alone without Almondes eyther warmed or colde as you please: Doe this and you shall fynde ease. ∾

An assured good Medecine for a Pluresye. ∾

Take a lappfull of Brookelyme, cutt of the rootes and washe the hearbe and chopp it smale as you woulde do hearbes for the pott, putt them into a sufficient quantity of fayre water and putt thereto halfe a Pounde of the caule of a Sheepe chopped as it were for Puddinges, then boile altogether vntill the hearbes beginn to looke yellowe. Then take whitten Brann and as you do stirr it with one hand, putt in the Bram with the other hand, this do vntill it be thick enoughe to make a Plaister thereof, then take it of the fyer and putt thereof betwixt two foulder of a clothe and lay it to your Syde where the paine is as hott as you can endure it, and as it coleth putt it into your pott againe and take of the hott and putt into your clothe and lay it to your Syde as before, this do vntill the paine be gone. And if your stuffe do waxe to thicke you may putt more water, and of the same tallow to it, and boile and stirr it well as before. ∾

And as you do apply this Medecine you must eate this receipte following for to cleanse the corruption downewarde. Take a good rosting Apple, cutt of the topp of it and picke out the Coore then fyll vpp the hole with Olybanum smale beatten or else

with.

with the white of Frankensence cutt very smale, then couer your Apple with the topp, and sett it vppon a fyer shouell before the fyer and lett it roste very softe, then take it and wringe it presently togeather as hott as you can, into a Sawser, and as you do temper it Lett one scrape Sugar vppon it and when it is sweete enoughe Lett the Partye eate it as hott as he can. Doe this continually after dinner and Supper as long as you shall see cause and it will skower the corruption from you. Probatum est. ∾

An other Medecine for the Pluresye. ∾

Make a Caake of Clauen doughe and bake it vppon the hearth and when it is well baked, if your Pluresye be on both the Sydes, then cleaue your caake in the middest, if it be but on the one Syde then Leaue the one syde thicker then the other, and so spreade the thicker syde with Tarre and so lay it to your syde or Sydes as hott as you can endure it, and when it doth waxe colde toste it before the fyer, and spreade it againe with tarr, and lay it againe to your syde as before. And when you do apply this Medecine you must withall take this drincke followinge viz. Take Ittarde grace, stampe it and straine it with a draughte of Ale, and when it is strayned putt therto as much Tryackle as the quantity of an Hasell nutt, and so warme it a little and stirr it togeather and lett the Partye drincke it. Doe this three morninges fastinge and it will helpe you. This Medecine of the Caake and Tarre beyng vsed as is heare sett downe, will rypen and breake any Impostumation eyther in the Backe or Sydes. Probatum est. ∾. ∾. ∾. ∾.

A Drincke to breake the Pluresye and to drawe it from the Syde.

Take two Knottes of Horse dounge to a pinte of white wine or Ale and putt it in a pewter pott or stone Jugge and when it doth boile, putt your knottes whole therein and add thereto a race of Ginger cleane scraped and bruised a litle and so lett them symber softly togather vpon the embers without stirring vntill almost a quarter of the lyquor be consumed, then take it of the fyer, and poure out the clearest and straine it This quantity wilbe sufficient to drinck at twice: And when they do drincke it lett them putt so much Sugar to it as will serue to make it pleasant, and lett it be somewhat warme Drinck this firste and last as you doe sett cause and it will helpe.

A Medecine to trye a Pluresye from a Stitche and is approued good for the Stitche.

Take a pinte of Otes and halfe a pinte of bay Salte, mixe them well togeather and putt them into a frying pann, then sett them ouer the fyer and parche them well sprinckling them often with Vineger, and when they be thoroughly hott, then putt them into two lynnen Bagges and so lay the one of them as hott as you can endure it to the place where your paine is, and if it be a Stitche it will shifte, then followe it with your other Bagge, and alwayes as they be colde warme them in the

frying

frying pann, as at the first this do as you shall fynde neede following the Stitche as it doth shifte with bothe the Bagges and if it be a Stitche it will helpe you else not: But if it be a Pluresye it will abyde still in one place without shiftinge and thereby you shall knowe it. Probatum est.

A Possett Ale for a Stitche.

Take a quart of Possett Ale, an handfull of Pynnyroyall as much of Stitchwoorte, putt these into your Ale and lett them boyle togather vntill the hearbes doe looke yellowe then putt a litle Butter to it, and so take it of and vse it as followethe Take of the powder of one Acorne and the like quantity of the powder of Broome Seedes, and twice so much of Annyseedes and halfe a dozen of the Seedes of Commyn fynely bruised: Mingle all these powders togeather then putt thereto as much Sugar fynely beaten as there is in powder, mingle all togeather and keepe it for your vse and when you do feele your greefe take halfe a spoonefull thereof and then drinck a good draughte of your Possett Ale after it to driue it downe This do as you feele cause and it will helpe.

An other Medecine for a Stitche.

Take a turfe of the paringe of a Flower where much goynge is. Broyle it vppon a Grediron and bast it with Vineger on both Sydes and when it is well broyled, putt it betwixt the foulder of a lynnen clothe and lay it to the place where your

paine is as hott as you can well endure it, and as the paine shifteth follow it, and withall you must drincke of the powder of Baye berryes. Doe this as longe as you shall feelt cause, and it will helpe you.

A Medecine for the opening of the Lyuer the Spleene and the Gall and for the stoppinge of the Lunges with a greate Coughe.

Take an handfull of Fennell rootes as much of Persely rootes the like quantity of Succory rootes as much of Dock rootes of the yeollowest you can gett, and a litle of the Barke of an Ashe the outside scraped of: Boyle these in a gallon of runninge water skumming it cleane, then putt in a Pennyworth of Maydenhoare as much of Sydrake, then take 4. or 5. sticke of good Lycorese cleane scraped and brused, and putt them therin as also one ounce of Annyseedes, and so lett these boyle togeather till one quarte be consumed, then putt into the same a pennyworth of redd Sanders and let it boile togeather softly one quarter of an howe after then straine it into a cleane vessell and after it hath stoode a quarter of an howe, poure out the cleare thereof into a pipkin, adding thereto a pound of Reysons of the Sonn and a quarter of a pounde of Currantes, and halfe a pinte of Capers boyng watered: And so lett it boile vntill the Reysons be tender and take thereof a spoonefull at a tyme a morninges and at howe of the clocke in the after noone.

An approued Medecine for the Pluresye.

Take a good Platterfull of Brookelyme Boyle it very tendorly in the water of the same Brooke where the hearbe grewe, choppe the hearbe very smale before you putt it into the water. Add thereto halfe a pounde of Sheepes sewett shridd very smale. Lett these boile a greate while togeather, and then take a greate handfull of whoatten Brann, and thicken it therewithall like vnto a Pultesse Spreade it on a clothe and as hott as the Patient can suffer it applye it to the place of paine but somethinge lower then the greefe When it groweth colde applye an other hott Plaister and so shifte it diuers tymes. And withall lett the Patient drincke of this receipte followinge. Take white wine and boile in it one or two belles or knottes of horseclouns and two races of Ginger grated mingled togeather and knytt in a clothe somethinge loselye. Add to the wine a spoonefull of Annyseedes brused and 2. or 3. smale sticke of Lycorese somethinge brused, and when these haue well boyled togeather geue the Patient a good draughte thereof very hott, and lett hym lye on the same syde he fyndeth his paine to be. This Plaister and drincke well applied haue holpen many in greate extremityes.

A Medecine for a Stitche good also for a Pluresye.

Take a Quincecostard, cut of the crowne and core it, then take Olybanum fynely beaten a Peache stone, and an Acorne grated of eche a like quantitye. Of Ginger and Cynamome halfe as much some Sugar. Then lay on the crowne againe and set it in the Embers vntill it be rosted. then geue it to the Patient.

An outward Medecine to coole the Lyuer.

Take two spoonefulles of the iuyce of Stowselicke otherwise called Sellgreene, and as much of the iuyce of Sorrell and putt thereto 12. spoonefulles of redd Rose water and twice so muche of woemans milke. Putt all these togeather in a platter and sett it vppon a chafingdish of coales to warme, then putt thereto an hoogod spoonefull of Saunders: stirr these altogether, and when it is warme, take the one halfe of a redd Rose caake and Lay the vpper syde of it downeward in the lyquor and when it is warme Lay it to your Syde, but Lett it Lye no farther forwardes then the syde of your Brisket, and thoughe it do reache ouer your Back backwardes it forceth not, but in any wise lett it not come ouer any part of your Stomake and so roll it on with a clothe and lett it Lye 24 howers, and then warme it againe or chaunge it, and Lay on a new one. This do for a weeke and then Leaue it of for an other weeke and then if you see cause vse it againe as before, this continue so longe as you shall fynde occasion and it will helpe.

A Medecine for the swellinge of the Spleene.

Take of wormewood Myntes and Fetherfew of eche an handfull chopp them altogeather very smale, then take the cromes of sharpe leauened Breade to the quantity of halfe your hearbes mingle these well togeather then take a pinte of good white wine Vineger sett it on the fier in a skillett and when it doth boyle, poure in your stuffe softelye with one hand and stirr it with the

other hand vntill it be as thicke as doughe, then take it of and putt it betwixt the fouldes of a clothe, and lay it to your Syde somewhat hott and shifte it euery 2. or 3. dayes.

An other Medecine for the Spleene.

Take six spoonefulles of Capers and as much of Currantes beyng boyled in water before, mingle these togeather and putt thereto a litle Vineger, then scrape Sugar thereon and eate therof one howre before meate. This is good also to digest Melancollye. And if you thinck your Spleene be full of winde then make a Plaister of Stone Pitche and lay it to your Syde and lett it lye there vntill it fall of it selfe. This is good also to drawe winde from the Kidnyes or Lunges beyng in this manner applied.

A speciall Medecine for any stopping of the Lyuer, and for the Jaundyes.

Take three spoonefulles of hulled Barlye, picke it and washe it cloane, and sooth it as is accustomed with faire water, keepe the Barly so soddon till you haue the rest of the ingredience readye. Take of redd Dock rootes washed cloane and the hard Pithe taken out, slyce the rootes very smale one ownze. Of the rootes of Succory likewise made cloane pithed and slyced. The rootes of Ruscus and the rootes of Asparagus of eche of these three halfe an ownze. Of Reysons of the Sonn the stones taken out two ownzes. Putt all the thinges aforesaid in a gallon of cloare running water and

sett

sett them to boile with a softe fyer till you thinck a pinte be consumed, then putt to these thinges of Egromony. Succory Camepitheos Cytrache or Asplenio Hartes toungo of euery one of these Sturbes halfe an handfull, earthe woormes prepared and dryed the weighte of three Firtnche Crownes. Boyle all vntill you thinck an other pynte be consumed and wasted, then straine all throughe a fayre clothe, and keepe the lyquor in some earthen vessell. Then if you make a pinte of Almond milke you must take two ownzes or more (because there wilbe lost) of Bitter Almondes. Blanche them in warme water, then lett them be putt into colde water, the space of halfe an howre. Beate them and the Barlye togeather very smale, and in the beatinge sprinckle them with the droppes of some redd Rose water and putt therto by litle and litle so much water (as will make milke according to the Almondes) of the lyquor made with the rootes & hearbes and other thinges afore written. You must make it pleasant with Sugar according to your taste more or lese.

A very good Medecine for the Spleene.

Take one or two of the galles of Oxen and for euery Gall take one pottell of Vineger and boile them togeather till the once halfe be consumed and with the lyquor all to bathe your side before the fyer, and then take a peece of blewe wollen clothe and wett it well in the lyquor and as hott as you may suffer it laye it to your syde and weare it all the daye. And vse thus to doe euery morninge and in shorte tyme it will take away

all swellinge and hardnesse of the Spleene Also the outward Barke of the rootes of youngge Ashes or when the strength is not in the rootes ashinge keyes boiled in wine with a litle Sugar and so drunke is good for the same disease.

For a tympany or great swellinge in the Body.

Take fiue Pyntes of Rennish or whitewyne and throe Porringers full of the Ashes of Broome. A quantitye of Cynamome bruised. Steepe the ashes and Cynamome in the wine all nighte, the next day runne it throughe a Jellye Bagge so ofton vntill it looke cleare, and adde thorto so much Sugar as will please your taste, then putt it into a Bottle of Stone or glasse, and so lett it stande one whole daye. Then drincke of it morninge and eveninge, and one hower before meales, and after your goynge at eche tyme (yf you be warme) a good draught colde as it is. Eate no Porrige brothe milke or shonemeate that is moist, salte meate nor frute: And drincke but once or twice at a meale, the lesse the better drinck no wine at all, vnless your stomake be very weake.

For the hardnes of the Liuor.

Take the rootes of wilde Bryonye otherwise called wilde vine a good quantitye Boyle them in Hoggs grease and so amoynte the Liuoure syde morning and eveninge warminge your handes at the fyer.

For the stoppinge opilation or hardnes of the Spleene.

Take Sotherne wood, the toppes of Rosemarye Costmary Myntes Bugelosse, the Leaues of Ladye or ~~Walnutt~~ Waleworte, Rue, Wormewood, Brookelyme Lauender cottone Cammomele of euery one two handfulles: Lauender or younge Spike two handfulles and an halfe blacke Snayles fower Poundes, new frosh butter eighte pounde, frankensence in powder fower ounzes frosh Cowe dunge two or three sponefulles frosh hons dunge two sponefulles salte a litle, melte your butter, then put in your Snayles and boyle them gentlye vntill they be doade, then add your Hearbes bruised, and your other thinges after, and boyle them all moderatelye: Set them macerate three dayes, then againe heate them, and straine out your oyntement, wch for Paine swollinge and hardnes of the Spleene, is of Soueraigne vertue. It must be stroked from the short ribbes crosse to the Share.

A very good Medecine to putt away any groso from the Stomake or to digest a Surfott. ~ ~

Take the bottome of a Chrate loofe of a finger thick and sott it before the fyer, the cruste syde boyng first towardes the fyer and so lett it tost Leasurely Vntill it be throughe warme, then turne the other syde and lett it tost in the like sorte and when it beginneth to waxe browne, bast it well with Aquauita or with Malmesye, and as you do bast it lett it sooke in before the fyer, and when you haue thus doon, strowe it ouer with the powder of Myntes and wormewoode of eche a like quantitye and putt thereto of Cloues and Mace, and a litle of a Nuttmegg, then caste a clothe ouer it, and so Lay it to your Stomake, as warme as you can suffer it, then roll it on with a clothe and so lett it Lye 12 howers and then renewe it or change it at your discretion. This do as often as you shall see cause. ~

A Medecine for those that haue a moist Stomake the wch commeth of the Rherome fallinge into the Stomake. ~

Take a toste of white Breade of a reasonable thicknes and of the breadth of your two fingars, the cruste beyng taken of on both sydes, and lett it be of the Longthe of palfe your hand then toste it very leasurely and make it dry but not browne so Lay it vppon a plate and steepe it well with Malmesye and strowe it ouer with the powder of Myntes and wormewoode of eche a like quantitye, then serape it ouer with Sugar a good double

and so cutt it in 3. or 4. pettes and eate of it every morninge and fast an hower after; Continue thus and you shall fynde Ease.

A Medecine for winde in the Stomake.

Take a new Laid Egg and roste it reare then open the topp of it and putt out the white that Lyeth on the toppe then tempor your egge with a good quantity of Pepper and Annyseedes bruised and so eate it fasting and in the after none if there be greate cause continue thus a good space and it will helpe.

A Drincke to dissolue winde in the Stomake.

Take a quart of white wine and sett it to the fyer in a pewter pott, and when it doth seeth putt thereto a good handfull of Sage and an ownze of Cummyn seedes well rubbed in a clothe and piked. Then let it symber vpon a softe fyer vntill almost the one halfe be consumed, then take it of and drinck thereof diuers tymes in the day with Sugar. Doe this for a good space and it will helpe, and for want of white wine you may take Ale.

A Medecine for an Impostumation in the Stomake and will consume it without brakinge it vpwardes.

Take a Spoonefull of the powder of Rozen fynelye beaten, with a litle Ale or Beare and swallowe it downe quicklye that it stay not in your mouthe and washe it downe with a draughte of drincke. And sometymes you may take it with Tryackle

tempering.

tempering it very thicke with the Powder. It is best to be taken every morning and euenings, but you may take it at any tyme when you do fynde occasion. Take the quantity of a greate Nutt at a tyme and drinck after it to washe it downe. It is good beyng thus taken to driue any paine or infection from the harte: it will clense any stuffinge or toughnes from the harte or Stomake: it is good also for a Bruse, you shall fynde this powder to be very soueraigne for any of these greefes. And if you do vse to take it sometymes when you ar well you shalbe free from these greefes.

A Possett Ale to clense any Impostume or Bruse.

Make a quart of cloare Possett Ale and putt thereto a great handfull of Carnell otherwise called St Mary Perseley and as much of Feilde Daseyes but take not the rootes thereof: Lett them boyle togeather vntill the hearbes begin to locke yellowe, then putt altogeather into a pott and drincke thereof morninge and euenings and diuers tymes in the daye and in tyme it will helpe. These Hearbes made in Pottage with Fennell rootes and Perselye rootes is very soueraigne for the same greefes. And if you do vse sometymes to eate of this Pottage beyng well it will preserue you from Impostumations and clense you of Bruses.

A Medecine for an Impostume that is broken.

Drincke the water of Fetherfew and Cardus benedictus by equall proportion with so much Mithrydate as a good bigg Beane. This doe three tymes morninge and euenings.

A Powder good for winde in the Stomake or any other parte.

Take Seene one ownze Seduarye, Cummyn Seedes, Porsely seedes and Dyll seedes of ethe 2: dragmes Ginger one dramm Cloues Nuttmegges, Calamus, Aromaticus Valerian Annyseedes of ethe a dramme and an halfe, and of Sugar one ownze Make them into fyne powder and take a dramme thorof after it is well mingled together first and last for the space of fower dayes and then but in the morninge.

A Dredge good for Winde in the Stomake.

Take two ownzes of Caroway seede confectes as much of Fennell seede as much of Annyseedes both in confectes, one ownze of Coryander seede two ownzes of Annyseedes one ownze of Sugar Candye grosslye beatten, eyghte knottes of Gallingall cutt in very fyne slyces two good sticke of Lycoresse cut in like manner and 3 Nuttmegges likewise slyced. Put all these togeather into a platter and sett it vppon embers and tosse them togeather vntill they be very drye, and so put it vpp in Boxes and vse it as you fynde occasion.

A Medocine good for those that ar apto ofton to caste throughe weaknesse of the Stomake.

Take two pennyworthe of Saffron and a grotty quantityt of wine Vinegar heate it hott vppon a chafingdishe of cooles wett a handkercher therin then wringe the moisture a litle out lay it 2 or 3 folde double as hott as it may be suffered to the Stomake shifte and renew it as it cooleth, and it will helpe.

A Medecine for the wormes either in olde Folkes or Children. It will procure loosenesse and is good to preuent an Ague in a Childe.

Take an handfull of wormewood and as much of Fetherfewe and fower vnsett Leekes, chopp all these togeather and mingle them with the Gall of a Beaste, then frye them in sweete butter and when they be fryed, putt them in the foulde of a clothe and so lay it to the Stomake, and lett it come ouer the Nauell fasten it and lett it lye two dayes and two nightes and then chaunge it if you see cause.

A Drincke for the wormes.

Take a good quantity of the Seedes of Commyn and boile them in Malmesye or for want thereof in Ale vntill the one halfe be consumed, then take it of and drinck thereof every morning warme with Sugar, and it will helpe.

A Medecine or Ynttement for the wormes.

Take a pretty quantity of Garlick and sooth it in fayre water till it be tender, straine it and mixe it well with freshe butter and make a Plaister thereof and applyt it to the Bellye of a Childe.

The makinge of Oxemell good for the wormes and to cutt dissolue and avoide toughe flegme.

Take a pinte of honnye halfe a pinte of wine Vinegar and halfe a pinte of faire water clarefye it withe the whites of egges, and when it is well incorporate togeather, keepe it for your vse and take thereof as you see occasion.

A good Medicine for the smale mawe wormes.

Take an handfull of Rosemary stripe and straine it in drincke and take it for nyne dayes togeather, and if it be extreeme vse this receipte once in a monoth or six wookes and as they weare away by litle and litle lefson and leave it.

A Medecine for the Collicke.

Take a quart of Posset Ale, and putt thereto an handfull of Sope and as muche of Pennyroyall, and a pretty quantity of Tyme and boile them togeather in your Posset Ale vntill the hearbes beginn to Looke yeollowe, then take it of, and putt thereto so much of Caake Sope as the quantity of a wallnutt and so much Sugar as will make it pleasant to drincke and so drinck thereof warme and it will make yoy to auoyde Grauell.

A Medecine for those that cannot make Water.

Take 3. or 4. of the shelles of Snayles washe them cleane and dry them before the fyer and beate them into powder. Then take halfe a spoonefull of it, and putt thereto a Litle of the Posset Ale next before written and so geue it to the Patient. Then Lett hym washe it downe with a good draughtt of the same Ale And if this will not helpe take the like quantity of the powder of Stattie in such sorte as is appointed for the other but take this with cleane Posset Ale, and it will helpe But withall you must annoynte the Bellye with Butter and Ale or Beare boyled togeather.

A Medecine for the Stone in the Kidneys.

Take two great handfulles of Mallowes and of Cammomele and Pellytory of the wall of eche the like quantity, and of Holyoke Leaues a great quantity. Chop all these togeather very smale then putt thereto of dryed Elder flowers, of Fynicricke meale and Lynseede of eche of these a good handfull, mingle all these

togeather and make therewith two quiltes, then boile the quiltes in Milke the space of an houer, then take them out and wringe them betwixt two trenchers, and lay one of them to your Syde where the paine is, as warme as you can suffer it, and when that is colde lay it in the Milke againe to warme and lay the other to your Syde in the same sorte. Continue this at your discretion and it will procure you ease.

A Drinke for the same Greefe and is to be taken when you do apply the quiltes if you can haue them togeather, yf not one of them alone seuerallye.

Take the chawe Bones of a Pyke dry them and beate them very smale into powder, then take a pinte of Renniish wine or of white wine and slyce therein a Lemmon, add to it so much Sugar as will make it pleasant and so lett it stand all nighte then take halfe a spoonefull of the powder and putt therto a litle of the wine and lett the Patient so drinck it downe, and then a good draughte of the same wine afterto wash it downe. Vse this as occasion shall requier and it will ease.

A Medecine for any Colliche or Greefe that commeth of winde.

Take of Rosemary Thyme, Lauander Camomele Myntes and Sage of eche of these a like quantity. Boile all these togeather in a quart of Malmesye or for want thereof take any other wine and the like quantity of water, and when they do soothe putt thereto sixe Spoonefulles of Annyseedes and the like quantity of

Commyn Seedes and so lett them boile vntill halfe the lyquor be consumed, then take a Bladder of a Cowe or an Oxe and putt your liquor and hearbes therein as they come hott from the fyer and putt therein if you haue it a litle of the Oyle made with Elder flowers and Broome flowers or of the oyle of Camomele: Then tye the mouthe of the Bladder fast and laye it to the place where your greefe is, and as the greefe doth remoue followe it, and when it is colde warme it againe, this do as you shall fynde cause, this will continue good 5. or 6. tymes warminge.

An other Medecine for the same greefe.

Take of Wormewoode Fethorfew Camomele Sage Myntes and of Rosemary of eche of these an handfull then take a woodden dishe of a quarte and lay colde Ashes in the bottome of it, fill the dishe halfe full of hott embers lay your hearbes on the topp and heape them therton. Then take a napkin and lay ouer them, and fasten it vnder the Bottome of the dishe and reare it before the fyer, that with the embers and fyer it may be thorroughe hott. Then lay it in that sorte to the place where the paine is, and lett it lye so longe as the embers will maintaine the heate thereof: This doe as you shall haue neede.

A Powder for the Colliche and the Stone.

Take the Powder of Broome Seedes and of the powder of the Seedes of Eglantine Berryes, of the powder of Baye berry Seedes and of the powder of Acornes of eche of these a spoonefull. Putt thereto as much of the powder of Steney as there is of all the reste, and add thereto of Annyseedes, and of the powder of.

Licoresse of eche of these two spoonefulles then mengle all these well togeather and keepe it for your vse And take thereof as you haue occasion eyther in your Pottage or Drincke and you shall fynde ease.

An assured good Medecine for the Strangullyon.

Take of the berryes of the Elder when they be rype and hange them in a chamber to dryc vppon a thread and when they bee dryc you may keepe them all the yeare: Eate of these dryuers tymes in the day and they will helpe, or if it be in the tymt of the yeare, you may eatt them greene from the tree and they will worke to the same effecte.

A Quintasye for the Stone.

Take the water of Ramsey Perseley Leekes Pellitory of the wall, the flowers of Beanes Iuye berryes Byttony Hartstounge Grummell of ech a pinte. Putt to it as much Muskadell as the quantity of all the water commoth to. Distill it togeather in a Lymbocke as you do Aquauite and drawe from it two quartes and keepe it for your vse. Preserue also the Muskadell and the water wch is called the groundc in some glasse bottell and keepe it to your vse for it is of wonderfull vertue against the Stone. And when you will vse these waters Lett the Patitnt troubled with the Stone take halfe a pinte of the Quintessence and a whole pinte of the other water, and lett hym drinck of, eyther the said

said halfe pinte or the whole pinte, or as much thereof as he is able to drinck, and lett hym walke after it holdinge his water as much as he can, and when he can holde it no longer to make it with as greate force as he can. you must take but halfe the quantity in the ~~morninge~~ euieninge and then he shall not neede to walke so longe after it before he takes his reste.

A Medecine for the Collick and the Stone.

Take a Pennyworth of Cloues and Mace an halfepennye worth of Longe Pepper or somewhat more a spoonefull of Gromell Stoles as much of an Oxe gall stone as a Beane, one ounze of Bay berryes the hulles piked away one spoonefull of sweete Bramble bryer stones, two Acornes the hulles picked away two pennyworth of Turmarick, one spoonefull of Burre Seedes halfe a spoonefull or more of Hawestones. Pounde all these togeather in a morter till they be fyne poweder. Then take as much of the powder as you may take vpp with your three fingers or more, (the more the better if you can abyde the bitternesse of it) and putt it in 8. or 9. Spoonefulles of white wine luke warme and so drinck it in the morninge. And if any stick to the cupp sydes as it will renewe it with a litle more so that you may take it all. It will ease you.

An especiall good Medecine for the Stone.

Take the Seedes of blewe Violetts, the seedes of commoun Burres with theire litle Poddes a pounde dryc them well in an Oven and stampe them. Take of dryed Okenleaues well beaten to powder

fower ownzes Of dryed Saxifrage halfe a pounde Of Baye
berryes fiue ownzes: All these beyng well beaten into powder
Lett them be sifted and mixed togeather. That doen take a
quick hare, and strangle hym with a corde, that none of the blonde
may be lost. Putt hym so whole or in pttes into some faire ear-
then or other Vessell Feete Gutter Floade and all, and putt
hym into an Oven that aswell the Bones and the Skinn as
the Fleshe may be broughte to Powder: then stampe it and
searze it and mingle it well with the other Powders. Lett
the Patient take a morninges of this powder so much as will
lye vppon a Groote in a competent draughte of white wine.
It will expell and cleanse Grauell and cure the Stone But
to make it haue the more speedy and forceable operation
you may vse this receipte followinge viz Take 3. or 4. Ra-
dish rootes cutt smale and putt them into a Vyoll full of good
white wine, Malmesye or other good wine, and lett it stand so
in the Sonn and the Ayre 24 howers, take to one part of that
wine two partes of the water distilled of the dounge of Oxen
when they ar at grase, and halfe a part of Strawberry water
with 2. or 3. drogges of the iuyce of Lemmons or Cytrones, so
as altogeather may be about halfe a pinte or somewhat more
into the wch putt a peece of Sugar, and as much of the foresaid
Powder as woill lye vppon a Groote and geue it to the Patient
to drincke a morninges wch he may continue for 12. dayes
togeather

togeather if he fynde occasion: But the best and most ordinary
Waye to take the powder aforesaid is to make a Possett Ale of
Violett leaues, the leaues of Holyeoke or Mallowes or wilde Thyme.
Putt so much of this powder as is afore sett downe, into a litle of
this Possett Ale, and presently after drinck a good draughte
thereof to washe it well downe. Note that in the former receipte
the wine with the Radish rootes and the iuyce of the Lemmon or
Cytrone must be renewed euery day, the powder and waters with
good vsage will keepe longe. And the water of Oxe dounge be-
yng distilled about Maye will take away Spotter and Blemishes
on the face, beyng washed therewithall a morninges and at
nighte.

A Medecine for the Collicke.

Take halfe a pounde of Fennell Seedes, a quarter of a pounde of
Annyseedes halfe a quarter of a pounde of Cummyn Seedes and
lay these in clarrett wine 24 howers, then dryve them and syfte
awaye all the duste as cleane as may be and beate it into pow-
der, and of this powder vse halfe a spoonefull at a tyme in your
Brothe and it will free you from the Collicke:

A Medecine for the Stone.

Take a pretty quantitye of Sugar candye and putt it to 3. or 4.
spoonefulles of oyle of sweete Almondes newelye made and drinck
it Ygo and walke after it an hower. after wch drincke a good
draughte of white wine and Lemmons or white wine and Onyo-
ons and you shall fynde ease Also the Bloode of a Goote dryed and
made into fyne powder, a prettye quantitye thereof putt into a good
draughte of Ale and drincke is very good for the Stone.

A very souerayne Medecine for the Collicke and the Stone.

Take one handfull of Saxifrage halfe an handfull of Gromell as much of Sage of Vertue, 4. handfulles of redd Nettle toppes 3 Branches of wilde Thyme that groweth in grauellye grounde, 3. branches of Rosemary and 2. or 3. Shelles of new laid Eages. Drye all these togeather in an Ouen and grinde or beate them into a powder as smale as any Spice and keepe it very drye. Take so much of this powder at once as you cann take vpp betweene your fingar and thombe at 3. tymes and putt it into a competent draughte of Beere or Ale and drinck so much first and last morninges and eutninges and forbeare fresh Beefe Mallarde Goose and Eeles.

A very sufficient Medecine for the Stone.

In Maye take Fetherfewe Plantyn, garden Tansey and Howselike of all a like quantity saueing Howselick Cot wch take leaste because it is very colde) washe them well and when they be very drye stampe and straine them and keepe the iuyce in a cleane Bottell close stopped. Take 4. or 5. spoonefulles of the iuyce and a spoonefull or two of English Honnye and boile them togeather and make it thicke with the meale of Boanes and sprede it on a clothe of an handfull brode and laye it hott to the smale of the Backe and so downe to the lower ende of the Bellye. It will ease.

A good and well approued powder for the Stone.

Take the weighte of eyghte pence in Parmacetye, two pennyworthe of Cloues, as much of Mace as much of Cynamome as much of Annyseede one pennyworth of smale pepper as much of Bayberies as much of Lycorysse 3. date stones one handfull of redd Sage as much of redd Fennell, 4. Acornes 4. Cloues of a Lyllye roote and burne three

Oistershelles.

Oistershelles in the fyer till they will deuide and take the insyde of the Shelles so deuided and putt to the rest All wch well dryed muste be beaten into a fyne powder mixed altograther and searzed. After they ar so tryed with a Searze take the Parmecetye and rubb it with the powder betwixt your handes for it may not be mixed with the powders before they be searzed. That doen keepe it for your vse and drincke thereof first in the morninge and last at nighte or at any tyme as occasion shall requiet ~~one~~ spoonefull ~~or more~~ in stale Ale or Beere or in Posettale or any other drinck bloode warme and faste one hower after the receipte. If the extremity be greate and such as it stoppeth the watter Take one handfull of Perseley in Sommer and in Winter the rootes and seeth it in olde Ale to the quantitye of a pottell till the halfe be consumed Boile also therein 20. or 30 Prunes straine it and putt thereto one or two spoonefulles of the foresaid Powder and drinck thereof as aforesaid.

A Medecine for the Stone.

Make Posettale of ronnish wine and milke if not ronnish of the smallest white wine, and Lett the Wine be more in quantity then the milke. Putt into this Posettale one good handfull of the smallest Perselye a litle mother Thyme and a litle Pellitory of the wall, Lett it boile in the Posettale, till one quarter be consumed then wringe out the hearbes into the Posettale and sett it on the fyer with some sweete Butter, some Sugar and one spoonefull of white pepper bruised. Lett these boile a litle togeather and then drincke thereof morninge and euninge first and last for 2. or 3. dayes. Also take Harbell and make pottage thereof with Mutton, without any other thinge excepte greate Otemeale and eate thereof a morninges and to Bedwarde make Posettale with the same hearbe, and drincke thereof when you gbe to Bedd.

A Powder for the Stone.

Take Mugwoorte in the Springe and drye it in an Ouen then beate it into fyne powder and keepe it in drye Boxes, and once in a weeke or 10 dayes, take as much of this powder as you can take vpp betweene your fingars and your thombe, mingle it with white wine and drinck it in the morninge fastinge. Take also the cuttinge of a vine, and burne it cleane in an Ouen and keepe the Ashes and drincke one spoonefull of them in a draughte of white wine. It will breake the grauell and ease the paine of the Stone.

An other approued good powder for the Stone.

Take the Seedes of Broome, the croppes of redd Nettles the croppes of redd Thyme, the budds of redd Oake, the lightes of a Foxe the flowers of Eldors Hypp berryes Stonecropp Ashen keyes Orange Pilles Saxifrage Parselye seedes. Gather all these symples in theire dewe tyme drye and beate them seuerally into powder and putt these Powders into seuerall boxes or Bladders. Take of euery of these powders so much as will fyll an hazell Nutt, mingle and stirr them well together and putt them into a pinte or somewhat more or lesse of the Patientes vsuall drincke or white wine and so lett it stand close couered in a pott 12. howers, and lett hym drincke thereof in the morninge a good draughte and walke or bowle or vse some other moderate exercise for 2. or 3. howers after. This lett hym doe thryse in 7. dayes or once a weeke or a fortnighte more or lesse as he shall feele his greefe. This will make great abondance of the Stone and hath been proued.

A Medecine for the Stone.

Take Pellitory of the wall Saxifrage Holyhooke Smallage Mallowes and Tansye of eche an handfull, choppe them smale and quilte them

in two

in two Lynnen bagges, then take a pottle of the vppermoste of newe milke when it hath stoode awhile, and halfe a pinte of Malmesye and a litle faire runninge water putt them together in a pott, sett them on the fyer and when it doth seeth putt in one of the Bagges and seeth it a while in that Lyquor, then take it out and wringe it betweene 2. trenchers and lay it to the place greeued as hott as it may be suffered and when that bagg waxeth colde seeth and applye the other still chaunginge the Bagges as they beginn to be colde and so lett them ~~often be~~ applied to the greefe vntill it doe cease.

A very good Medecine for the Colliche.

Take a toste of browne breade two fingars thicke, when it is tosted spreade it with the best white Sooge you can gett. Sett it againe to the fyer and putt on more Sooge, and worke it in with your knife as you doe a buttered toste: Vse it thus as longe as it will receaue any more Sooge: Applye it as hott as you may suffer it and laye it somethinge lower then your paine and followe it as the paine remoueth, and lett the toste be wrapte in a course clothe.

An order howe to take Alloes Suckotrino.

Take of the Alloes, as much as a good Boane and warme it ouer a chafingdishe of coales vppon your knives pointe vntill it be softe, then roll it vpp in 3. Pilles betwixt your handes with a litle Rose water, and take them in the papp of an Apple and Sugar and halfe an howe after drinck a draughte of Posset Ale or such like.

A Purgation of Senneye.

Take halfe an ounze of Senneye and putt it into a pinte of white wine, add thereto 5. or 6. of the rotes of Polypodium (the wch is the Ferne that groweth vppon the Oke) cutt them in slyces, and putt them therein, and 20 Reysons of the Sonne the stones beyng taken out and a smale race of Ginger scraped and bruised, and a peece of a Nuttmegg cutt smale, with a spoonefull of Annyseedes rubbed and dusted. Putt all these togeather into the wine, and so lett them stand all nighte, and in the morning boile them togeather in an Earthen Pipkin vppon a very softe fyer vntill more then the one halfe be consumed, then straine it whilest it is hott, and putt thereto two spoonefulles of the Syruge of damaske Roses, stirr it togeather, and drinche it as warme as you can.

A Glister good for the Colliche.

Take of Pennyroyall Thyme, Isope Mallowes and Camomele, of eche of these an handfull. Boile all these togeather in a pottell of water, and when it doth seethe putt thereto of Annyseedes and of Commyn seedes of eche 5. or 6. spoonefulles, and so lett them

boyle vntill it do come to a pinte, then straine it into a Platter and sett it vppon a chafingdish of coales and putt thereto a good quantity of bay Salte and of the Oyle of Dyll and of the Oyle of Sweetbegrase of eche of these a good ~~[illegible]~~ spoonefull then stirr them well togeather and putt them into the Glister bladder and minister it to the Patient bloode warme A pinte is enoughe at a tyme.

A Glister good to staye the Bloodye Fluxe.

Take of one Cowes milke warme as it commeth from her a pinte straine it into a platter and sett it vppon a chafingdish of coales Then putt thereto of tryed Sheepes tallowe or Goates tallowe the quantity of a pretty Sple and the like quantity of Sugar, and when these be thoroughly molten togeather, minister it to the Patient Bloode warme.

A Medecine to staye the Bloodye Fluxe.

Take of Chalke fynelye scrapte a sawserfull, temper it as it were doughe with the white of an egge as much as will make two pretty caakes. Bake one of them vppon the hearthe and when it is baked, Lay it to the Nauell of the Patient as hott as he can well suffer it, and when that is colde bake the other and Lay that in the same sorte and this continue to doe still with fresh caakes vntill it be staide.

A Medecine to staye anye Fluxe.

Take halfe a spoonefull of the Seedes of redd Roses beyng dried in the ~~fytt~~ Season of the yeare, and putt it into an Alleberrye

or a

or a litle Milke soddon with Flower, take thereof twice or thryce euery daye and it will helpe you.

An other Medecine to stay all kinde of Fluxes.

Take of the redd leaues that growe vppon the young springes of an Oke that hath bein lopped Distill these and take 4, or 5. spoonefulles of the water thereof, and if it be for a Childe take but 2. or 3. spoonefulles, then putt it into an Alleberrye or such like and ~~Lett the~~ Patient take thereof once or twice euery daye according as the disease is; And it will helpe.

A Medecine to staye the Skowering that proceedes from a weaknesse in the Backe.

Take a Plaister of Stone Pitche and laye it to the Backe, then take of Comfreye Neppe and Clarye of ech of these a like quantity, shridd them very smale and beate them with two or thrit egges, and so make a Tansye thereof and when it is baked putt a litle Verges to it, and strowe it ouer withe Sugar and so eate thereof euery morninge so longe as you shall fynde occasion. It is good also for any weakenesse or Bruse in the Backe.

A Suppositer to purge gentlye withall vppon any occasion.

Take a good spoonefull of Honnye and as much of Beare or Ale and a litle quantitye of bay Salte, putt thereto a litle of Deares sewett or Sheepes sewett and so lett them boile togeather vntill it be so thicke that when you do dropp it in water it will forthwith become harde, and when it is so boiled poure it vppon a

trencher, and strowe it ouer withe the powder of Alloes Succetrino, and when it is somewhat colde make it vpp in Litle rolles, smale at the one ende and bigg at the other, and when it is thorughe colde annoynte it with a litle Butter, to make it slippe and so minister it vppward to the Patient.

An other Suppositer to like effect and purpose.

Take the yeolke of a new laid egg and putt thereto so much white Salte as will make it thicke, add thereunto 2. or 3. drogges of Honnye, and when you haue stirred them well togeather, take a faire Lynnen clothe, and putt a litle of your Stuffe therein and bynde it vpp close with a threede, so that it be about the bignesse of a Button, then cutt it of, and lett the Patient take this as the other.

A Suppositer good for those that ar troubled withe the Collicke or winde.

Take a Figge make it as flatt as you can, then Cleaue it in two, Laye vppon the outsyde of one of those partes two or three cornes of baye Salte, then roll it vpp with that syde and the Salte inwarde, and lapp a thredd about it from the one ende to the other in such forme as it may be smale at the one ende, and bigg at the other, then annoynte it with a litle Butter to make it slippe and so minister it vpwarde to the Patient as the other you may doe the like with a greate Reyson beynge opened at the one ende.

A Medecine.

A Medecine to staye any scouringe or Fluxxe especially for woemen in childbedd: Experienced.

Take halfe an handfull of the innermost Barke of a Slowe bushe as much of the inward barke of the running Bramble, as much of the inner barke of a younge Oke. Seethe them altogeather in a quart of fayre water, with a quarter of an oronze of Cynamome first bruised, and a litle Mace Vntill a quarter thereof be consumed then take Vnblanched Almondes, and pearche them in a fyer pann and stampe them and make Almonde milke with the Lyquor. Then take Ryce and seethe it with so much running water as you may haue some of the water to remayne when the Ryce is sodden: then poure that lyquor cleane from the Ryce, and putt it into the first Lyquor before you drawe your Almondes, and in the Lyquor quenche two Gaddes of Steele, and then make vpp your Almonde milke then putt it into your Ryce, with the powder of Cynamome fynely beatten and Sugar, and so boyle it vpp euen as you doe Ryce Pottage.

An other Medecine to staye a Fluxxe.

Take one handfull of Cumfrey as much of Perywinckle as much of our Ladyes Mantell, as much of Sennickle. Boile all these in a pottle of faire running water Vntill it be halfe consumed, then make Almonde milke with it, but lett your Almondes be Vnblanched of this lett the Patient drinck a whole day if he be in extremityes.

The Duchesse of Feria her washinge of Alloes: A good purging Pyll.

Take two oronzes of very good Alloes and putt thereto a quarter of a pinte of the iuyce of damaske Roses with as much of the

Syrupe of Violetts two spoonefulles of Vineger, then sett it in a softe Oven after the breade is drawen, lett it be there till it be dissolued, then straine it hard throughe a faire clothe and sett it in the Sonn or in warme embers, vntill it thicken like vnto a Conserue stirring of it 3. or 4. tymes the daye. Then take Nuttmeggs Cynamome Ginger, Cloues, Mace and Egricke Cubibes of euery of these a Duckett weighte, and of Rubarbe halfe a Duckett weighte. Bruse all these as you wouldе doe for Ipocras, and laye them in three quarters of a pinte of very good Muscadell three dayes: then take and straine it, and after boate the Spices as smale as you can and grinde it with the same wine againe, then straine it againe and wringe it as hard out as can be. Then putt that wine to the conserued Alloes, and lett it stand so longe in the Sonn or embers till it haue droncke vpp that and come to a Conserue againe stirring it oftentymes in the daye, then putt it in a close pott and keepe it for an excellent purginge Pyll, to be taken once a weeke the quantity of a Beane rolled into a Pyll and taken an hower before Supper. It doth cure the Headeache, comfort the Stomake and truth many other good and approued operations.

A Medecine to be taken inwarde good for a weakneſse in the Backe.

Take a new laid egge presently from the Henn: Pare of the shell on the crowne of the egg as you doe to dresse it, and putt out the white, leauing nothinge but the ytolke and putt thereto a spoonefull or somewhat more of pure redd Rose water, and so much powder of mastieke.

Mastieke as will ly vpon a brode pointed knyfe, and as much of the powder of the whitest Amber. Warme these thinges beyng stirred togeather in the Shell with a fewe embers, and drincke it of, and after the receauing of it neither drinck nor eate by the space of two howers, and it wilbe good to applye some strengthninge and comfortable Soaredclothe or Plaister to the smale of the Backe where the paine is, lettinge it lye vntill it fall away of it selfe.

An approued Medecine for the Bloodye Fluxe.

Take in the morninges a newe laid egg, put out the white, add to the yoolke the weighte of halfe a crowne of Mastick beaten into powder and supp it vpp. Then boile Ryse in fayre water with a litle Plantyn some knotted grasse and Barro Pastoris bound togeather, with this liquor make Almond milke, wch put to the Ryse, and let this Ryse pottage be your meate for certaine dayes. Make then a collesse of a cocke capon henn or chicken strained only with the water it was sodden in, putting thereto some Verges without salte, (the meate lefte of the cocke capon, &c is good to be eaten) but drinck the Gellesse halfe an hower before your meate, drinck smale drinch and alwayes put a gadd of Steele redd hott into the same. At after noones lay you downe to rest a while and binde your armes aboue your ellbowes as hard as you can suffer it for the space of an hower, and stirr litle be quiett and merrye. And if this helpe not, and that you perceaue greate abundance to voide from you Take of the Syruge of the 4. colde Seedes (wch you may haue at the Apothecaries) and put a prettye quantitye thereof in a good draughte of Woodbinde and Plantyn Water, mixe it well togeather and drinck thereof colde

for the space of 8 or 10 dayes betymes in the morninges and at 4 of the clocke in the after noones. This will purge the blode. And after this purging for stoppinge of the fluxxe. Take a newe laid egg, breake the topp of it, take away the white then take ~~[illegible]~~ of terra Sigillata Bollarmoniack, White amber redd Roses, redd Myntes Mastick Sanguis Draconis and Sugar of eche a pretty quantitye made ~~into~~ fyne powder, mingle all togeather, and putt the weighte of a crowne thereof into the yoolke of the egg and fyll it vpp with good redd wine and drinck this euery morninge at 6 or 7 of the clocke for the space of 9 or 10 dayes, and sleepe ~~after~~ if you will. Take also a gallon of Sacke as much of runninge water an handfull of Rosmary as much of Sage and a quantitye of the dounge of a Mare or of an Asse, put this togeather into a dyett pott, stoppe the mouthe thereof very close with claye, and lett it seeth till the thirde part be consumed awaye, then vnstoppe the pott, put a funnell on the topp pott it within a close stoole, and sitt vppon it and receaue the fume into your bodye and washe the fundament therewith very often. And when it is staide if perchance it cometh againe. Take as at first the weighte of halfe a crowne of the powder of Mastick in the yoolke of an egg a morninge, and when you goe to bedd drinche some tymes a draughte of Borrage water. After the stoppinge for to strengthen your Back vse to your breakefastes to ~~eate~~ eate of the pithe of an Oxe, and of a litle tansye made of Camphere shridd fyne and a cople of newe laid egges, and strowe some Sugar Candye vppon it. Eate also sometymes Neetes feete and Calues feete stewed with some good hearbes. Vse thus to doe and with the grace of God, this will assuredlye helpe any fluxxe.

An approued Medecine for the stoppinge of a fluxxe

Take a good quantity of Sea cooles beynge beaten as fyne to powder as you can, put it into Beere or Ale mingle and stirr it well and lett the Patient drinck thereof. And if he cannot take the powder in that sorte, lett it stand all nighte, and strraine the drinche in the morninge and lett the Patient vse it at all tymes when he drincketh for the space of 2 or 3 dayes and by Gods helpe it will cure.

A Purginge Ale

Take two gallons of newe ale out of the tunne of the strengthe of a penny a quart, then take two ownzes of the best Synee, a much of the Pollepodium of the Oxe cloane scraped, halfe an ownze of Baye berryes, One Ownze of Annisseedes as much of Fennell Seedes: Bruse all these in a morter, and put them into a thyn Lynnen Bagge, and put a Stone into the bagge to make it syncke and ~~tye~~ vpp the bagg close and hange it ~~by~~ a stringe into the ale, and so let it worke togeather, and when it is a weeke olde, drinche it fastinge euery morninge, and if you will haue it worke much, drinche it also at fower of the clocke in the afternoone.

A Medecine good for those that ar enteringe into the yeollowe Jaundyes.

Take of the inner barke of a younge Ashe, and almost so much of the yeollowe rotes of Dockes beyng pithed. Boyle these togather in a quart of Ale vntill it come to a pinte then put thereto a litle Saffron, and when you do drinck thereof, take therewith at euery tyme halfe a spoonefull of the powder of Iuory or of a Stagges horne, and so drinck a good draughte thereof euery morninge luke warme, and in 7. or 8. dayes it will helpe.

An other Medecine for those that ar enteringe into the yeollowe Jaundyes.

Take a good rostinge Apple, cutt of the topp of it and take out the core, then fyll it vpp with the powder of Turmeriche or of Stagges horne, and a litle Saffron, then sett on the toppe and roste it very softe, and when it is rosted voringe it out vpon a Sawser and scrape Sugar thereon, and eate so much euery morninge for 8. or 9. dayes and it will helpe.

An especiall good Medecine for the Jaundyes whether it be Blacke or yeollowe.

Take the greene of 8. or 9. of the Knottes of Goosedounge when it is new made, putt it into a pottle of stale Ale, and shake them well togeather, then lett them stand 24. howers and after you haue shaken it well againe straine it and so sett it vpon the fyer, and when it doth seethe, putt thereto the white

of an egge beyng beaten to clarifye it withall and when it doth gather thicke vppon the toppe like a Possett curde, skum it cleane and putt thereto a good handfull of the yeollowest rootes of Dockes pythed and a greate handfull of the inner barke of a younge Ashe and 20. of the greate wormes of the earthe beyng slitt and washed. Then lett them boile vppon a softe fyer vntill the one halfe be consumed, then putt thereto a litle Saffron and keepe it for your vse. Lett the Patient drincke thereof three tymes euery daye and it will helpe.

An other especiall good Medecine for the Paundyes either Blacke or yeollowe if it be taken in tyme.

Take an handfull of Sallendine and somewhat more then an handfull of yearrowe, and a good quantity of the longe wormes of the earthe, the earthe beyngе cleane striped from them. Stampe them very well either seuerally or togeather, and straine it with Beere or Ale, so much as may suffice to retaine the strengthe of the Hearbes and wormes. Then putt into it a good prettye quantitye of olde Iuorye or Stagges horne and about a pennyworthe of Saffron made into fyne powder. Sett it on the fyer but lett it not seethe. When it is throughe warme putt it vpp in a glasse and keepe it for your vse and lett the Patient take 9. or 10. spoonefulles thereof morninges and at eueninges, and it will helpe.

A very.

A very good drinck for those that be geuen to Melancholye, and weepinge.

Take a quart of Clarrett wine, putt it into an earthen Pipkin, add thereto halfe a pounde of Sugar, and so sett it vppon a very softe fyer, and when it doth boyle and is cleane skummed putt thereto a quart of Rosemary flowers cleane pyked and halfe an ownze of Cynamome, and so lett them symber togeather softelye for the space of an hower, then take it of and when it is colde, putt it into a glasse altogeather and drinck thereof with a litle clarrett wine after moate and when you goe to Bedd. Note that if you do make it of dryed flowers a pinte will serue to a quart of wine.

A Medecine for the Paundies.

Take Howselicke and stampe it and straine it with woemans milke and euery nighte when the Patient is readye to goe to bedd annoynte hym well therewith before a greate fyer from the rootes of his haire downe to the lowest of his backe and chafe it in well with your hand and continue it till he be recouered.

A Drincke for the yeollowe Paundies.

Take the Inner barke of a Barbery tree and the inner barke of an Elder tree, and a litle English Saffron Boile them well togeather in Ale or Beere and putt to it some longe Pepper and drinck thereof or Take Sallendine English Saffron and powder of Iuory and seeth it till it be stronge and drincke it 9. tymes morninge and eueninge Or Take 9. or 10. seedes of Hemp doe away the Hulles and bruise them in Ale and drincke it fasting 9. dayes. Eyther will helpe.

An approued good Medecine for the Jaundies ~ yellow

Take of the most redd and greatest garden wormes you can gett, cutt of as much of them at the Nauell or knott about the midst as the breadth of your thombe, slytt the knottes with a knife, take out all that wch is within or scrape them, then washe them with good Ale and putt them in a Goblett with 3. or 4. spoonefulles of Ale, and bruse them with a spoone stirringe them well togeather so longe that the wormes be almost consumed, then lett it run throughe a strayner, and then take 3. or 4. Cloues of Saffron cutt somethinge smale putt it vnto 2. spoonefulles of Ale, mingle them well togeather, and lett it runn throughe the strayner to the rest. Add to this a litle Vnicornes horne and drincke it fastinge 3. or rather 5. morninges togeather Three or 4. peeces of woormes will serue at one tyme This Medecine often proued hath neuer failed. ~ . ~ . ~ . ~ . ~ .

An other good Medecine for the same yeollowe Jaundies. ~

Take a pinte of Ale and putt to it Turmericke and Saffron of eche a like quantitye, then take earthe wormes and washe them in warme water, shifte the water often and washe them vntill they be very faire and the earthe cleane out of them, then shridd them smale and knitt them in a faire Lynnen clothe and seethe them in the Ale with the Saffron and Turmerick and lett the Patient drinck therof as ofte as neede shall require. ~ . An other Medecine for the yeollowe Jaundies. ~.

Take redd Docke rootes faire scraped and lightelye washed, take away the coore, and to a pott of 2. gallons of good Ale that is workinge putt in 3. handfulles of such scraped rootes in a Cypresse or some other thynn clothe that is washed cleane without Sooye, after it hath wroughte and is 2 or 3. dayes olde, drincke thereof morninges noone and at nighte. ~.

An other Medecine for the yeollowe Jaundies ~

Take a pinte of Ale, 9. Burrage Leaues, 9 Pepper cornes grose beatten a litle Saffron and the powder of Vnicornes horne and seethe them altogeather, then straine it and lett the Patient drincke thereof Every morninge fastinge for the space of 6. dayes Or take Bettany Leaues and dryge them and make them into powder and lett the Patient drinck of this powder oftentimes or of St Johns woorte in wine drinckeing the wine Or take newe Sheepes dounge and steepe it in Ale or Beere 12 howers, then straine it and putt to it a litle powder of Saffron and geue it to the Patient to drincke 3. morninges fastinge. ~ . ~ . ~ . ~ . ~ . ~ . ~ . ~ .

A Medecine to stanch Bleedinge at the Nose.

Take Isope and bruse it, then putt it in a clothe and holde it to your Nose and it will stopp it. Or Else take a clothe and wett it in redd wine Vineger, and Lay it to your Nauell and it will staye it.

An other Medecine to stoppe Bleedinge at the Nose.

Take the Bone of a Carpes heade and when it is drye beate it into powder, and take of it in a Spoone with a litle drinck and drinck after it to washe it downe, and it will staye your bleedinge.

An other Medecine for Bleedinge at the Nose that will assuredlye helpe, if all other do fayle.

Make a Plaister of Pitche vppon Leather and Laye it betwixte your shoulders colde, and lett your Plaister be cutt to couer the one halfe of your Shoulder blades and so goe smale vpwardes to the nape of your necke and lay an other of the same to the Reynes of your Backe and these togeather vndoubtedlye will staye your Bleedinge.

A Medecine to stanche the bleeding of a greene wounde and will heale it.

Take of the greene Mosse that growetth vppon an Hasell and lay it thicke vppon the wounde, when it is new hurte, and so lett it lye by the space of 24 howers and then dresse it with Salue if you see occasion.

A Medecine to stanche bleedinge to knytt the Synnowes and to heale any greene wounde hauinge no Boone perished.

Take the longe wormes of the earthe commounly called knott wormes stampe them and spreade them very thicke vpon a clothe and so lay them to the wounde. Note that so longe as it cleauethe you must not take it of but if it falleth of then must you applye more of them to the wounde This taken in tyme will heale it in 8. or 9. dayes.

A Powder for a wound or olde Soore that bleedeth muche.

Take the longe wormes of the earthe and putt them into a Payle with hoarbes to scower them selues, then putt them into an earth en vessell or Platter, and sett them in the Oven after breade to drye and when they ar sufficiently dryed beate them into smale powder and putt thereto the like quantitye of the powder of Veruon leaues and so much of the powder of Bolarmeniche, then mingle them well together and keepe it for your vse. Make it in May or Iune best.

A water for a Soore that bleedeth much.

Take a quart of running watter and when it doth boile putt thereto two ownzes of Reche Allome, as much of white Copperose and fower ownzes of the powder of Bolarmeniche fynely beaten, Lett it boyle vntill these thinges be cleane dissolued, then skumm it cleane and putt thereto halfe a pinte of Honnye and so lett it boile with a soffe fyer vntill halfe a pinte be consumed, and as it boylethe skumm it cleane, then take it of the fyer and when it is colde

putt it

putt it vpp in a vessell with a tappe And when there is occasion to vse it drawe out so much into a Sawser as you shall neede and warming it, washe therewith the Soore with a Lynnen clothe This watter thus vsed will continue good all the yeare.

A Water to stanche the Bleedinge of a Soore or to heale an olde Soore.

Take an handfull of Woodbinde leaues as much Sage and the like quantity of Sallendine, put them into a pottle of Watter and let it boile halfe away, then straine it and put to the Watter an ownze of Alloes Hipatice a penniworth of Allome as much honnye and the like quantity of Grenes beaten into powder. Seethe them till the Alloes and Allome be dissolued, and so keepe it for your vse Also halfe a quarter ~~of an~~ ownze of Mercury supplomate put to halfe a pinte of fayre Water one spoonefull thereof mixed with 4. or 5. spoonefulles of this Water is good for an inflamed face beyng vsed ~~w~~ colde.

A Powder to stanche any bleedinge Wounte.

Take Terra Sigillata, Sanguis Draconis, Bolearmoniacke Alloes hipatice of euery one halfe an ownze, make them into fyne powder and cast them into the wounde that bleedeth.

A Medecine to preserue one from the Swette.

Take Balme Rosemary, and Borrage and putt them in Ale or Beere and lett it stand 12 howers at the least and then drinche thereof euery morninge in the after noone and when you goe to Bedd, vse this to doe and it will preserue you from the Swette.

A Lossett Ale good for those that haue the Swette.

Take a pottle of Lossett Ale and putt therin a great handfull of Maryoldes and as much of the toppes of Fennell with the younge Seedes and the leaues togeather, and so lett them boyle togeather the space of halfe an hower, then putt it vpp in a Vessell altogeather, and lett the Patient drinck thereof as often as he will and as much as he will, and he shall fynde great comfort in it. And withall lett hym be kepte with moderate clothes without taking any ayre for ouer many clothes do much hurte.

A very good drinck to procure such as haue this disease to Swett, because for those that do only Burne, and cannot Swette, it is helde most daungerous.

Take a Pinte of Malmesye and burne it and putt thereto a spoonefull of Graines beyng but brused and so much Sugar as will make it pleasant, then lett the Patient drincke a good draughte thereof warme, and so geue hym selfe to reste and it will procure hym to Swette.

An order of Dyett to be vsed in tyme of Sickne se and will preserue the Obseruers thereof from the Plauge.

In the morninge at your vorysinge before you do take the ayre burne Tarre vppon a chafingdishe of coales, and take the ayre thereof, then drinck a good draughte of Beere or ale wherein these hearbes haue stoode all nighte (that is to saye) Sage wormewoode, stearbegrace and Plantyn and so soone as you haue drenck out the drincke fyll vp your pott againe. It is not amisse if you drinck thereof againe in the after noones and shifte the hearbes twice or thrice a weeke. If you do vse this order and in this sorte in the tyme of infection you shalbe free.

A Medecine good for those that haue taken the infection of the Plauge.

Take a pinte of Malmesye and burne it with a spoonefull of Graines beyng bruised, and so much Sugar as will serue to make it pleasant, then keepe it for your vse, it will keepe good a fortnighte or 3. weekes, and when any is fallen sicke take two or 3. Spoonefulles thereof in a Porrenger or other dishe. Putt thereto a good quantity of Tryacle, then stirr them well together, and so lett the Patient drincke it a litle warmed and lett hym drincke a groate draughte of the same drincke warmed without Tryacle presently after. And if the Patient doe vomitt it vpp againe, geue it hym still vntill he do keepe it and when he doth brooke it, lett hym swette afterwardes the space of 12. or 16. howers, with moderate clothes beynge well

attended for taking of colde. And as he dothe Swette Lett hym drincke of Ale or Beere beyng boyled with Sage and so much Sugar, as will make it pleasant but Lett hym drincke it warmed. These drinckes ar also good in a pestilent Feuer, and if the Patient do retaine these drinckes and be carefullye attended there is no doubte but they shall liue.

An other Medecine for the Plauge to be taken as soone as you can after the Party beginnes to be sicke.

Take of Masticke and Myrrhe of Eche of them halfe an ounce and a quarter of an ounce of Alloes. Beate them into fyne powder, and putt them into halfe a pounde of Tryacle with so much Saffron beyng ground smale as you can take on the pointe of a Knife. Then stirr them very well togeather, and putt them into a Leadon Boxe, stoppe it close, and keepe it for your vse, it will continew good 20 yeares. Lett the Party grieued take the quantitye of a Nutt thereof, and lett hym drincke presently after it a good quantitye or draughte of Malmesye and Tryacle as they ar prescribed in the former Medecine, or of Ale boyled with Sage and Sugar, beyng warmed, and lett hym take it vntill he doe brooke it, and then keepe hym in a swette as it is in the former Medecine, and if he do retaine it there is no doubte, but he shall liue.

An Almonde milke to coole those that be in the extreeme heate of the Plauge.

Take the Kernelles of olde Hasell Nuttes, pricke them cleane, and grinde them smale, with a few blanched Almondes then take as much

much of those waters followinge as will serue to straine them withall, that is to save of Tormentell of Pympernell of Bustebustores of Buglas and of Borrage of Eche of these a like quantitye but if you cannot gett the distilled waters of all these hearbes then take all the ffearbes sauinge Pympernell, of Eche a like quantity and boyle them in faire water a good space, and when they ar well boyled, then straine them and take so much of the water as will serue to straine your Nuttes and Almondes with, Then straine them and geue the milke thereof warmed to the Patient to drincke as often as he will with Sugar, this will coole the heate and helpe the disease.

A Medecine to trye whether those will liue or dye that haue the Plauge come out vppon them.

Take of Gumm called Galbanum and dissolue it with the iuyce of feilde Dasyes, then spreade it vppon the flesche syde of Glouers leather, but lett the Plaister be no broder then the soore is discollered then lay it vppon the soore, and holde it on with your hand the space of a quarter of an houer, and if then it do cleaue, the Partye will liue without all doubte, if not he will dye. And if it doe cleaue it will rypen the Soore, and breake it in 24 howers, and that before it do come of. Probatum est.

An other Medecine to rypen breake and drawe out the coore of the Plauge Soore.

Take a great redd Onyon and roste it in the fyer vntill it be like halfe rosted, then wringe out the coore of it, and laye the hollowe place thereof righte vppon the topp of the Soore, as warme as the Patient can well endure it, and holde it lightelye vppon with your hand the space of halfe an houer then bynde it on with

a clothe and lett it lye so 24 howers and if it be not then broken lay on an other in the like sorte. This will both breake it and drawe it till the coore come out and then drese it with some good drawing Salue that hath therein no hearbes.

A Pomaunder good to preserue the Bearers thereof from the Plauge.

Take the quantity of a good hole of yrollowe waxe a good sponefull of Tarre and 5. or 6. spoonefulles of good wine Vineger Boyle these togeather, and then putt thereto so much of the powder of Wormewoode as will make it very thicke and when it is well stirred togeather take it of the fyer and when it is colde make it vp in Balles, and make an hoole throughe one of them and with a stringe weare it about your neck in tyme of sicknese, and by Gods grace it will preserue you from infection. Also a peece of the roote of Angelico or a peece of the pyll of a Lemmon or Orange or a Leafe of Sorrell any of these beynge caried in your mouthe and chewed a Little is very good against the infection.

Minardus medecine for the Pestilence.

Take the dryed Bloode of a Drake and of a Ducke of a Goose and of a Kidd: Rhewe Fennell seede, the seede of Commyn, Dyll and of wilde or garden Neepes or Rapes of every one 3. drammes the roote of Gentiane, Treyfoile, Squinantum Frankensense Roses dryed of eche fower drammes. White Pepper and Longe

Coste.

Coste Valeryan, Anyse Cynamome of ech two drammes. Mirrhe Narde of eche 6. drammes. Beniamyn, Assarum Gumm Armoniack of eche 3. drammes Carpobalsan 20. graines. Yreos Saffron, Rewharbe and Reupontike Ginger Mastick of eche one dramm Stycados five Drammes. Make a fyne powder of all these, and with 4. tymes as much of clarified Honnye, mingle all togather and keepe it in a Silver vessell or a glasse close stopped. It is an highe treasure in such a case The Dose of it is two drammes in wine or water of Sorrell.

An Electuary of an wonderfull vertue in the tyme of Pestilence.

Take Cynamome elect one ounze, Terra Sigillata 6. drammes fyne Mirrhe 3. drammes, Vnicornes horne one dramm, the seede and rynde of Cytrone, rootes of Dyptanyz, Burnett, Turmenticle Zedoarie, redd Corrall of ech 2. drammes, yrollowe Saunders 4. Scruples redd Saunders 2. scruples, whitebten and redd flowers of Marygoldes of eche one drammme. Iuorye rased, Scabious. Veronici Tenici, seede of Basyll, the bone of a Stagges hart, Saffron of eche 2. scruples. Make a fyne powder and add vnto it of Boole Armoniche preparate 2. ounzes, white Sugar 3. pounde, and with a Syrupe of Acetositati Cytri make a souerayne Electuarye and keepe it in a glasse. If the Pestilence commethe, with greate excesse of heate drincke a spoonefull thereof vppon Rose water and Vineger, but if the Patient fetle any colde lett hym take it in a draughte of wine and couer hym with clothes

so that he maye sweate as longe as is possible and so without doubte it will prouc a present reamedye. This Electuarye is of so greate vertue in them that do receaue it once in 24. howres that they may be sure from all euell infections of corrupte ayres and contagions all the daye after But in them that ar infected alreadye and ar taken with the Pestilence if they drinck of it but one spoonefull as is aforesaid (especially after lettinge Blode (if it be conuenient for the Patient) and lay hym downe and sweate vpon the same, if the venome hath not vtterly ouercome the Harte he shall vndoubtedly recouer It hathe been experienced that after drincking of the same Medecine when the Patient made his water in an Vrinall the glasse hath burst in peeces by reason of the venome that it purged out.

A medecine preseruatiue against the infection of the Plaugue.

Take one olde Wallnutt, and shrydd it smale and putt to it a litle Rhewe fynelye mynced, and when they be well mingled togeather open a Figge and putt them into it and so closse vpp the Figge, and in tyme of infection eate this fastinge: It is very preseruatiue and hath been often approued.

A Medecine preseruatiue against the Plague.

Take an handfull of Elder leaues an handfull of redd Bramble leaues, as much of Herbe Grace, and as much of Sage leaues, Washe them and swinge them togeather in a fayre clothe and

Straine

straine them with a quart of White Wine, and then putt it in a glasse, and put to it a good quantitye of Ginger, and drincke a good spoonefull of it, and it shall preserue from the infection for twentye dayes, and nyne tymes taken shalbe sufficient for the whole yeare.

A Medecine for the Plaugue to be taken as soone as any one dothe feele hym sofe Sicke.

Take of the Rootes of Setwell to the bignes of your thombe a spoonefull of Joane Triacle, three spoonefulles of faire water, and three spoonefulles of wyne vinegar: Grate the roote smale minglo all well together and make it bloode warme and drinck it, and yf the Patient cast, lett hym take as much and so continue vntill it stayes with hym, then lett hym goe to bedd and sweate yf he cane, and be very carefull that he take no colde.

An approued good Medecine to ease the paine of the Goute.

Take the ytolke of a new Laid egge and the like quantitye of Blacke Soope, and of Saffron beyng grounde into fyne powder so much as you can take vppon the pointe of a knyfe, styrr these well togeather, then spreade it vppon a clothe and lay it to the place greeued, and in 24 howers it will drawe out water and your paine will cease. Do this as you fynde occasion. It will ease your paine and strengthen the lymm. This is for the Goute that commeth of a colde humor.

An other Medecine for the same greefe.

Take of the brothe of Bacon, and when it doth boyle take it of the fyer, and putt therto so much of olde Cheese beyng scraped as will make it beyng well stirred tograther like vnto Byrde-lyme, then spredd it thicke vppon a clothe and lay it to the place greeued as warme as you can suffer it and so lett it lye vn-till it do fall of, and you shall fynde ease.

A Medecine for the Goute that commeth of an hott humor. It will ease the paine and coole the heate.

Take of Cowe dounge when it is new made and putt thereto so much of new milke from the Cowe, as will make it somewhat thynn. Stirr them well togeather and boyle it vppon a softe fyer vntill it be thicke, then spredd it vppon a clothe, and lay it to the place greeued, as warme as the Patient can endure it. Shifte it once in 24. howers, and in short tyme it will ease. Vse this as you do fynde occasion.

A Medecine good for the Gowte, and to drawe out all
ewell Humors from any parte of the Bodye: Also very good
to amende the Sighte, ease any paine in the Heade, broake
any Impostume, and to take awaye defectes in hearinge.

Take two pounde of Pitche, as much of Rozen as much of Frankensence & che fynelye beaten and searzed seuerallye, one pounde of Sheepes tallowe one ownze of Saffron, two ownzes of Cloues, as much of Mace, halfe a pounde of Commyn and 3. ownzes of Lapdanum beaten and searzed. All these muste be sodden the space of an howre. The Pitche must be putt in first alone, and after the rest, and when it is sodden, make it in longe rolles and keepe it. Then to vse it take fyne tawed Sheepes leather and thereof cutt Soles to couer the Soles of your feete, and spreade of the foresaid Plaister vpon them and weare them next your feete within your Socks the space of a monethe or vntill they fall of and vse them so longe as you fynde occasion or ar thereunto disposed.

A Medecine for the bytinge of a mad Dogg to be vsed either for man or Beaste

La: Winnwoode

Take of the Leaues of Rewe picked cleane from the stalkes six ounces: Of Gartike pilled 4 ounces Of the best Mithreedate or stronge London Treacle 4 ounces, Of the scrapinge of Tynne or Pewter 4 spoonfulles, and a Pottle of stronge Ale Putt it all into a vessell, that will ~~at~~ contayne a thirde parte more, then all this ingredience: Stoppe it cloase and sett it in a kettle of cleane water, and so lett it boyle ouer a gentle fier 4 howers: Then straine it vnto a cleane vessell and giue therof euery morninge fasting vnte the Patient nyne spoonfulles warmed for nyne dayes togeather: eyther more or less accordinge to the strengthe of the man or Beaste that shall take it and bynde some of the strained ingredience to the place bitten: Probatum

For one y^t hath a Rupture

Take Cumfre a good handfull wilde daysies as much roots & all knotted grass a handfull. stamp all these and strain them with Malmsye, and being blood warme gene it nine dayes a pretty drawght morning and evening. if it be a man that hath bene long so, he must needes lye at thee least nine dayes vpon his backe, and stir so littell as is possible. if a child so much as ye may kepe him lyein for so long time, if ye think ye wine to hotte for the child lett hime hane it out ~~my~~ dayes wth wine and the rest in stall ~~ayt~~ ale be sur ye partye hane a good trusse and be keptt on at the least one whole yeare

A plaster for the same.

Take of all the aforsaid hearbes and make iuyce of them than take freshe butter and clarify itt and vnwrought virgine waxe and clarifye it, of eche of these alike muche then take of the roote of Cumfrey and dry it and make powder of it and the powder of Comynseed and fenniseede. but lett ther be twice so much Comin as fenniseed Boile these powders in the butter ~~and~~ and waxe vpon a soft fiear a good while together then put in ye iuyce or and lett it boile a walme or two. then stir it altogether till it be coold. When you are to vse it spread it and lay it to the coddes as hott as ye may suffer it and vse it till he be hole. this plaister is most expedient for a child that is burst on the stabill

My Lady of Buckhurst Receipt

A Pultesse for a Soore legg that is swolne.

Take 2. handfulles of Brookelyme as much of Malloes the like quantity of Violett leaues, shreade all these togeather and boile them in a pinte of water and as much of Milke putt thereto a quartter of a pounde of Sheepes tallowe let them boile halfe an hower togeather, then putt into it one handfull of redd Rose leaues and as much Otemeale well bruised, it must seeth vntill it be very thicke then spreade it vpon a clothe and so applied to the legge, the wounde beynge still couered with a plaister It must not be removed vntill it hathe lyen 24. howers.

A Pultesse for a legge that is swolne and is harde and colde and whereof there is no skynn broken.

Take of the toppes of Wallwoorte and Camomele of eche 4. great handfulles, shridd them a litle and putt thereto 4 great handfulles of redd Rose leaues. Boyle all these togeather in fayre water vntill they be very tender, then putt thereto a good dishefull of Cowe dounge that is newe made, and so lett it boyle vntill it be so thicke that you may spreade it vpon a clothe, and so laye it to the Patientes legg warme and chaynge it once in 24 howers and in 5. tymes dressinge it will assuredlye helpe.

A Pultesse for a legge that is wrenched.

Take a good quantity of Smalleage Brookelyme and Camomele. Choppe them togeather and boile them in Vrine and water with a good quantity of Sheepes tallowe vntill they be very thicke, then putt in a litle whoote Brann and styrr them togeather, Spreade it vpon a clothe and applye it to the place that is hurte.

A Bathe for a legg that is swolne with colde.

Take a good handfull of Rosemary, as much of Sage the like quantity of Thyme, as much of Isoppe, and as much of Mantyn as of all the rest Boile all these togeather in running water about halfe an hower then goure them into a Bole and into the Bathe you must putt a wooden dishe with the bottome vpwarde in such sorte as the Patientes peele may rest vpon it without towchinge the Water. Then must a Sheete and a warme clothe be cast ouer his legge to keepe in the heate, that doen wipe the legg with warme clothes and lapp it vpp very warme, and after lett hym lye on a Bedd 2. or 3. howers.

A Bathe for the Droppsye in the Legges

Take 2. Bricke and heate them in the fyer redd hott then quench them in water and take Wallwoorte otherwise called Danewoorte or grounde Elder, and ouer a good quantity of the Hearte lay the Bricke you must likewise laye some Wallwoorte ouer the Bricke. Note that this must be doen in a tubbe, the Patientes legges beynge sett vpon the Hearbes where he must sweate an hower, then wipe the Legges and lapp them vpp warme, and lay the Patient to rest quietlye on his bedd the space of two howers.

A Medecine for Legges that ar swolne with the Droppsye and chaunge not colour.

Make a very stronge Bryne of faye Salte then seeth it and skumm it cleane putt thereto 3. or 4. handfulles of Water Crosses and 2. or 3. handfulles of wheaten Brann, and so lett them boile togeather a good space. Then take 2. peeces of White Cottone fitt to come about the Legges and wett them in the Lyquor and lay them to the Legges as hott as the Patient can suffer it, and as they do coole wett them againe.

in the Lyquor, and thus doe 4 or 5 tymes and then Wringe the clothes very drye and so make them fast about his Legges as hott as you can and let them Lye all nighte and vntill the next nighte and then dresse them in the same sorte againe, thus doe and in 7 or 8 dayes it will helpe.

A souereigne good Medecine for a legge that is poysoned or venomed eyther with Salue Water or otherwise.

Take smale Otemeale and temper it with freshe Butter vntill it be like Doughe, then make it into very thynn caakes betwixt your fyngar and thombe and so lay them vpon the legge one cloose to another so farr as the venominge goethe and if there be a score laye them ouer the Soore on highe vpon the plaister and shifte them once in 24 howers, and in short tyme it will helpe you.

A Medecine for a straine or a Bruse.

Take the softest of newe Cowe dounge putt thereto two penny worth of freshe Butter, halfe a pinte of Milke 4 ownzes of oyle of Roses or Sallett oyle. Sett these ouer a softe fyer a good while and stir them well. There wilbe about the Ryde an oyle wherewith first annoynte well the place greeued then applye a plaister of the otherhott

A Water good to washe any festered Soore or Canker.

Take of Woodbynde leaues of Howselicke and of Sage of eche of these 3 great handfulles and boile them altogeather in runninge Water vntill the Water be very stronge of the hearbes and do looke very yeollowe, then straine it and boile it againe and when it is cloane scummed putt to euery quart of Water a quarter of a pounde of Roche Allome and 3 ownzes of white Copperose and so let it boile

vntill.

vntill the Allome and Copperose be moulten, then scumm it cloane and to euery quart of the Water, putt a pinte of Honnye and let it boile vpon a very softe fyer the space of an hower, and as it doth boyle scumm it cleane, then take it of the fyer, and when it is colde putt it into a vessell that hath a tappe And when you haue occasion to vse it, drawe of it out into some Sawser and warme it before you do washe the Soore therewith, and when you haue washed it dresse it with Lynte and Salue as you see occasion.

An other water for the same purpose.

Take of Egremonye of Plantyn, of Bryer leaues of Rye and of Honnysuckle leaues of eche of these 3 good handfulles Boyle all these togeather in running Water vntill the Water be very stronge of the hearbes and do looke very yeollowe, then straine it and putt to euery quart of the Water a pinte of Honnye a quarter of a pounde of Roche Allome and 3 ownzes of greene Copperose. Then boile the Water vntill one halfe pinte be consumed vpon a very softe fyer and scumm it cleane. When it is colde putt it into a cloose vessell that hath a tappe And drawe it out into a Sawser as you haue occasion to vse it warme it and washe the Soore therewith with a Lynnen clothe But if it be for a very olde Soore boyle your hearbes in the Water of a tann pitt in steede of the runninge Water These Waters thus vsed will continue good all the yeare.

A Medecine for the Shingles.

Take the blode of a Catt or of a Pigeon and annoynte the place therewith and after you haue hearewith lifted the disease dresse it with the Lyntement that is made with Stylehouse and Creame Written hereafter amongst the Lyntementes in this booke) It will both heale and skynn it.

A Medecine to Eate deade fleshe out of any Soore.

Take of white Allome and laye it vppon an hott fyrrshouell and sett it vppon the coales and so lett it boile so longe as it dothe arise vppon Bubles. When it is boyled enoughe it will stand still on a hoape and looke white: When it is colde take it of the fyer shouell and make it in very smale powder and so dresse the Soore therewith.

A Medecine to bringe a greene wounde that gapeth togeather and to cause it to matter.

Take a peece of freshe Beefe of an Inche thicke and broyle it vppon a Griddyron and turne it vntill it be thoroughe hott then slitt it in the middest somewhat more then halfe throughe and so laye it abrode with the insyde vppon the wounde and lett it lye 24. howers and it will bringe the wounde togeather and cause it to matter then dresse it with Salue as you shall see cause.

A Medecine for a Letter that Waters.

Take the iuyce of Sallendine and annoynte it therewith 4. or 5. tymes the daye, and laye an hollowe thinge vppon it to keepe that the clothes touche it not and in shorte tyme it will heale it. Also the iuyce of Bryany berryes that groweth vppon hedges like a wilde Hoppe beynge applied as the other will heale it. And for the drye Letter eyther Mustarde or Inckle will kill it.

A Medecine for an Itche that hath been of longe continuance

Take six Gallons of newe Beere and putt it into a close vessell add thereto a quarter of a pounde of Madder and styrr them well togeather and so lett it stande 7. or 8. dayes vntill it be stale, Then lett the

Patiënt.

Patient drinke thereof euery morninge and euenings and in the after noones. And withall lett the partye euery morninge sytt naked before a good fyer, and lett hym be well rubbed all ouer his Bodye and so the heate of the fyer and the rubbinge will make the Itche to come out. Then take a smothe sticke flatt, and annoynte the Bodye very thyn ouer with Tarre beynge moulten with freshe grease or Sheepes tallowe beynge tryed, and lett hym not putt on his clothes till he be drye This doe by the space of 12. dayes and it will helpe.

A Medecine for the prickinge of a Thorne, and howe to drawe out the same Thorne.

If you can drawe out the Thorne, then laye soft barreled Soope to the place and it will take away the venome and heale it But if you can not gett out the Thorne Take the Kernelles of Hasell Nuttes and chewe them in your mouthe very smale, but wett them not to much then temper them betwixt your fyngers like doughe and so lay it to the place and holde it vppon with your hande vntill it do cleaue to the place, then bynde a clothe vppon it and so lett it lye vntill it do fall of it selfe, the wch will not be, vntill it do bringe out the Thorne and haue healed it.

A Medecine for a Soore called an Ancome.

Take an handfull of Rhewe as much of Sage and the like quantitye of Groundsell, choppe all these togeather, and boyle them in the groundes of Ale, and putt thereto halfe a pounde of Sheepes tallowe beynge shridd very smale, and so lett them boyle the space of one hower styrringe it continuallye, then putt thereto so many of the crommes of Leauened Breade as will make it of a sufficient thicknesse for a Plaister, and spreade it somewhat thicke vppon a clothe

and so laye it to the place no hotter then the Patient can well suffer it, and so lett it lye 24 howers. Dresse it thus as often as you shall see cause. And when it dothe Looke very redd and is withall soffe in some one place Take a shell Snayle and stampe it and spreade it thicke vppon a clothe, and laye it where the soffe place is then couer it with your Plaister as before, and in 24 howers it will breake it, then tent it and dresse it with Salue till it be well.

A Medecine for a Felon.

Take halfe an handfull of Groundsell halfe a spoonefull of bay Salte and a spoonefull of Soote, stampe all these togeather very smale putt thereto the yeolke of a newe laid egge and the like quantity of barreled Sooge, styrr all these well togeather and temper them with so much leauen as will serue to make it like a soffe Salue then dresse the fellon therewith once a daye, and it will rypen it and breake it, and after it is broken will heale it.

An other speciall good Medecine for a Felon.

Take of Rozen the quantitye of a greate Hasell Nutt, putt it into an Oister shell, and sett it vppon the embers till it doe boyle then take a newe laid egg and putt the white cleane out of it, and stirr the yeolke well together in the shell, then poure it into the Rozen as it doth boyle by a litle at a tyme, and as you do putt it in stirr it with a knyfe vntill it do clutter about your knyfe, then laye it with speede vppon a clothe and so clappe it vppon the Felon as it commeth boylinge from the fyer, for vnlesse it be laid on so hott, it will not cleaue to it, and then you must dresse it againe

otherwise

otherwise it will do no good, and when it doth cleaue lett it lye 24 howers, and then dresse it againe in the same sorte that it may cleaue, twice dressinge will breake it, and then dresse it with some good drawinge Salue till it be well.

An other very sufficient Medecine for a Felon.

Take an egge and putt out all the white the yeolke onlye remayning in the Shell, then take the younge Leaues of Mallowes and mynce them very smale and putt them to the egg with the crommes of Leauenned Breade and make it thicke and lay it on the Fellon and a Plantyn Leafe vppon it, and it will both rypen it and drawe out the Core, and when that is doen take an other egg, and putt out the white and putt to the yeolke a litle honnye and thicken it with fyne flower, and applye it as a Salue and it will skinn it this hath bene approued And it is not hurtefull if it be applied to a Whitelowe or a Byle.

A Medecine for the stringinge of an Edder.

Take a Cocke and cleaue hym in the middest so soone as he is killed the feathers beynge vppon hym and laye hym to the place guttes and all before he be colde, and so lett hym lye 7. howers or 8, and then lay an other in the same sorte and it will helpe And withall geue the Patient Tryackle to drincke to keepe the poyson from the Harte.

An other Medecine for one that is stonge with an Edder.

Take Mustarde Seede and bruse it in a woodden dishe with Dragon water, then ogeninge the wounde with a fyne Needle (first bynding the Patient about the place where he is hurte for swellinge any farther) Bathe the Wounde and all about as farr as it is swelled

With the Dragon water and then Lay the Medecine on the wounde
byndinge it on with a fayre clothe And when you drese it againe
annoynte it with Oyle of Roses: Geue the Patient Tryacle and
Dragon water to drincke when you drese it firste.

An other Medecine for the stynginge of an Edder or Snake or any other venemous thinge.

Take a good quantitye of St Johns Woorte and stampe it well,
putt thereto a good prettye quantitye of the best wine Vineger you
can gett and so applye it to the place that is so stonge and it will
presently drawe out the venome and cure it. And for any Beaste
that is stonge about the Vdder or any other parte take rotten
Egges wch it wilbe good to keepe alwayes in a readynesse in some
Gott. Beate the Egges well togeather, and rubb and chafe the place
well for a good space to geather and it will presentlye cure any
such stynginge or venominge dyther in Man or Beaste.

A water or drinke to alter or drive away a Feuer or Agewe

Take 3 or 4 of the rootes of Burres. Washe them cleane and slytt them
and caste them into 3 pintes of good Beere putting vnto them one hand-
full of Fetherfewe, a quarter of an handfull of Camomele as much of
Mouseare and as much of Buckes horne otherwise called hearbe Iuye
growinge flatt to the grounde like a Starr. Washe all the hearbes well
and lett them so boyle altogeather vntill the one halfe thereof be
consumed: Then putt into it one spoonefull of grose Pepper and lett
it boile a Litle after, then saue it in a pott coueringe it close and
keepe it for your vse And one howr before the suspected tyme of the
comminge

comminge of the fytt, take a large draughte thereof as hott as you can
drincke it, and couer your selfe very warme and sweate vppon it. Vse this
3 seuerall tymes and it will by the helpe of God drive the Age we from
you: It hath been experienced.

A water for the Palsye, It is also good to quicken Memorye and to cheare the Sighte.

This you shall fynde written amongst the Waters folio 246.

A Drincke for the Palsye.

Take of Balme Rosemary and Sage of eche of these halfe an handfull
Boyle them togeather with a quart of Garrett Wine vppon a softe
fyer in a Pipkin or Pewter pott vntill halfe a pinte be consumed and
you must boile therewith so many Prymerose flowers as you can take
betwixt your 3 fyngers and the like quantitye of Cowslipp flowers
then putt thereto a Litle Sugar, and so putt altogeather into a pott
and drincke thereof euenynge morninge and at 3 of the clocke in the
after noone and it will helpe you, and you must vse often to rubb
the Noddell of your heade and the nape of your Necke and keepe them
Warme and you shall fynde ease.

A Medecine for the deade Palsye.

Annoynte the place that is taken therewith with Sallettoyle then
strowe thereon Pepper beynge beaten neyther ouersmale nor to greate
then Laye the Patient in such sorte, as all the parte that is greeued may
Lye vppon Nettles, and when there is warmth come to the Lymme take
away the Nettles and annoynte the place with the Oyle that is for
the Palsye and lappe it in warme clothes: Then make tentes of clothe
and wett them in Mustarde and Aquauite well blended togeather
and putt them vpp into the Patientes Noose. This will purge the

heade quicken the sonses and helpe them if it please God Conserue of Lauender flowers and Borrage flowers will greatly availe against the Palsye of the Harte.

A Medecine for the Palsye in the heade.

Take 3 Sage leaues and pricke them with a pynn and laye them in steepe in Aquauite, and in the morninge take firste one of them and lay it vnder the Patientes tounge, and when that hath lyen there a while putt it out and take an other, and so vse them all euery morninge and washe his iawes temples and the nape of his necke with Spyke water, and he shall fynde ease.

An approued Medecine for the Palsye.

Take a Foxe and vncase hym then mynse his flesche as smale and as fyne as is possible, then take a fatt Goose and scalde her very cloane and plucke out her guttes and fyll her Bellye with the same mynsed Foxe and sowe vp the hoole againe that none come out. Putt her vppon a spitt and rost her well and keepe the drippinge thereof close in a neyled pott and annoynte the place therewith where the greefe is and chafe it by the fyer.

An especiall good Medecine for the fallinge Sicknesse.

Take of the Skull of a mans heade and of Hepyonye rootes digged in the latter ende of Februarye of eche one ownze of Bettanye six drammes and of Lauander Spike 3. drammes. The Skull muste be fyled very fyne and beaten very well in a morter. The rootes and Hearbes muste be dryed in the shadowe and then made into smale

powder

powder, and all must be mingled well togeather. The Dose thereof is one dramme at a tyme with Syrupe of Sticados. But first the Patient must be purged with this receipte followinge viz Take of the rootes of Polypodye greene of the like half an ownze made very cloane and scraped, and of Diaphanicon (wch is a compounde in the Apothecaryes shoppes) six Drammes. The Polypodye muste be beaten in a stone porter vntill they be in fyne past and then mingled with Diaphanicon and so made in morselles and taken with powder of Sugar. This Purgation must be taken 3. dayes togeather and then for 14. dayes the Medecine before written then the Purgation againe and then the Medecine and so to continue 3. courses. The best tyme to take it is in the beginning of the Springe, when the Sonn is new entered into the Signe Aries. Neuerthelesse it hath had good successe at other tymes.

A Medecine to staye the Emerodes.

Take the Powders of Bole Armenicke Terre Sigillate and of Sanguinis Draconis eche a like quantity. Putt the weighte of 3. Pense of this powder to a litle white of an egge and beate it well togeather, Spreade it vppon a clothe and applye it to the place and once a day make a newe Plaister. But if you perceaue them to looke blacke, then take away the Plaister for feare of to sodaine stayinge them. It is good also for the Emerodes to take a good handfull of yearrowe stampe it and straine it with Beere or Ale and drinke thereof colde morninge and eueninge.

A Medecine for such as make water like cloare Blode.

Take a good handfull of Bettonye boiled in newe milke of a Cowe that hath not been at Bull and drincke it warme euerye morninge and eueninge.

A Medecine for the fallinge of the Mother.

Take a litle quantitye of Balastians wch is Pomegranett ~~Seede~~ flowers and so much of Cypresse Nutes, and all beynge beatten into fyne Powder boyle them in Water, and With the Same Water Warme Washe the place Eueninge and morninge and dipp blacke Woole in it and applye it thereunto after the Washinge.

A Medecine for heate in the Kidneyes.

Take the Leaues of Hondbane and roste them in Docke leaues till they be very softe, then take them out of the Dock leaues and putt to them the White of an egg, Woemans milke some redd Rose Water and a litle white ~~wine~~ Vinegar. Beate these altogeather with a Spoone, till it be like a Salue, then sprende it on a clothe and when you goe to bedd lay it colde to the place where the paine is and pym a doble clothe vppon it. Vse thus to do sometyme when you feele any heate.

A Medecine for the Tympanye.

Take the Berryes of Elders when they be black rype and drye them in the Sonne and then rubb them and putt a waye all but the white Seede that is within them, and when it is drye beate them into powder and geue the Patient therof to drinck in White wine or Ale fastinge 14. dayes togeather.

A Medecine for Scaldinge or Burninge and to take away the Heate.

Take Sage and seethe it in runninge water and therewithall washe the Wounde and it will take away the heate immediatelye

Then

Then take Sage and Hartes tounge and Sheepes dounge and frye it with Sheepes sewett, and annoyte the Wounde ~~with~~ a feather and let it lye still Then take Sheepes dounge dryed into powder and strowe it thereon twice a daye and annoynte it as ofte and take heede of pickinge of any of it away Leaste there be hooles remayninge euer after in the skin And to aswage the stiffnesse when you can aprde it no longer Bathe it a Litle with Sage water But the lesse bathinge the sooner it will heale.

A Medecine for Legges that ar swolne.

Take a good quantitye of the white Mosse that growethe on an olde Ake. Boile it in water and bay salte and then wringe it drye and apply it to the legges with a clothe to keepe it close to and it will aswage the swellinge.

A Medecine for Knobbes that growe in the flesh beginninge like wirtes sometymes runninge in Stacrett places.

Take the iuyce of Slowes when they growe blacke and washe the place therewith.

For a paine in the Joynte called in the Northe the Worme.

Take of the roote of Rirecole otherwise called Horse radish and the earthe beynge Cleane rubbed from it, bruse it in a morter till it be like paste, then sprende it somewhat thicke vppon a course Clothe and applye thereof vnto the place euery 12. howers till you fynde ease.

For the Syatica in the hipp Bone.

Take blacke Soope, and chafe it well into the place before a fyer, both euening and morninge and in a fewe dresinges it will procure ease.

For the drawinge out of any Bone of rustye Iron.

Make a Pultesse of redd wine and wheate Brann, and applye it to the place, and it will drawe out any such Venome.

To keepe the byting of a madd Dogge from ranckling.

Take Betonye Egremonye Plantiyn and rustye Bacon beate thom fyne togeather, and lay it vnto the place bitten. See for byting fol. 247.

For the Ague in a woemans Breste.

Take a pinte of Honnye and as much Groundsell as will make halfe a pinte of iuyce. Boyle the iuyce and the honny togeather till it be somewhat thick. Sprade so much as will serue for once bappe a lynnen clothe and applye it to the place somewhat warme, renuynge it once in 24. howers.

A Medecine for a Felon.

Take Rue a good quantitye: Boile it in as much fayre water as will make it tender, then thicken it with Otemeale or crumbes of Breade. When it is boiled take it of and putt thereto two spoonefulles of freshe grease and applye it warme. Also roule Houndes tounge in a paper and roste it in the embers as it were a roste and applye it to the Felon somewhat warme. Renewe this once in 12. or 24. howers, this will eyther asswage it or breake it, and after it is broken apply any ordinary Salue thereto.

A Medecine or Water for a Tetter.

Take Gumme Arabicke one dramme Sal Armoniake 2. drammes beate them to powder, and putt them to 6. ownzes of white vinegar and boile all togeather vntill halfe be consumed, then straine it and putt it into a glasse and washe the tetter therewith.

A Medecine for the Dropsye.

Take to two gallons of Ale woorte one pounde of Guacum woode: Boile it till a quart be consumed, then vse it after it is strained with Ale yeasle as you do Ale, and when it is so olde as it leaueth working drincke of it at all tymes and in the space of 3. weeke it will helpe as it hath been experienced in many thoughte past cure.

An other Medecine or drincke good for the Dropsye.

Take two gallons of Ale or Beere, putt thereto two handfulles of Ellycampane roofes as much of Wormewoode of Rue as much of Louage as much, a pounde and an halfe of Annyseedes a pounde of Lycorose a quarterne of an ownze of Colloquintida and a pinte of Honnye Seethe all these togeather vntill the halfe be consumed, and vse it at all tymes.

A Medecine for the greene Sicknesse.

Take halfe a pounde of Reysons of the Sonn, 3. ownzes of Lycorose scraped slyced and somewhat bruised, as much of Annyseedes an handfull of Cammomele an handfull of Costmarye an handfull of Sorrell an handfull of Violett leaues and an handfull of french mallowes or other if they cannot be gott: Sett all these be infused in six quartes of runninge water 12 howers and then sett it boile on a soffe fyer, the vessell beynge close stopped tyll halfe the lyquor be consumed. Then sett it by close stopped till it be colde then straine it and putt it into a Bottell and take thertof euery morninge before you aryse the thirde part of a pinte and sweate gentlye if it offer it selfe.

An Electuarye for the fallinge Sicknesse.

Take Peiritrum Costus rootes Stecados of euery one 10. drammes Agaricke 5. drammes Dillseede Assafoetida Aristologhe rotonda of euerye one 2. drammes and an halfe. Iuyce of Savillee clarefyed Honnye of eche 14. ownzes. Boile them on a soffe fyer vntill it be meetelye thicke. Afterwardes when it beginneth to coole mixe the other ingredience with it, and take of it euery morninge 3. drammes and for a childe 2. will suffice and faste 4. howers after.

A Medecine for any extremitye of the Whittes

Take one ownze of Venice Turpentine well washed in Plantyn water, Rubarbe 4. drammes made into powder. Sugar 2. ownzes Cynamome one ownze made into powder. Mingle them togather and take of it first and last three Pilles of the bignesse of Pease and in the morninge after it, take on the pointe of a knyfe, a litle Diascordium and a good draughte of a Verges posett hott to washe it downe and fast after it one power and take heede of straynyng them by Lyftes or such like. The Posett and Diascordium must be vsed onlye after the pille in the mornings Vse this 3. or 4. dayes, and if you fynde it begynn to stay vse it the longer. Otherwist leaue it and after some 3. dayes vse it againe till you fynde ease.

A Medecine for the fallinge of the Mother

First bathe the place very cleane with warme milke and presently after lay a plaister on the place made of blewe Beanes beaten to fyne flower, and then so much wine vineger as will make it spreade. Shifte it once euery 24. howers till it goe vpp.

A Medecine for the rysinge of the Mother.

Take chickweede and lay it as thick as your fingar and as longe and brode as a large hand, then laye on whole Mace on it, after more chickweede and more Mace and at last the Herbe as at first. Then lay it to heate betweene two tyles till it be somewhat yellowe and then in a thynn Lynnen clothe laye it to the syde somethinge higher then the mother is and lett it lye 12. howers and it will very seone cause it to fall to the righte place. This is to be vsed eyther when the fitt is come, or that they feate the commings of it.

A Medecine for a childe broken out with the itche all ouer.

Take Sallendine and stampe it and straine it and mingle the iuyce thereof and redd wine ~~together~~ vinegar togather and so annoynte the childe morninge and euenings before the fyer. And in no wise putt not of the Scurfe that will aryse, till it fall of it selfe. Frye first by some part of the bodye, and if it do that good then vse it to his face.

A Medecine, to

Take of white Amber three penny weighte of very fyne Cynamome fower penny weighte and somewhat more. Beate them fyne eche one by them selues into fyne powder. Then take 6. or 7. spoonefulles of good Gascoyne wine Clarrett putt it into a faire pottinger. Then putt the powders into it, and with a spoone stirr it well that it runn not in lumpes, and heate it luke warme, and lett it be dronicke of all at one tyme. And by gods grace you shall heare good tydinges shortlye after, it hath been approued.

An other Medecine for the same.

Take the Canes of the Cashia the Cashia beyng taken out, and scrape them cleane and beate them to powder then take 2. parkes of that powder and one part of the powder of Date stones beaten and geue to drincke as much as will lye vpon a pence of sixe pence in any warme thinge.

An other Medecine to procure Throes for the same.

Take as much of the seede of Sauorye as will lye vpon a grote beyng beaten and geue it the party to drincke, in any warme thinge.

An especiall good Medecine for the falling downe of the fundament

Take of Ginger made into fine powder and searzed, strowe thereof on the fundament. then putt it vpp with a fine Lynnen ragg and in a few dresinges it will helpe.

A Medicine for a pushe or a Byle.

Take of grated crummes of white Breade a quantitye of milke and some English Saffron, make therof a Pultesse and apply it warme, it will rypon breake drawe and heale.

A Medecine to alter or driue away an Ague or Feuer

See before 189 Take an handfull of Angelica, as much of the toppes of Rosemary an handfull of redd Sage as much of Stearbegrace, an handfull of Smaleage, as much of Perrywinckle as much of Balme, two pennyworth of Marden haire, a pennyworth of Vnguentum album, an handfull of Baye Salte: choppe all these herbes togeather wth the Vnguentum and bay Salte, and so keepe them in a pott or Boxe, And when you haue occasion to vse it Spreade some of it on a clothe and lay it to bothe the wristes the nighte before the fitt shoulde come, and also renew it an howre before the fitt come. And when, the fitt is altered or staied, it will be good to purge gently or take some vomitt to remoue or auoyde the cause. And for a childe take Venice Turpentine, well washed in redd Rose water, and spreade it vpon leather, and after strewe thereon Olybanum and applye it to the wristes.

A Powder good for

Take of Bruskye rootes two ounces Of Salsa perilla one ounce of Iris rootes fower scruples of Sinne one ounce and an halfe Of Turbith white and gummye three drammes of Caraway soode two drammes and an halfe beate them all into fyne powder.

A Brothe for those that ar sicke of an hott Feuer.

Take the knockle of Veale, and the knockle bones of Mutton beynge chopped. Boyle these in a pipkin with a gallon of water and after they be cleane skummed Lett them symber vpon a softe fyer the space of an howre, then putt thereto a good Fennell roote and 3. or 4. Perselye rootes cleane scraped and pithed, and of Violett leaues Strawberry leaues, Endeuie Borrage and Buglasse of ech of these a like quantitye, and of Currantes a quarter of a Pounde the like quantitye of Reysons the stones beyng taken out and 12. Prunes likewise stoned. Choppe all this fruite togeather and putt it into your Brothe, add thereto the bottome of a Manchett and so Lett it symber vpon a very softe fyer, the space of two howers, then season it with Salte, and putt thereto halfe a pinte of frenche wine (if you haue it) with a litle Sugar, if not then putt thereto 3. spoonefulles of Vineger, beynge made somewhat pleasant with Sugar, and the powder of a Nuttmegge or a litle Mace or Pepper whiche the partye best liketh or none of them if he do like it without. Lett it symber a litle after all these be therein, then take it from the fyer and straine it throughe a Cullender and take the Bones from that wch stayeth in the Cullender and stampe all the rest togeather in a morter, and straine it withe some of the Brothe. Then warme all the rest of the Brothe vpon coales and blende altogeather, and so putt it vpp as you will keepe it. And when it is colde it wilbe like a Jellye. In the winter it will keepe a weeke, in Sommer 3. or 4. dayes. Warme it when you geue it to the Patient.

A Culles for those that ar weake, to be taken as ofte as their Stomakes will serue.

Take the 4. knockle bones of a Mutton beyng chopped and Boyle them in a pipkin with 3. pintes of water, and when it is cleane skummed lett it boyle leasurelye the space of an hower and an halfe, then putt thereto a Little Thyme and Perselye bounde in a bunche, no bigger then your little fynger. Then take a Chicken and putt Perselye in the bellye of it with 3. or 4. whole Maces and putt it into the Brothe with the Heade Feete Lyuer and Gizorne and so Lett it boile againe Vntill the Chicken be tender, and season it with Salte. Then take fortye Almondes and grynde them in a morter with a Little of the Brothe Vntill they be Very smale. Putt your Chicken and all the hearbes thereto, and stampe the bones and all together Vntill the Chicken be Very smale. Then straine it with all the Brothe into a Platter, and sett it Vppon a chafingdish of coales to warme and putt thereto 3. spoonefulles of Redd Rose water with a little Sugar and so geue it to the Patient. It will continue good but 24. howers.

A sharpe Brothe for those that be sick of any disease.

Take a chine of Mutton or some other Bones such as be not fatt chopp them smale, and boile them in faire water, and when it is cleane skummed lett it symber Vppon a softe fyer the space of an hower, and when it hath so done, putt thereto of Perseley Endeeue Borrage Buglasse and a branche of Thyme of eche a like quantitye all bounde.

bounde in a fagott tograther, then lett it boile againe the space of an hower and an halfe, and when it hath so done season it with Salte and putt thereto eyther Gooseberryes Barberies or Grapes as the tyme of the yeare shall serue, then thicken it with the yeolkes of two egges beyng strained with a Little Verges or Vineger with a little Sugar. Putt it into your Brothe and stirr it well butt lett it not seethe. After you may putt in such Spice as is most fytt for the Sicknesse. And you may boile a Chicken therein with the Mutton for the Patient to eate if you please.

A Brothe for those that be weake with Sicknesse.

Take a good Capon of two yeares olde beyng well fleshed but not very fatt, dresse hym as you wouldde do to boyle Leauinge the Heade and the Legges at the bodye. Then fyll the Belly full of Currantes blended with an ownze of Mace, and sowe Vpp the bellye. you must haue a pipkin on the fyer with a gallon of water and when it doth seethe putt in your Capon with the Breste downewards and when it is cleane skummed, lett it symber Vppon a Very softe fyer the space of two howers, then putt thereto a branch of Rosemarye two Borrage rootes slyced and a good cruste of Manchett, and so let it boyle very leasurelye the space of 3. howers more Vntill the Brothe be consumed to a quart or thereabout, but stirr not your Brothe in any wise for breakinge the Capon, then season your brothe with Salte and a Little bruised Pepper, and hauing thus done take it from the fyer, and powre your Brothe as cleane as you can from the Capon, into such a thinge as you do meane to keepe it in. And when it is colde it wilbe like a yeollowe Jellye. Then you may geue it,

warmed to the Patient as you shall see cause But warme no more thereof at once then you do meane to spend at that tyme you may bestowe your Capon at your pleasure.

A Brothe good for those that haue a great weakneſse in theire Backe the wch commeth with an extrieme Skouringe. It will strengthen the Bodye and staye any kinde of Loosenesse or Fluxxe.

Take a good Legg of Mutton and beynge ioynted putt it into a pott with a gallon and an halfe of water, and when it doth boyle and is cleane skummed lett it symber vppon a soffe fyer the space of two howers then putt thereto an olde Cunny chopped in three or 4. peeces and the bones broken, all saueing the heade and when it hath boyled againe and been cleane scummed lett it symber one hower more. Putt thereto three handfulles of Basyll myntes. or of Spettemyntes or of white myntes and when you haue putt these thereto lett it boile a litle after stirringe it well togeather, Then putt thereto a pinte of Ryce beyng boiled as it were for Pottage and an ownze of Cynamome broken in smale sticke, stirr it well togeather, and so sett it on the symbers the space of two howers and stirr it often as it doth boyle the last two howers. Then season it with Salte and a litle grosse Pepper and so straine it throughe a Cullender into such a vessell as you do meane to keepe it in. and geue it warmed to the Patient, as you shall see occasion. This Brothe will keepe good 5. or 6. dayes.

An other.

An other Brothe good for the same purposes.

Take a redd Cocke of an yeare and an halfe olde. Pluck hym aliue and brate hym with a rodd vntill the bloode do appeare thorough the skinn, then breake his necke and drawe hym. Choppe hym in pittes and so putt hym vnwashed bloode and all into a Pipkin with a gallon of water, the Legges and heade beynge cutt of: and when it doth boyle scumm it cleane and lett it symber vppon a very soffe fyer the space of an hower and an halfe then putt thereto of Egremonye, Scabious, Borrage, Buglasse, Neppe Clarye Comfreye and white Archaungell of eche of these halfe an handfull, and so lett it symber halfe an hower more: then putt thereto a quarter of a Pounde of Currantes, halfe a pounde of Reysons of the Sonn the stones beynge taken out halfe a pounde of Prunes and two Nuttmegges beynge cutt in smale peeces. Putt all these into your Brothe and so lett it symber 3 howers more vntill the Brothe be consumed to a pinte and an halfe Season it with Salte and straine it throughe a Cullender stampe all that remayneth in the Cullender very smale and straine it with the Brothe throughe a strainer into a Bason then sett it vppon a chafingdish of coales vntill it be readye to boyle stirringe it well togeather. Geue thereof to the Patient twelue Spoonefulles at a tyme. beynge warmed. This will keepe good a Seauennighte with good vsage.

A Brothe called a Grewell good for those that haue the greefe of the Spleene.

Take fower good peeces of the better end of a racke of mutton and boile it in a pipkin with a reasonable quantity of water and when it is cleane scummed Lett it symber vppon a softe fyer the space of an hower, then putt thereto a peece of a Fennell rote and two Perseley rootes pithed and of Borrage and Buglasse of eche an handfull and as much of Pennyroyall Bynde all these togeather and putt them into the Brothe and lett it symber an hower more, then take vp your Hearbes and wringe them ouer the Brothe, then putt into the Brothe so much bruised Otemeale steeped in water an hower before, as will serue to thicken it withall and lett it symber an hower more, then season it with Salte, and putt thereto a litle bruised Pepper and a fewe Cloues and Mace with so much Saffron as will a litle chaunge the colour of it, then stirr it well togeather, and so putt it vp into a vessell and geue thereof to the Patient warmed and lett hym eate thereof at his pleasure, and in tyme he shall fynde ease.

A Brothe for those that be enteringe into a Consumption and will preserue them from it if it be taken in tyme and continued withall so longe as occasion shall require.

Take the shynn Bone of a Beefe from the knee vpwarde to the next iointe of the forelegge. Choppe the flesshe and bones togeather and

boyle it in two gallons of water, and when it is cleane scummed lett it symber vppon a softe fyer the space of two howers, then putt thereto the hynder quarters of an olde Cunnye, 3. or 4. knockle bones of Mutton, and a younge Cocke of a quarter olde the bones of them all beyng broken. Putt these into the Brothe and lett it symber halfe an hower more Then take of Borrage Buglasse Endeeue Egrimonye and Sowethistles of eche an handfull and of Thyme and Perseley of eche a like to the quantity of halfe an handfull in all, putt all these into the Brothe and lett it symber an hower more Then take a pounde of greate Reysons the stones beyng taken out, halfe a pounde of Prunes a quarter of a pounde of Currantes and 8. Dates: Shridd all these togeather and putt thereto a fewe whole Mace. Putt all these into the Brothe, and lett it symber an hower and an halfe more. Then season it with Salte and strraine it throughe a strayner, wringe it not, butt lett it run cleare so longe as there will any moisture come from it, then put it into such a vessell as you do meane to keepe it in. And when you geue thereof to the Patient, take so much of it as you do meane to geue hym at one tyme, and when it is warme straine it with 20. Almondes beyng grounde smale and so geue it to the Patient as warme as he shall like to take it. This will keepe good a weeke.

A good Brothe for those that ar in a Consumption, but especially for the Consumption that is taken after an hott Feuer.

Take an hynder quarter of good large Mutton and roste it wth a softe fyer vntill it be more then halfe enoughe then scotche it and pricke it with two knives, beyng vppon the Spytt and make

haste whilest it is hott, and lett the Grauye run out into a platter, as much as you can gott of it. Then sott the grauye vppon a chafingdish of cooles and scumm the fatt as cleane of as you can with a Spoone, season it with Salte and putt thereto halfe a pinte of French wine, and if you haue none of that then halfe a pinte of the smallest Clarrett wine you can gott and halfe a pinte of redd Rose water and a sticke of Cynamone of the lenghte of your hand broken into smale peeces, and lett it boile halfe an hower vppon the cooles then putt thereto one sponefull of wine Vineger, and so much Sugar as will make it plousant. Then putt it vpp altogether into such a vessell as you do meane to keepe it in. Geue thereof to the Ratient to drinck warmed three tymes a day and 4. or 5. spoonefulles at a tyme. Continue this as you shall fynde occasion.

A very comfortable receipte for those that haue paine in theire Backes. It will staye the Bodye that is troubled withe any kinde of Fluxe or with the wast of Nature.

Take a redd Cocke of a yeare and halfe olde beynge plucked and drawen, chogg hym in peeces and bruse the bones well, then putt hym into a pewter pott of a Pottell vnwashed with the bloode feete heade and all and throwe thereon halfe a spoonefull of Salte, putt thereto a pinte of Muscadell halfe a pinte of redd Rose water, 6. Dates cutt in peeces and three or fower Maces

Then

then shake all these well togeather in your pott, you may putt thereto what golde you please more or lese but the more you doe putt in, the more effectually it will worke. Then past downe the couer of your pott, and tye a clothe so cloose about it that no ayre goe eyther in or out. Sott it into a Kettell or pott of seething water vpp to the neck, and lett it so boile contynually the space of 24 howers, and as the water doth wast fyll vpp your Kettell againe with hott water, then take out the pott and poure it into a strayner and lett the lyquor run into a vessell so longe as it will run but wringe it not. Then putt it vpp as you will keepe it. Geue the Patient thereof warmed 3. or 4. spoonefulles at a tyme and continue it as you shall see cause, and it will ease you shall haue as much liquor when it is strayned as you did putt into the pott. This is called the distillinge of a Cocke.

An other way to distill a Cocke for those that ar in an hott Consumption.

Take a redd Cocke of an yeare and halfe olde beynge plucked drawen chogged in peeces all the boones broken and putt hym into a pewter pott of a pottell vnwashed with the bloode feete heade and all as in the former distillation and throwe thereon halfe a spoonefull of Salte. Then putt thereto halfe a pinte of frenche wine or of smale clarrett wine, of Borrage water halfe a pinte and as much of Buglasse water, 40 Reisons of the Sonn the stones taken out, two spoonefulles of Currantes three Dates and one Nuttmegg. Shredd all these frutes togeather and so

putt them into your pott. Then take of Endeeue Borrage and Buglasse of eche of these six Leaues and lay the one halfe of them vnder your Cocke in the pott, and the other halfe on highe vpon the Cocke and putt thereto one spoonefull of good wine Vineger and so muche Sugar as the toppe of your thombe, then past the couer of your pott downe and binde it as close as you can. Sett it in a kettle of water that seethethe vpp to the neck and lett it boile continually e the space of 12. howers, and as the water in the kettell doth waste fyll it vpp againe with hott water, then take it of the fyer and strain it as in the former distillation and putt it vpp in a fytt Vessell for your Vse. Geue thereof to the partye warmed 3. or 4. spoonefulles at a tyme and continue it as you fynde cause; it is very effectuall you shall haue as much Liquor when it is strained as you did putt into your pott.

An other way to distill a Cock good for those that ar broughte weake with an Ygeawe or such like Sicknesse.

Take a younge Cocke of a quarter olde beyng plucked drawen and washed, chopp hym very smale the bones Legges with the heade and all, putt it into a pewter Boole and sett it within your Still and putt thereto a quart of Milke warme from the Cowe, six spoonefulles of redd Rose water and of Egremonye Scabious Borrage Buglasse and redd Rose Leaues of eche halfe an handfull and distill them altogether and keepe the water for your Vse. Geue the Patient thereof in Brothe Capodle or Alebery 4. or 5. spoonefulles at a tyme and sometyme lett hym drinck thereof alone with a litle Sugar. It is very norishinge and good to putt away Melancholye.

A speciall

A speciall good distillation for those that ar in a burninge Feuer.

Take a quart of redd wine and a quart of Milke distill them togeather and lett the party drinck of the water thereof as much and as often as he will It will kill the heate and bringe the Bodye into good temper.

The distillation of a Pigg very good for those that ar weake and fayne, and yet not Sicke but many tymes distempered with Heate.

Take a Pigg of 12. dayes olde or thereabouts beyng scalded garbished and washed, and take the 4. quarters and the feete thereof and washe them in a pinte of white wine one after an other and lett them lye and sooke a litle in the wine, then dry them with a fayre dry clothe and rubb them ouer with a spoonefull of Salte, then putt them into a pewter pott of a pottell and lay halfe an handfull of Sage vnder them in the pott then putt thereto a pinte of white wine, as much of fayre water an ounze of Cynamome broken in smale peeces two spoonefulles of wine Vineger and as much Sugar as a good fyle. Putt all these togeather into your pott, and lay halfe an handfull of Sage on highe vpon the topp of all. Then stopp vpp your pott cloose as in the former distillations and so sett it in a kettle of seethinge water vpp to the neck and lett it boile continually e the space of 14 howers and as the water wasteth fyll it vpp againe with hott water, then poure it into a strayner, and lett it run without woringinge vntill it be run drye then keepe it. Geue the Patient therof warmed 5. or 6. spoonefulles at a tyme, as often as he will. Continue it as longe as you please and it will procure ease and helpe.

A Brothe to be used and taken in the morninges of those that ar fallinge into a Consumption.

Take a legg of Veale of the best that may be gotten cutt of all the fatt, and washe it very cleane, then putt it into a pott of water, wch water must be a gallon. Sett it on the fyer scumminge it so longe as you shall see eyther fatt or skumm rysing thereon. Then putt thereto fower great spoonfulles of frenche Barlye, which must be ordered after this manner. Laye it all nighte in the quantity of a quart of water, in the morninge taking it out washe it twice or thrice in faire water till it be very cleane, then putt it into a pott of water, and lett it seeth by it selfe vntill such tyme as the Barlye be swolne to the vttermost. The Barly boynge thus vsed must be cleane taken out of the watter and putt into the lyquor whereof this Brothe is to be made addinge thereunto these hearbes and rootes followinge Take of the rootes of Fennell, Perselye and Succorye (the pithes beynge taken out and the rootes cleane scraped and washed of eche of them beyng not to olde fower rootes. Of Scabious Egremonye Bittony Strawberry leaues Violett leaues Thyme Rosemary, of eche of these a bunche as bigg as a mans thombe if they were bounde togeather, all wch must be putt loose into the pott, with a quarter of a pounde of Reysons of the Sonn stoned and as much of Currantes. 12 Damaske Prunes 4. or 5. greate Mace, 10. or 12. Pepper cornes cutt in halfe or quartered.

quartered, and one Nuttmegg cutt in thyn peeces (this nutmegg only must not be putt in till the Brothe be almost soddon) all these must be boyled with a softe fyer the space of 3. howers in wch tyme the state of the moate and hearbes wilbe boyled out, you may putt a litle Salte into it if you thinck good. This doen take out the Veale and the hearbes from the Brothe as neare as you may, and straine the Brothe into a fayre earthen pott and reserue it for your vse It will last if it be well made 2. or 3. dayes The best taking of it is in the morninge two howers after you ar ryson and likewise at 4. of the clocke in the after noone, at both wch tymes you must take the quantity of halfe a pinte as hott as you can suffer it, without eyther Brade or any other thinge in it. If you cannot gett these hearbes greene you may have them at the Apothecaryes dryed, wch will stand you in as good steede.

A very comfortable Brothe for any weakneese.

Take to a good bigg Chicken 3. quarts of water and lett it seethe on the fyer keepinge it well scummed. Then take one handfull of Scabious as much of Endeeue, halfe an handfull of Succhory as much of Egremonye as much of Maydenheare a good quantitye of Cuerworte Of Fennell rootes 3. Of Perselye rootes as many Of yeollow Docke rootes two, and those must be well washed and scraped and the pithe cleane taken out of them. Then take one handfull of Prunes one handfull of Reysons of the Sonn, as many of Currantes and a quantitye of whole Mace. Euery of these fruytes must be washed very cleane and then putt with the rest into the pott. Lett all stewe togeather a good while and then putt to them

the bottome of a Manchett. Then lett all seeth togeather till the Brothe begynn to chaunge to a reddish colour, and be not in quantitye past one quart and so straine the same and kepe it. Continue this Brothe 14. dayes togeather. It must be taken lukewarme once in the morninge and againe one hower before Supper.

An other like restorytiue Brothe.

Take to a large Legg of Veale choppe in gobbetts bones and all two gallons of water, When it hath boyled a while and is cleane scummed putt thereto a good Platter full of these hearbes followinge cleane washed and picked. Viz. Maydenheare Scabyous Egrymonye, Lyuerworte, Endeeue, Succhorye, Borrage, Buglase Straweberry leaues, Cynquefoyle leaues and Spinage. After these hearbes so putt in haue boiled a pretty while putt in halfe a pounde of Currants and some 8. or 10. frenche Prunes to sharpenn it, and so much Salte as may conueniently season it. Then slack your fyer and lett it boile or symber softely the space of 7. howers Vncoueringe it once in halfe an hower and stirringe it well from the bottome for feare of syttinge to. Then lett it runn throughe a straynor, and when it is colde it woilbe like a Jellye, take awaye the fatt and vse a reasonable quantitye luke warme in the morninge and one hower before Supper. It may be taken oftener as the Patienkes stomake doth like thereof. It will keepe well 5. or 6. dayes. It will not be amisse to add the Fennell Porselye and Docke rootes conteyned in the former Brothe to this Brothe also, and you shall fynde it very restorytiue in operation.

China Brothe to rectefye the distempor of partes correct malignitye of Humors, and consequently, to restore your losse of Substance and Strengthe

Take of the China woode thynn pared and slyced one ounze, lett it steepe 6. or 7. howers at least in 4. pintes of the best Springe water, standinge in hott embers in an earthen pott close stopped. Then putt ~~vnto~~ it 3. or 4. of the largest Maces, of Fennell rootes elect and prepared the weighte of 3. Shillinges, Of the best Reysons of the Sonn stoned halfe a score. Of the toppes of mother Thyme; Of the leaues of woode Bittanye, Of Startstounge. Of Lyuerworte, Of Maydenheare, eche halfe a smale ~~handfull~~: Of the flowers of Marygoldes, Of Buglase Of Borrage eche as much and one branche of Rosemarye lett all these hearbes be bounde togeather, and when these haue boyled, till a thirde part of the Lyquor be wasted, then take out the hearbes and rootes, and putt into the Lyquor one reasonable bigg Chicken fleshye and well fedde sperboyled before till all the Skynn be taken of and haue boyled a walme or two! when the Chicken is putt in lett it boile with the Chyna leasurely and cloose stopped, with a sticke of Cynamome and fiue graines of grosse Pepper, till the strengthe thereof be sufficiently in the Brothe. Then take out the Chicken and straine the Brothe and drincke a good draughte thereof euery morninge warme and an other two howers before Supper for the space of 9. dayes togeather makinge still newe Brothe, as neede shall requier. The Chicken is not Vnholsome to be eaten of such as can like the taste thereof.

A Brothe to keepe the Backe from slymye causes and from the breedinge of the Stone.

Take a knockle of Veale and a younge Cocke or Pullett, laye them in water to sooke out all the bloode an howe or two and sett them on the fyer, in a gallon and an halfe of water and so scumm it fayre. Then take two ownzes of fronche Barlye and washe it in a litle warme water, and setth it by it selfe in two waters Vntill the reddnesse be gorn, then lett the water dreyne from it, and cast the Barlye into the Brothe where the fleshe is. Then take an ownze of the 4. greate colde Seedes and bruse them grossly in a morter and putt them into the Brothe and therewith 40. Plummes of Sebastian, and 40. Reysons of the Sonn stoned. Then take halfe an ownze of Asparagus rootes the pithe beynge taken out, and as much of Knecholme rootes otherwise called Butchers broome Of Perselye rootes and Fennell rootes the pithe beynge taken out a like quantitye Of Lettice and Purselyne of eche halfe an handfull: Of Borrage and Buglasse leaues and flowers halfe an ownze. you must lett all these seoth togeather, till the fleshe be come from the bones and the brothe like a thynn Jellye, then take the clearest of it, and straine it thorughe an Hippocrase bagg or thicke strayner till it be cleare and so putt it vpp into an Earthen pott It woill continue good 4. dayes When you woill vse it you must take 3. or 4. spoonefulles of this

of this Brothe, and putt to it a spoonefull and an halfe of the Syrupe of Marshe Mallowes and the iuyce of a Lemmon and sett it on the fyer and heate it, and drinck it when it is bloode warme The 4. greate colde Seedes ar these Cowcumbers, Myllions Pompions and Gourdes: The 4. lesser colde Seedes ar these Lettice Purselyne Endeeue and Succhorye.

A Brothe for those that ar greeued with Melancholye.

Take the Knockles of Mutton and chopp them smale and putt them into a Pipkin with three pintes of water and sett them on the fyer, and lett them boile Vntill such tyme as the Brothe doth smell of the meate, and alwayes as the skumm doth arise take it of, and then putt into it a Chicken whole with all the Purtenaunces sauinge the smale Puddinges, and then lett it boile againe and scumm it cleane. Putt into it halfe a dozen leaues of Buglasse, so much of Borrage and of Thyme, halfe a dozen branches of Tamyras and as much Sydrake as you may take vpp betweene your three fynger, and 50. greate Reysons of the Sonn the Stones beynge taken out and a cruste of a Manchett, and so lett it boile softelye Vntill it come to the quantitye of a pinte and season it with a Litle Salte. Then take vpp the Chicken and the Reysons withe the hearbes and stampe them in a morter, and straine it withe the same Brothe and so putt it vpp in a pott and drinche thereof in the morninge and at fower of the clocke in the after noone somewhat warme.

A Mortrelse good to geue to those that are weake.

Take the Brawne of a colde Capon or Henn that hathe been rosted, shridd it very smale all sauinge the Skynn, then take a quarter of a pounde of Almondes beyng blanched. Grinde them in a Morter very smale with a litle Sacke if the Parties stomake be colde or else with white wine, so much as will serue to make them a litle moiste and no more, then putt your meate to them and so grinde them very smale togeather, then putt thereto the yeolkes of two Egges and 3. or 4. spoonefulles of redd Rose water, and when you haue tempered them well togeather driue it throughe a strayner. Then sett it vppon a chafingdish of coales and season it with Salte, and if the Parties stomake be colde putt thereto a litle Cynamome and Ginger, and so much Sugar as will make it pleasant, but if the partye be hott putt only Sugar to it, and so boile it vntill it be come to be as thicke as Almonde Butter, then geue the partye thereof. This will keepe good 3. dayes.

The smoorings of a Capon very restoratiue.

Take a good Capon halfe rosted. Saue all the grauye of it and breake it vpp as to serue, then lay it in a pipkin with the breaste downeworde and putt all the grauye into it. Then take a pintt of Clarrett wine, and putt thereto about two spoonefulles of the very vtter ryne of the Orange (wch is the yeollowest) cutt as fyne as dusse. Putt this wine with the powder of Oranges vppon a chafingdish of

coales

coales and when it dothe seethe, putt into it so much Sugar as may make it pleasant, and so putt all into the Capon and couer the pipkin close, and lett it stewe vntill it be very tender. When it is readye to take vpp, putt in slyced Oranges with Sugar and vppon Sypotts dishe it vpp.

A Barlye creame good for the heate of the Lunges or to be taken in any hott Sicknesse.

Take a quarter of a Pounde of Barlye washe it cleane then boyle it in faire water, and when the water looketh redd, shifte it into hott water and so boile it againe, this do so longe as the water doth chaunge to redd. Then putt thereto a Fennell roote and 2. or 3. Parsely rootes beyngs pithed and scraped, and so lett it boile vntill it be very thicke like Firumentye, then take it of putt it into a bason or earthen vessell and so lett it stand all nighte. Then take a quarter of a pounde of Almondes blanche them in colde water and grinde them in a morter, with 5. or 6. spoonefulles of the boyled Barlye with the Lyquor vntill the Almondes be very smale then straine it with this water followinge. Take of Violett leaues of Cyngefoile of Strawberry leaues and of Endeeue of eche a like quantity so that you haue of them all to the quantity of a greate handfull. Boyle these altogeather in faire water with a good Lycorise sticke cleane scraped and brused, and when it hath boyled well straine your Almondes therewith. This proportion of Almondes and Barlye will serue to make a pinte of Creame. And when it is strained putt thereto 3. or spoonefulles of redd Rose water, and so much Sugar as will make it pleasant, and so drincke thereof warmed in the morninge, at

after noone and goynge to bedd. you must drincke it lowsurly this pinte wilbe sufficient for one daye, the rest of the boyled Barlye will serue twice or thrice more or perhappes oftener.

A Cawdell of Almondes good for those that haue a weakneese in theire Backes.

Take a quarter of a pounde of Almondes boynge blanched and 3. Dates, grinde these very smale togeather, with a litle Ale, then straine them with halfe a pinte of Muscadell and a pinte of Ale, and putt thereto a grated Nuttmegge and a litle Sugar and so boile it, and lett the Patient eate thereof as much and as offten as he will, and in tyme he shall fynde ease.

A Cawdell good for those that ar troubled with a greate dryneese.

Take a pinte of white wine or of Rennish wine and somewhat more of watter, putt them togeather and straine them with so much Otemeale as will make it to looke white then boile it the space of halfe an hower and putt thereto a grated Nuttmegg and so much Sugar as will make it pleasant. Then lett the Patient eate thereof as much and as offten as he will and in shorte tyme he shall fynde good thereby.

An excellent water good for a Surfett approued by my selfe and others.

Take of Scordion of Saluia, of Angelica, of Balmo of eche, six handfulles: Of Carduus benedictus, of Sorrell of the woode, of Tansey wth toppes and all of eche fower handfulles: Of Redshankes, of Walnutt Leaues and nuttes when they ar very younge, Of Herbegrace Of Rosmary of Pennyriall of Burnott of eche thrie handfulles: Of wilde reddish rootes and leaues, of Dicbanders, of Draggon of Saxifrage. Of Thyme, of Scabious, of Bitonye of Buglosse of Borage of eche two handfulles. Of Spearmynte of Flowers of Rosmarye Of Redroses Of Violettes of Camomile of eche ~~three handfulles~~. Of Anisseedes three Pounde, Of Licorise two Pounde. Of the Inner Pelles of Lemmons dried two ownzes: All those Hearbes must be sett on a bourde in the shaddowe for the space of three dayes in an open chamber and when the moistnes is partlye consumed but not to drye; then putt all those aforesaid ~~ioiis~~ stronge Spanishe Wine or mightye Strong ~~Ale~~ in Corne for two or three dayes and stirr it well twice or thrice a daye, and when the Ale hath doen workinge, distill all in a Lymbicke, wth a very soffte fyer. And keepe it for your vse; and vse it when good occasion is offered.

The makinge of Rosa Solis.

Take halfe a peck of the hearbe called Rosa Solis beynge gathered before the Sonn do aryse in the latter end of Iune ~~or the~~ beginninge of Iulye Pick them and lay them vppon a Borde to drye all a daye. Then take a quarter of a Pounde of Reysons of the Sonn the Stones beynge taken out. Six Dates and 12. Figges. Shridd all these togeather somewhat smale, and putt them into a great mouthed Glasse. Then take of Lycorise and Annisseedes of eche an ownze Of Cynamome halfe an ownze a Spoonefull of Cloues three. Nuttmegges Of Colyander seedes and of Caraway Seedes eche halfe an ownze. Bruse all these, and putt them into the glasse, add therevnto your Hearbes and two poundes of the best Sugar fynely beaten and a pottell of good Aquauite. Then Stirr them well togeather, and when you haue thus doen, stoppe the glasse very closse, then sett it in the Sonn for the space of ~~foure~~ 8 weekes, often turninge the glasse about in the Sonn, putt Lett it stand where the raine may not come vnto it and shake it oftentymes togeather and when it hath so longe so stande straine it and putt the water vpp into a doble glasse and keepe it for your vse And if you please when you haue strained it you may putt thereto a leafe of Golde, and a graine or two of Muske.

The makinge of a Quintessence good to digest a Surfett or to reuiue one beynge in a deadlye Sounde.

Take of Annyseedes Of white Pepper of Longe Pepper, and of

Cynamome of eche of these beynge bruised a good handfull, then take of Lycoresse halfe an ownze Of Ginger two good races, ton oriz. Cloues and one Nuttmegge bruse these also. Then putt all togeather into a quart of Clarrett wine and boile them in a Bason vppon a chafingdishe of cooles vntill almost the one halfe be consumed. Then straine it, and lett it stand a while to settle after wch take the clearest of it, and putt it into your Bason againe (it beynge cleane. Then putt thereto a quart of Aqua composita and a pounde and an halfe of good Sugar fynely beaten, and so lett it boile againe vppon a chafingdishe of cooles the space of halfe an hower and scumm it cleane. Then straine it againe and when it is colde putt it vpp into your Bottelles and vse it as you fynde occasion.

The makinge of Cynamome water.

Take a pounde of Cynamome breake it into smale peces, and bruse it a litle, then putt it into a glasse Still with 3. pintes of white wine, and a pinte of redd Rose water, then couer the glasse cloose; and lett it stand so 24. howers beynge first well stirred togeather. Then see your Still be very cloose stopped and so sett it in Ashes to distill with a moderate fyer, but in any case lett not the fyer goe out vntill it be distilled. You may if you please keepe a pinte of that 20ch runneth first by it selfe, for it wilbe more stronge then that wch runneth after and yet the later will be good if you take but a pinte of the Stronger from it.

The.

The makinge of Doctor Stephens water. It is good for the Gouto, the Palsye, the Tootheache, and for all distrases that come of Rheume.

Take of Rosemary, Sage, wilde Thyme, Pellitory of the wall Camomele and redd Rose leaues of eche of these a greate handfull chopp them altogeather very smale and putt them into a gallon of Clarrett wine, then putt thereto halfe a pounde of Lycoresse and as much of Annyseedes beynge fynelye beaten and halfe an ownze of Cloues an ownze of Cynamome and 2. Nuttmegges beynge but bruised, and of Collyander Seede Caraways Seede and of sweete Fennell Seede of eche of these an ownze beynge bruised. Putt all these togeather into the wine and stirr them well togeather, then couer it cloose, and lett it so stande 24. howers. Then putt it into a brasse Pott, and sett your Lymbecke vppon it, make it cloose with paste and so lett it distyll vppon a soffte fyer and as it doth distyll keepe the couer colde with wett clothes or such like, and when it is distylled putt your water into a glasse, and vse it as other distylled waters and so keepe it for your vse. And drincke thereof when you do fynde your Stomake cuell or ar troubled with the Rheume or any of the greefes aboue mentioned. The tyme to make it is about Midsommer.

The makinge and vertues of Aqua mirabilis et pretiosa.

Take Gallingale Cloues, Cubibes, Gynger Melylott Cardimony Maces, Nuttmegges of eche a dramm made into powder, and mingle all these powders togeather, with halfe a pinte of the iuyce of Selendine, a pinte of good Aquauite and three pintes of good white wine Putt all these togeather in a Stillytory of glasse, and lett it stand so all nighte and in the morninge distyll it with as easye a fyer as may be. This water is of secreat and excellent vertue. Viz. It dissoluoth the swellinge of the Lunges without any greefe, and if the Lunges be porished or wounded, it much helpoth and comforteth them. It preserueth the Bloode from putrefaction and he shall neuer neede to be lett Bloode that vseth this water It suffereth not the Harte to be brent, nor Melancholye or Fleame to be lifte vpp or haue dominion aboue Nature. It expelleth the Rheume, profyteth the Stomake and conseruethe the Bodye in very good Estate. It engendrethe coulour, and keepeth and conseruethe the visage and memoryz. It is good for the winde Collicke and it destroyoth the Palsye of Lymmes and tounge. A spoonefull of this water gouen to a man or woeman Labo ringe to warde Deathe releueth. Of all waters arteficiall this is the best. In the Sommer vse thereof fastinge, once a weeke to the quantitye of a spoonefull and in the Winter two spoonefulles likewise fastinge.

The.

The makinge of Mr. Keebolles redd water.

Take of mightye and stronge Ale three gallons. Putt thereto these Spices, Seedes Rootes, woode, Gummes Hoarbes and Flowers in forme and quantity followinge. viz. Of Annyfseedes cleane dryfsed and brused 3. quarters of a pounde. Of Lycorisse cleane scraped thin slyced and brused halfe a pounde. Of Cynamome, Of the rootes of Enula campana dryed. Of the rootes of Irios of eche two ownzes slyced. Of Baye berries blanched and brused. Of Ginger pared and thyn slyced. Of Nuttmegges thyn slyced, Of great Galingale thyn slyced, Of Cassia ligna of eche one ownze. Of Cloues, of Graines, of longe Pepper, of Cummyn Seede, of Colyander seede of Cubebes, of the seedes of Ammomum, of the seedes of Amoos, of winter Sauoryz seede of Saxifragz seede, of Gromell seedes, Of Pyonye seedes of sweete Fonnell seede of Angelico seedes of eche of these halfe an ownze brused. Of the rootes of Calamus Aromaticus, of the rootes of Gentian of eche halfe an ownze thynn slyced. Of Olybanum of Masticke of mirrhe of eche one ownze a litle brused. Of Lignum Aloes thyn slyced, of Mace of Setwell rootes thyn slyced, of Spicknarde of eche a quarter of an ownze. Of redd Rose leaues dryed two handfulles. Of the flowers of Stycados of the flowers of Camomele of eche halfe an handfull. Of the flowers of Centorye two ownzes. Of Camapytis of Diptamus creticus of St Johns woorte of Philopendula, of Pimpernell of Scabious

of Brittanye of Erymonye of Juniper berryes of eche an handfull somewhat dryed Of Cypresse rootes 4. ownzes Of Sugar 4 ownzes Of Alcanett two ownzes. Halfe the Cynamome and Lignum Aloes must be reserued out of the brasse pott and knitt in a litle bagg and laide in the bottome of the receiuer And then also putt halfe your Sugar and Alcanett with an ownze of Ambergreece or lesse into the receyuer. All the hearbes and flowers must be lefte out of the brasse pott vntill you haue drawen the first draughte, and when you haue drawen the first draughte take away your receyuer and the bagg that is therein and wringe it harde into the receyuer That doth take of your Lymbeck and all the substance that is in the brasse pott, & lett it run throughe a Siue of hayre into some faire brasse pann, all the Lyquor from the Spices Those Spices putt into the brasse pott againe and all the hearbes and flowers, and also those same Spices that ar in the bagg Putt vnto them one Gallon and an halfe of freshe Ale and then sett on your Lymbeck and drawe it as you did before, and into the receyuer putt the other ownze of Cynamome knitt in the bagg and draine it as you did before And then putt the first and last draughte togeather and keepe it for your vse in some glasse Bottell.

The makinge of a water for the Palsye: It is good also to quicken Memorye and to cheare the Sighte.

Take of Prymerose flowers with the younge leaues and buddes of the flowers and budds of Cowselips, of Rosemary flowers and buddes and of the flowers and buddes of Hartesease otherwise called Wall Gylly-flowers Of eche of these the like quantitye, then take as much of Balme as of all the other, mingle all these togeather, and when they are somewhat dryed, distyll them and vse the water as you woulde doe other distilled Waters, then keepe it for your vse And take thereof when you do feele eyther lightnesse in your heade or coldnesse or any other paine wch commoth of Colde in your heade And as you do take it holde some of it in your mouthe that the Sente may ascende into your heade and you shall fynde ease thereby.

The makinge of a water good for the Passion of the harte and for those that haue taken thoughte.

Take 4. greate handfulles of Rosemary flowers buddes and all, and of Sage of Enula campana rootes scraped and slyced and of Thyme that is blowen of ech of these 2. good handfulles and of Prymerose flowers and Cowslipp flowers a platterfull And of Violett flowers Buglasse flowers and Borrage flowers the like quantitye. Of dryed red Rose leaues two handfulles and putt thereto as much of Balme as there is of all the reste. Stampe all these well togeather and putt them into a gallon of good clarrett wine, addinge thereto a pounde of Annysseedes as much of Lycoresse fower good Nuttmegges and halfe an ownze of Cloues all beynge beaten smale. Styrre all these togeather in the wine and so let it stand 24. howers then distyll it,

in a Stylltory of glasse or a commoun Stylltory Then putt the water into a glasse and keepe it for your vse and vse it as you do fynde occasion It is to be made only in the monethe of Maye And it will remayne good 3. yeares beyng well kept and close stopped.

The makinge of a water good for the bytinge of a Madd Dogge. It will helpe Eyther man or Beaste, if it be taken within nyne dayes.

Take of Madfellon with the blewe flower, of white Lylly leaves of yearrowe of Nightshade with the blewe flower and of wilde Sage of eche of these a like quantitye, myngle them well togather and so distyll them, and vse the water as you wouldde doe other distilled waters, putt it into a glasse and keepe it for your vse. And when you do vse it, if it be for a man or a woeman, you must take sixe spoonefulles of the water in a pottenger and putt thereto a quantitye of Tryacle and mingle them well togeather, add therevnto of an Alleberry or Lawdell, and so drincke it warme. Doe this fastinge three dayes togeather and assuredlye you shalbe safe. For a Dogge you muste insteede of the Lawdell blende it with Pottage or Milke And for a Beaste with Drincke.

you may if you please add to the former hearbes a litle Mercury knottgrasse horehownde and Scabious.

The makinge of a water good for the Stone.

Take two handfulles of Broome flowers one handfull of Thyme as much.

much of Sorrel, as much of S. Johns hearbe distil al this together, and drinck three spanfuls morning & euening first and last, vse it two or 3. dayes in a week. Or take to euery quart of good white wine 6 Lemons, and slice them stems and all into the wine, and put to it one good handful of parsley, and so distil it in a glass stillitory or otherwise, and when you are in doubt of the stone, drinck a draught therof.

The makinge of a water good for the Colicke and the Stone

Take Aueno, Smaleage Thyme, Margeron, Broome flowers, Elder flowers, Hartes tounge Philipendula, Veculus christi, Saxifrage Brane codde, Vnsett Leeke Balme, Myntes and Perselye. Dystill of euery one of these seuerallye a litle measure of about halfe a pinte, putt them togeather into a glasse. Then take as muche Malmesye, or good white wine as of all these waters and putt it with the waters into a Stillitorye of glasse and with a reasonable fyer distyll it and drincke thereof a litle quantitye as you shall fynde occasion.

The makinge of Balme Water.

Take a gallon of good clarrett wine, an handfull of Lycorysse bruised, of Anyseedes bruised halfe an ownze, of Fennell seedes bruised as much and 2 or 3 handfulles of Balme. These muste be putt altogeather into the wine ouernighte and so lett it stand all nighte, the next day distyll it in a Lymbocke. When you haue taken of this the best to the quantitye of a pinte drawe no more wit otherwise the first pinte be with addition wilbe ouerweake.

An other way or receipte for the makinge of Cynamome water:

Take 16. ownzes of perfect Cynamome bratten in a morter, and infuse it in 3. pintes of stronge and pleasant white Wine and one pinte and an halfe of pure redd Rose water, and keepe it very close that it breath not forthe in Balnea Marie tempered for the space of 24 howers, after wch distill it as is vsuall with the Lymbecke well cloosed as also the Receauer, that it may not breathe forthe Lett it distyll so longe as the water commeth forth stronge of taste and sauour. Then chaunge the receauer for that wilbe a perfect water keepinge it in a glasse vessell. Afterwarde you may drawe the reste wch wilbe weaker. And if you will haue it also to be very good keepe it till you haue a second water of an other pounde of Cynamome and then mingle the two second waters together and add to them a pinte of wine halfe a pinte of Rose water and 8 ownzes of Cynamome, vse it as before is prescribed and then distill it, and it wilbe an excellent water. And always take heede that you keepe your distilled waters in no other thinge but glasse, and that they be very close stopped.

The makinge of Snayle water good for the yellowe Jaundies or such like stoppinges.

Take 4 gallons of Ale the strongest you can gett. six ownzes of Hartes horne scraped very fyne, 4 ownzes of Coues brused an handfull of Sallendine and halfe an handfull of Angelico wasshe the heartes well and bruse them with your handes and put them with the rest into the Ale. Then take a pecke of garden

Snayles

Snayles with the Shelles on thoire backes, make a fyer of charcoole and when it is burned brighte, make an hoole in the middest of the fyer and put them in and couer them with the coales and so let them fye, till the whishing noise cease, then take them forthe and wipe them one by one very cleane in Lynnen clothe then bruse them in a morter, and put them into your Ale and stirr them well togeather and so let it stand all nighte. After put all into a pot or Lymbecke and distill it as you wouldde do Aqua vite with a softe fyer, and take and keepe the first and second water.

A wounde swelled, paynfull to longe in the bladder.

Take Rosemary flowers, Selfehealo, Daisy leaues and rootes, Senicile, Addoftounge, Tormentill, Pimpernell, Plantyne Agromony, the tender toppes of clott Burres, wilde Tansy Foolefoote, of eche a good handfull or so many of the said herbes as you can gett. Madder rootes two ownzes, Saxafrage rootes Sarzagarilla, and the barke of Guiacum of eache fower ownzes: Boyle all in two gallons of white wyne in a diott gott wch you may haue at Queenehithe) Laye the rootes and herbes all nighte to steepe before you boyle them Then gett in the herbes in the morninge and boyle them six or eyghte howers with charcoales, the gott beyng close stopped, with the whight of an Egge and wheate moale mixed togeather to a softe past. Then let it stand from the fier a while, straine it and put to the drinch a quart of good English honey and boyle it againe 2 or 3 walmes, and drincke of it first and last is a great clonser and healer. Feare not the white wine for the sharynes is taken away with the herbes and Honye.

A distilled water approued to be very good for a Consumption.

Take a runninge Cocke, pull hym aliue, then kill hym when he is almost colde, cutt hym abrode by the backe and take out the entrayles and wype them cleane; then cutt hym in quarters, and breake the bones: Putt hym into such a still, as you vse to distill Rose water in with a pottle of Sacke, a Pounde of Currantes, a Pounde of Reysons of the Sonne the Stones taken out, a quarter of a Pounde of Dates, the stones picked out and the Dates cutt smale, two handfulles of Pimpernell one handfull of Rosemarye, one handfull of wilde Thyme two handfulles of Organum, two handfulles of Buglass and Borage, a Pottle of newe milke of a Redd cowe: Distill this with a soffe fire: Putt into the glass that the water doth droppe into, a quarter of a Pounde of Sugar candye beaten very smale, halfe a Booke of Loafe golde cutt smale, amongst the Sugar, fower graines of Ambergreece, tenn graines of prepared Pearle: you must mingle the strange water with the smale and drinck two spoonefulles at a tyme, in the morninge fastinge, and one howe before supper: you must shake about the glasse, when you drincke it.

A Syruge for the coughe of the Lunges.

Take of Scabious 3. good handfulles and halfe so much of Foale-foote, and the like quantity of Senickle the like of Pennyroyall Boile all these togeather in a gallon and an halfe of stale Ale with a softe fyer till the one halfe be consumed away Putt into it before you seethe it, two sticks of Lycorise scraped and bruised and 3. spoonefulles of Annyseedes likewise bruised. Then straine it into an earthen pann, so lettinge it stand all one nighte, take the next day the clearest of it, and to every pinte and an halfe putt one pounde of fyne Sugar. Then boile it againe and scumm it letting it boile till it come to a Syruge thicknesse, that it maye stand vpon your nayle when it is colde. Then lett the Patient take a Lycorise sticke and pare and iagg it at the ende and dipp it in the foresaid Syruge, and so sucke it as often as he or she shall please the oftener the better.

A Syruge of Lycorise good for the Lunges and Shortnesse of the Breathe.

Take a Pounde of Lycorise cleane scraped and bruised with an hammer, then with greate Pynnes or such like thinges plucke it a sonder like stringes or threades into a deepe Bason, then putt to it one wine pinte of Isope water, so much of redd Rose water, the like of Horehounde water, the like of Pennyroyall water, so lett them lye infused togeather 24. howers, often puttinge downe the Lycorise

into the water then boile it vpon a chafingdishe and cooles till the water be very stronge of the Lycorisse and consumed almost to the one halfe then straine it into a cleane skillett and therein boile it puttinge thereto of white Sugar candye one Pounde and an halfe and for want of Sugar candye you may vse Barberye Sugar and take thereof at your pleasure.

A Syrupe of Vineger good for to coole in anye hott Feuer, or any other hott Sicknesse and to breake Choler and grosse Floame in the Stomake.

Take one Fennell roote of one yeares growthe and 4. Perselye rootes of a good bignesse, if they be smale rootes take so many as may equall your Fennell roote, and so much of Succhory rootes and 2 greate rootes of Dockes (the yeollowest ar the best) take the pithes out of them all and seethe them in a pottle or a gallon of water: add thereto one handfull of Violett leaues, and so much of younge Mallowes, as much of Endeeue. Lett all these seeth till 3. partes of the water be consumed, then straine it into a cleane vessell lettinge it settle Then take all the clearest of the water, and to euery two pintes of this water, putt one pinte of the best wine Vineger that you can gett and one pinte and an halfe of honny, then seethe and scumm it vntill it come to a Syrupe Putt it into a glasse and vse it at your pleasure when you will take it, putt to so much Syrupe as you meane to take, so much Borrage water or cleane water boyled as will make it thyn to drinke. If you like not Honny take for euery pinte therof a pounde of Sugar.

A Syrupe.

A Syrupe to coole the Stomake and to allaye Choller.

Take of the iuyce of Oranges six spoonefulles, the like quantitye of the iuyce of Lemmons, and so much of the iuyce of Pomegranetts (if you can gett it) putt to it so much redd Rose water as all these iuyces doe amounte vnto, and putt likewise so much faire water as will equall the foresaid iuyces and Rose water Then measure all togeather and to euery halfe pinte putt halfe a pounde of Sugar fynelye beaten and so boile altogeather till it commeth to a Syrupe Then putt it into a glasse and keepe it for your vse And when you will vse it take some Borrage water or Rose water or faire running water boyled, Mingle it with so much Syrupe as you will take, so as you may drincke it.

A Syrupe to prouoke one to sleepe.

Take of white Poppye Seedes (but not of the ryperst) 4. ownzes bruse it a litle and putt it into a pottle of rayne water, so lettinge it infuse 24 howers, then seeth it till more then the one halfe be consumed. Straine it into a cleane vessell lettinge it settle and to euery pinte of the clearest of it putt one pounde of Sugar, then boyle it to a Syrupe and skumm it cleane and putt it in a glasse Take but one spoonefull thereof at a tyme.

A Syrupe of Damaske Roses, good to purge Choller.

Take one gallon of faire runninge water in a pipkin with a couer and putt thereto so much of Damaske Roses clipped from the white as you can thruste into the pott, when the water seetheth take it from the fyer, and so coueringe the pott cloose Lett it stand till the

next daye. Then wringe out the Roses and againe sett the water vppon the fyer till it be scalding hott, and putt againe vnto it so many like Roses as will drincke vpp the water. Vse thus to do in like sorte euery daye vntill the water commeth to a pinte and an halfe. Then straine the water into a cleane Pipkin and boile it puttinge thereto one Pounde and an halfe of Sugar, scumm it and boile it to a thicke Syrupe then putt it into a glasse and keepe it to your vse Take for a childe one spoonefull for ~~an Elder~~ Bodye 2. or 3. Spoonefulles.

A Syrupe of Horehounde good for the Consumption of the Lunges

Take 3 handfulles of Horehounde and a good quantitye of Maydenheare, and a Fennell roote of one yeares growthe 3 Perselye rootes and an handfull of Pennyroyall. Boile all these in a pottle of runninge water, but Lett your water seethe before you putt in your Herbes and then seeth them with a softe fyer vntill it be consumed to a pinte and an halfe. Then straine it and lett it coole and take a pinte of the clearest of it and putt thereto a pounde of Sugar, Lett it boile and cleare it with the white of an Egg well beaten with redd Rose water and so scumm it cleane and lett it boyle to Syrupe hight, then putt in two spoonefulles of the powder of the Lunges of a Foxe beynge dryed, you must take a litle at once of it with a Lycorise sticke as you shall neede.

A Syrupe cordiall good for such as haue taken thoughte

Take halfe a pinte of the iuyce of Borrage as muche of the iuyce of Buglasse the like quantitye of the iuyce of Balme. Putt all these

iuyces

iuyces togeather and seethe them in a skillett and the greene will aryse vpp thicke like a Posett curde, then cleare it with the whites of two Egges well beaten, and scumm it cleane, putt it into a cleane Bason and sett it vppon a chafingdish of cooles, putt thereto half a pinte of redd Rose water, with the weighte of fower pence of dryed Violett ~~leaues~~ flowers and the like quantitye of dried Rosemary flowers with as much of Cowslippe flowers beynge also dryed as muche of Prymerose flowers and likewise of the Clowe Gilly flowers well dryed with 3 blades of Saffron. Thus lett it boile vppon the cooles vntill it be consumed to a good pinte Then straine it throughe a peece of white Cottone and putt in a pounde of white Sugar and scumm it with the white of an egg beaten with redd Rose water and boile it to Syrupe hightte. When it is almost boiled take a graine of Muske well mixed with two spoonefulles of Rose water and putt it therein. You must take a spoonefull thereof at once.

A Syrupe good for the Stomake and to disgest a Surfeite.

Take a quart of Clarrett wine putt it in a Bason and putt therein so many of the leaues of redd Poppye that growethe amongste wheate as may well be steeped therein, then sett it vppon a chafingdish of cooles, and lay two white flatt sticke ouer the Bason and take a peece of white cottone of a spann longe beynge an inche broade at the one ende and smale at the other, hange this vppon the syde of the Bason so as the broder ende may hange in the Lyquor and the other into the glasse Then wholme an other Bason on highe vppon the Sticke ouer your Lyquor, and so lett it distill into the

glasse by the clothe vntill all the lyquor be dried vpp then take the lyquor that is so distilled into the glasse and to euery pinte thereof putt a pounde of Sugar, and so boile it Syruge highte, and when it is colde putt it into a glasse and keepe it for your vse.

A Syrupe or Conserue to open the Pipes to comfort the Harte and to expell Melancholye.

Take a quart of Honnye and putt it into a wide mouthed glasse add thereto so many of the flowers of Rosemarye as you can moisten therein by stirringe them well togeather, then sett it in the Sonn 2 or 3 dayes and as the Honny waxeth thynn with the heate of the Sonn, so stuffe it full with the flowers, this do so longe as there arysoth any moisture to couer the flowers, and when your Honny beynge thoroughly melted in the Sonn in this sorte will containe no more flowers, then beynge well stirred togeather, sett it in the Sonn to distill togeather the space of fower monethes, and it wilbe like a Conserue. you must turne your glasse offtentymes that all sydes may take the Sonn alike And when you haue thus doen keepe it for your vse And when it is a quarter of an yeare olde take thereof euery morninge the quantity of a Wallnutt and you shall fynde the operation thereof to be very effectuall.

A Syruge to restore Nature.

Take the iuyce of Lemmons Borrage watter or the iuyce of Burrage, three or fower leaues of fyne golde (or more according to the

to the quantity of the receipte) cutt very smale, putt therein one Nutt megge grose and Sugar candye. Then lett it boile in a smale Silver or earthen vessell till it growe thicke to a Syruge, Stirr it with a Lycorisse sticke. Scrape into it sixe graines of the best Amber greece, but lett not the Ambergreece boile. Add more into the Syruge 4. or 5. graines of Hartes horne. Take of this euery morninge one spoonefull and as much at nighte, and fast some reasonable tyme after.

A Syrupe or Water to breake any Colde and scower the Pypes. It will besides purefye and cleare the bloode and keepe the Lunges in very good temper.

Take runninge water and putt therein almost an handfull of french Barlye and lett it seeth till the water be redd then chaunge the water and lett it seeth againe till it be readye to breake, then cast out that water, and lett it seeth the third tyme till it haue broken and one quarter of an hower after. Then take the water cleane from the Barlye beynge in quantity a quart, and when you haue so seperated them sett the water on the fyer againe, puttinge to it halfe an handfull of Endiue well washed, a quarter of an handfull of Succhorye, halfe an handfull of Violett leaues a quarter of an handfull of Buglasse, a good quantitye of Enula campana and lett these seethe till the water come to a pinte, then take it of and putt in the quantitye of two Sticks of Lycorisse readye scraped and slyced while the water is hott, and lett it stande all nighte closse stopped. In the morninge drinke seauen spoonefulles and as much when you goe to bedd, and continue it morninges and euenings in such manner till you fynde ease.

A Syrupe of Marshe Mallowes.

Take two gallons of running water and putt into it an handfull of Plantyn, as much of Pellitory of the wall and as much of white Saxifrage Of the rootes of Asparagus take two ownzes and of Marsh Mallowes rootes (the pithe beynge taken out) and of the flowers and leaues fower ownzes. Of the rootes of Fennell Persly and knehollme (the pithes beyng taken out) of eche one ownze. Of Sicingrasse bruised two ownzes Of the 4. greater colde Seedes two ownzes Of the 4 Lesser colde Seedes one ownze. Of Adyantum of both kindes one ownze. Of the cordyall flowers viz Borrage Buglasse and Violett flowers one handfull and 2. ownzes of Lycorisse and one ownze of Anny seedes Boile all these till they be halfe consumed away, then potere it out into a faire Bason thorough a strainer and wringe it out the strengthe of the rootes and so lett it stand till it be settled and an howe or two after take the clearest of it, and to euery pinte of the Lyquor add a pounde of Sugar and boile it to a Syrupe and this you may keepe a whole yeare and vse of it at your pleasure The 4. greater colde Seedes ar Cowecombers Millions Pompions and Gourdes The 4. Lesser ar Lettice Purselyne Endeeue and Succhorye.

A Syrupe or Conserue of Alcacangye Berryes.

Take of Eringus rootes faire scraped and the pithe taken out about one pounde and an halfe and two ownzes of Asparagus rootes

rootes, and a pinte of Saxifrage water, and putt them into a fayre earthen pott and stoppe them close with paste, and sett it into a pott of water, and lett it boile 12. howers Then poure all out into a Cullender, and stampe it as smale as you can and rubb it throughe a strayner with a quarter of a pounde of Alcacangye Berryes. So seethe it vpp with Sugar to a Conserue.

A Syrupe or Conserue good for the Stone.

Take Scaholly rootes pilled and picked and lay them in water 2. or 3. howers. Boyle them in Saxifrage water, till they be very tender, then straine it, and take the Pulpe to the quantity of halfe a pounde. Take wilde Eglantine Berryes cutt them and picke out all the Stones and heares and seethe them in Saxifrage water and straine it, and take the Pulpe to the quantitye of a quarter of a Pounde. Take winter Cherryes otherwise called Alcacangye Berryes straine it and take a quarter of a pounde of the Pulpe. Take of Pome Cytrons two ownzes beynge boyled to take away the bytternesse. Mynce it fyne and beate it in a morter and so mixe all those aforesaide thinges togeather and boile them on a chafingdish of coales with a pounde of Sugar till it be as thicke as Conserue or as thynn as Marmalett So putt it vpp in Boxes. And vse to eate thereof twice or thrice a weeke fastinge as you fynde your greefe. This is not to be made but about Allhallontyde.

A Syruge good for a Consumption.

Take a quart of the iuyce of Borrage and clarefye it with the white of an egge then putt to it a pounde and an halfe of Sugar, and the weighte of two french crownes of Basyll seede and seeth it to a thicke Syruge, and beynge almost colde putt to it tenn graines of Muske and 5. leaues of golde and when it is thorough colde stogge it very close and keepe it for your vse. This may be taken at any tyme as you fynde occasion yea thoughe the Patient be in an hott burninge feuer.

A Syruge very restoratiue and specially preseruatiue.

Take 20 Dates that be sounde and good take out the stones and the white ryndes and cutt away the harde litle stemmes that be at the endes of the Dates, then washe them in Ale and cutt them in litle smale peeces Beate them in a morter till they be incorporated togeather like fyne waxe, and putt them into a pottell of perfect good Muskadell: Breake them in sonder with a slyce of woode and still stirr the wine and them togeather. Then take of the rootes of Alexander and Perselye, of eche the quantity of two dates cleane washed cutt in smale peeces and bruised in a morter as the Dates: a spoonefull of conserue of Roses halfe a pounde of white Sugar candye a quarter of a pounde of white Sugar. Of Cynamome beaten into fyne powder two spoonefulles Of Gallingall beaten into fyne powder one spoonefull, two Nuttmegges cutt into thynn peeces and not grated and a fewe large Mace. Putt all these into the Muskadell and stirr them well and lett them stand close couered one hower then boile

them

them in a pipkin with a softe fyer very leasurelye and stirr it well in boylinge and clarefye it in takinge of the Scomme and when a 4th part is consumed in boylinge, take it from the fyer and beyng but blode warme putt thereto a spoonefull of the powder of Ginger finely searzed and 2. or 3. spoonefulles of Rose water, stirr them well and lett it be strayned and keepe in a glasse close couered. And if you woulde haue it like a Conserue putt to all afore written halfe a pounde of Almondes blanched and beaten smale in a morter, two spoonefulles of whote cleane piked and well rubbed and 5. or 6. preserued quinzes bruised. Boile these with all the reste till it be of that thicknes you like of, and stirr them well in boylinge, strayne it and keepe it in close Boxes or a gallye pott close couered, and when you will vse it Take the quantitye of two Nuttmegges of the Conserue or a spoonefull of the Syruge at a tyme in the morninge sittinge in your Bedd halfe an hower before you aryse: You may also take thereof at nighte when you goe to bedd but lesse in quantitye And it will not be amisse sometyme to take a spoonefull of the Syruge in a litle thynn Brothe made with Mutton rabbett or Chicken.

A Syruge good for a greate colde. La: Sheffeilde.

Take of the distilled water of Horehounde one pinte and add thereunto to make a Syruge three quarters of a pounde of fyne Sugar candye white beaten very smale. Mixe these well togeather and sett them vppon a quicke charcoole fyer. Then take some good English Lycoresse of the best tasted cleane scraped and slyced and put it in and let it boile in the said Syruge the quantitye of one spoonefull. And when it seemes as it were halfe boiled take 3. graines of Amber greece reasonablye well bruised, and

put into the same Syrupe, and let them boile togethor but let any scumm that arysoth vpon it be taken of before you must haue care that it boile not with to much heighte: And when it is come to a litle thicknesse beyng colde it is sufficientlye boiled: else will it be all carplye and no Syrupe While it is hott it must be strained throughe a fyne cleane clothe before it be putt vpp in any glasse.

Mel Rosarum good for a sore mouthe and many other infirmityes.

Take a pinte of Honnye and a pinte of the iuyce of red Rose leaues, clarefye it with the whites of Egges, and when it is well incorporatt togeathor keepe it for your vse.

A Searclothe good for all Aches and Bruses it being applied presently vpon the hurte. It is a very good Salue for any greene wounde or olde Soores sauinge the Pockes

Take of Rozen of the best called Pinerozen one pounde, as much of Frankensence Of Olybanum two ownzes, of yellowe waxe a quartir of a pounde, of Mastick 2. ownzes, of Stinges stwott a quartir of a pounde. Beatt the Rozen the frankensence and Gummes into fyne powder, boile them altogeather in a gallon of white wine vpon a softe fyer till they be all moulten, then take it from the fyer and putt into it 3. quarters of a pounde of Vnwashte Venice Turpentine. Stirr them all well togeather then straine it throughe a course thynn canuase into an Earthen pann lettinge it stand 2. dayes, then cutt it in peeces the length of halfe your hand, and the breadthe of 2. fyngers: worke these peeces drawinge them in lengthe till you thincke they be well mixed then lay the peeces again in the wine wherein they were Sodden, and vse them thus three daies together then make them in rolles betwixt your handes annoyntinge your handes with Butter and so keepe them to your vse. Spreade this when you haue occasion to vse it vpon tawed Sheepes skynnes vppon the flesh syde and applye it till it fall of. And for a wounde spreade it vppon clothe and dryse not the wounde often. ~. ~. ~. ~. ~. ~. ~. ~. ~.

A Searclothe for the Spleene or Stitche or winde in the Bodye. It is good also to stanche Bleedinge. ~

Take greeke Pithe melte it in an earthen pott, and putt no lyquor

or other thinge to it. When it is thoroughlye moulten then with a flatt smoothe sticke spreade it vpon leather and applye it To stop Bleedinge lay the Plaister vpon the Reines of the back and betweene the Shouldors vpp to the necke. And for the Spleene laye it vpon the lefte syde.

A Salue to heale a Canker Soore.

Take three good handfulles of Matfellon, so much of Scabies the like quantitye of Selfehealle of Plantyn so much, of Weybroade otherwise Ribbwore so much. Choppe all these togeather and stampe them togeather with Butter out of the Cherne not salted nor washed so as you may make it vpp in greate Balles Then lay them for the space of 12. dayes in a lowe Sellar where they may rott then boile them and when you see it looke very greene straine it and putt it into an earthen pott and keepe it for your vse And when you will vse it Take so much lynt wch must be drawen and not scraped and make it so broade as it may couer the Soore and fill the wounde, spreade it very thicke with this Salue and lay it vpon the Soore dressinge it once in 24. howers And every nynthe day you must take freshe Cheese curdes, wringe out the whaye and lay them to the Soore without the Plaister for the space of an hower and plucke it awaye sodainelye and it will drawe wormes out of it Then dresse it againe with the Salue till it be whole.

A Salue to cure every olde Soore and to take out broken bones.

Take three handfulles of Sage the like quantitye of Rhue chopp them.

them smale, then take 3 slyces of yellowe rustye Bacon the slyce so longe as a mans hand, Shreade the Bacon very smale by itselfe and shridd the hearbes also by themselues then putt them togeather and stampe them till it come to be a very fyne Salue, then putt to it the yeolkes of 4. new Laid egges and about 4 spoonefulles of wheatten flower, and so much Hornye as may make it somewhat thynn, and stirr it well togeather and putt it vpp in a vessell fitt to keepe it And when you haue occaston to vse it Take so much Lynt drawen and not scraped and make thereof plaisters to couer the Soore and spreade it and applye it as before shiftinge it once in 24. howers The best tyme to make this plaister is in the monethe of Maye for all the yeare.

A drawinge and healinge Salue for any Soore.

Take halfe a pounde of waxe as much of Sheepes tallowe fynelye tryed, so much of Rozen: Melte all these togeather in a vessell, and when they ar moulten putt to them of Hoggsgrease or clarified Butter without Salte the quantity of a greate Apple, then take it from the fyer and add thorto two ownzes of commoun Turpentine then straine it into a vessell with colde water and make it into a Caake and so keepe it to your vse Make plaisters therewith and applye it to the Soore. If the Soore be very olde putt into this Salue so much Pitche as a greate Wallnutt.

A Salue to heale and skinn a Soore that is full of watter and runneth muche.

Take of Rozen a quarter of a pounde as muche of waxe, halfe so much of Sheepes tallowe or Deares sewett Melte all these togeather

and putt thereto of the Ointment made of St Johns woorte, or of the Oyle the quantity of a quarter of a Pounde or more, and one spoonefull of Turpentine. Myngle them well togeather and strayne them into a vessell with water and make it in a Caake and vse it as neede shall require.

A Salue for all Soores to be made onlye in Maye.

Take a pounde of Waxe as much of Rozen as much of Sheepes tallowe well tryed, a greate handfull of Sage, so much of Docke leaues, so much of Smaleage two handfull of Woodbynde leaues one handfull of Valerion as much of Plantyn. Choppe all these hearbes, and when the waxe Rozen and tallowe ar melted vppon a softe fyer, putt in to them the hearbes and lett them so soake vppon the embers an hower. Then boile them vppon a softe fyer vntill the Salue Looke greene, then straine it into a vessell of water and make it vp in rolles workinge it well and so vse it as neede shall require.

A Salue called Gratia Dei.

Take halfe a pounde of Rozen so much of Sheepes tallowe. Sott them vppon the fyer with a quart of fayre water and when it is melted putt into it of Barrell Sope halfe a quarter of a pounde then lett it boile well the space of halfe a quarter of an hower, and straine it into a vessell of colde water Lettinge it stande one daye and a nighte, then worke it vp in rolles And if you will haue the flesche to growe in the wounde boile in it three good handfulles

handfulles of Alehoofes or Alehoones chopped and stamped and boile it till it looke greene. The Sope muste be putt in after all the hearbes.

A Salue to cure the Bytinge of a Dogge a Hogge a Horse or a Man.

Take a great quantitye of the leaues of Ragwoorte called otherwise Follenwoorte or Carpenters woorte (It groweth in the feildes and beareth a yeollow flower on the toppe somewhat like to Tansye growinge highe and hath a ragged leafe) Choppe them very smale, and temper it with a pounde of freshe Butter and make it like doughe, then stampe them well togeather, and boile it in a Skillett vntill it do Looke very greene, then straine it into a vessell and keepe it for your vse And when you do vse it take of drawen Lynte accordinge to the woounde and lapp it thicke in the Salue and lay the Salue very thicke vppon the Plaister drosse it thus once in 24. howers, and it will heale it in shorte tyme.

A Searclothe or Salue good for the Syatica.

Putt to a pounde of waxe the iuyce of Margerum and redd Sage of eche six spoonefulles Of the iuyce of Onyons two spoonefulles of Frankensense Nuttmegges Cloues Mace and Annysedes of eche a pennyworthe and applye it vppon leather.

A Salue to heale any olde Soore, and is good also for the Syatica

Take a quart of strongeAle and boile it vntill it do come to a thicke Salue, then apply it to the Soore as you woulde do an other Salue And for the Syatica putt thereto grosse Pepper and spreade it vppon leather and laye it to the place greeued, and lett it lye vntill it do fall of.

A Water and Treate approued to be soueraigne good for any newe or olde Soores.

Take a quart of stronge Ale or for defalte thereof as much Beere sett it on the fyer and scum it. Putt into it as much Allome as a crabb and 3 or 4. spoonefulles of Honnye, and after it hath boyled well togeather, and is scummed putt thereto a quarter of a pounde of Madder, and breake the clottes and stirr it well while it be boiled to a Syruge so straine it, and putt it in a Stone pott or Bottell and when it is colde stoppe it closse Warme a litle thereof in a Sawcer when you do vse it.

The makinge and vse of the Treate.

Take one ownze of Frankensense two ownzes of Deares sewett 4. ownzes of Waxe 8. ownzes of Rozen. Molte your sewett waxe and Rozen togeather vppon the fyer and when it is well moulten beate the frankensense and putt to it and lett all melte togeather. When the treate is a litle past (beynge first poured out) putt it into a Boole of faire Water, keepinge the scum back with a Winge and poure it softelye that if there be any drosse in the bottome it may stay behinde Then worke it well in the Water one howre at the leaste and so make it vpp in rolles. And for any Soore spreade it vppon a clothe and if there be any occasion to tent the Soore make tentes of the Treate so spreade dipping them in the Water above written and lay a Plaister of that Treate ouer the tent And if it be a deepe Soore washe it with the same water and dipp lynt in the water and putt it in to the Soore and lay a Plaister of the Treate vppon it pricked full of hooles Euerye other day will be sufficient to dresse it.

A Salue to clense and heale all manner of greene wounde.

Take Venice Turpentine washe it well with redd Rose water and when the water is cleane taken awaye putt to it the yoolke of an egg and a very litle Saffron and the weighte of 2. graines of redd Mercurye precipitate. Spreade this on a Plaister. Then take Mel Rosarum and oyle of Roses and dipp lynt in it and applye it to the wounde and after laye the Plaister vppon that and so dresse it vpp.

A Salue for any wounde caused by Gunshott.

First if by any meanes you can gett out the Shott, but whether you can or no dresse it in this manner Take a pinte of Venice Turpentine, as much of the Oyle of Lynseede a quarter of an ownze of Yarde grease beaten into fyne powder. Lett these boile togeather one Wame then straine them and putt it vpp close and vse it thus Warme it and dipp Lynt in it and so applye it to the wounde and besides poure some of it warmed into the Wounde. But for any manner of wounde in the Heade: Take a quantitye of Aquauite and putt into it Sugar and therewith thoroughlye washe the wounde and stoppe it vpp with lynt dipped therein And dresse it thus once in 24. howers.

A Salue good to cure any Burninge or Scaldinge.

Take a good quantitye of grounde Iuye, stampe it well, then let it boile in a sufficient quantitye of Deares sewett ouer a softe fyer vntill it looketh blacke, then straine it and keepe it in a Caake as longe as you please. When you will vse it melte a litle in a sawser and with a feather annoynte the place.

The makinge of the greene Salue.

In Maye or June gather these hearbes followinge Plantyn Robb=
woorte Varuon, Bottonye Egrimonye, Burnott Muggwoorte of eche of
these one good handfull, gather them cleane without duste for they
may not be washed, Shridd them smale, after stampe them vntill
they be like a Salue, then boile them halfe an hower in a pottell of
good white wine, then straine the lyquor and wringe the hearbes as
harde as you can out with it after wch lett it boile a wame or two
then take it of the fyer and putt to it these thinges followinge Take
one pounde of Rozen as much of Turpentine three quarters of a
pounde of waxe and one ownze and an halfe of Mastick the mastick
must be beaten into fyne powder. Lett these thinges be moulten
in a skillett after straine them into the aforesaid lyquor, then lett
it boile altogeather till it be very neare enoughe. Then poure into
it a Pottenger full of the iuyce of Perselye and stirr the pann wth
a good sticke as fast as you maye This iuyce beynge so poured in, lett
it haue a wame or two after and so take of the Pann and stirr it
continuallye till it be so colde as you may worke it vpp in rolles and
so keepe it all the yeare cleane from duste. This Salue is very good
for greene wounde and old Scores. It will bothe drawe and heale.

Courteous Defensitiu Searecloth

A speciall good doble Searecloth to skinn and heale.

Take halfe a pounde of Deares sewett as much of Maye butter, and
a quarter of a pounde of waxe When these ar well moulten put to
it halfe a pounde of Lapis Calominaris beaten and searzed. When
it hath boiled a litle space take it of the fyer and lett it run through
a thynn

a thinn clothe, and then dippe your clothes into it and strooke
them smothe and when they be colde slike them to make them more smothe.

A very good Searecloth for all manner of heate for any Burninge or Scaldinge or to aswage the Heate about any Soore.

Take of Deares sewett, of Maye Butter Capons grease Ayle of Roses
Honnye, Waxe Allome and redd Rose water of all these a prettye
quantitye accordinge to discretion. Add to all these a quantitye of
the iuyce of Houseleke, sett them on the fyer and lett them boile
togeather a quarter of an hower or better Then straine it through
a cleane clothe and after dipp your clothes into it and smothe them
well with your handes againste the fyer and when it is colde folde
it vpp and keepe it for your vse One Searecloth will serue 4. dayes
if you wipe it cleane it cleane euery dresinge and lay on the other syde.

A water and Salue to heale a cutt.

Take 3. handfulles of Sallendine, as much of Sage as much of Honny=
suckle leaues with flowers and all, a quart of Honnye, 2. pounde and
an halfe of Roche Allome, and one ownze of graines. Stethe all these
togeather in running water from a gallon to a pottell and then lett
all run throughe a straynor into a vessell in wch you meane to keepe it
and for the Salue Take a quantity of Rozen and a greate quantitye
of Shepes sewett clarefied. Sooth them both togeather and skum
it well, then take it from the fyer, and sett it by vntill the heate
be aswaged, and then putt it into a paile of water and temper
it therin. It skilleth not much, what Salue be laid vnto the
wounde, if you washe it with the aforesaid water for the
Salue dothe but keepe it suggle.

A Tente and meanes to cure a Fistula.

Cutt a peece of Lawne byas or ouertwharte that may be fitt to make a tente accordinge to the deapthe lenghte and widenese of the Soore, then melte a little Rozen proportionable and therin dippe the Lawne and make it vpp in a tente. Then take of the younge Sprigges first growinge after an Oke hath been felled, and make them as it were into charcoale, wch you may doe by wraggingg it in a paper, and layinge it in hott embers. Beate these coales into fyne powder searze it and mixe and temper it with a conuenient quantity of Hogges grease, and slippe the tent slightely through it and so applye it to the Soore as speedely as you maye because otherwise the heate of the bodye will cause the tent to become liquide and lesse stiffe. And withall once in 7. or 8. dayes you must vse a Corasiue in this manner. Take a pretty quantity of redd Mercury and beynge in powder putt to it, so much good Aquauite as will moisten it well but not so much as the Aquauite do floote or swymm ouer it. Then sett the Aquauite on fyer and let it burne as longe as it will. When the Mercurye is so burned it will looke of a darkish colour and the force of it wilbe somewhat qualefyed, then washe it in Plantyn water drye it make it into powder searze it and strowe thereof on the tente for the space of an Inche or accordinge to discretion, and minister it speedely as before. You may couer the tent and soore with a plaister made of any good Salue for that it will not be otherwise availeable then to keepe in the tent. This hath been approued. w.

For any Scotche or Cutte.

Take the yrolke of an egge Wheate flower, and English honny beate these togeither, then putt thereto the iuyce of Wilde Dasye Leaues and rootes boynge washed and agaene well dryed and applie it to the Soore chaunging it euery 24. howers.

Paracelsus his plaister called Emplastrum Fodicationum Paracelsi, good for many diseases mentioned vnderneathe.

Take of these fower Gummes that is to saye. Galbanum, Opponex of eche an ownze: Amoniacum, Bedelium of eche 2. ownzes let them be beatten very smale, and put them into an Earthen pott Leaded or glazed powring vpon the same very good wine Vineger, and let them so remaine 24. howers. Then boile them in the same Vineger vpon a gentle fyer of coales that the gummes may melte, and when they be thoroughly moulten poure out the same hott into a bagge and wringe or prose well the same that they may be well clensed from the dregges wch dregges must be cast aways. Take the said lyquor so strained out, and let it boile in a pott vntill the Vineger be all sodden aways and vtterlye euaporated, and in the boilinge you must continually stirr it without ceasinge least the gummes be burned, keepe this very cleane and close couered that nothing fall into it. Then take Oyle Olive 2. pounde, newe Waxe halfe a pounde and let them be put into an Earthen pott well leaded or glazed, such a one as is of sufficient bigneese, set the same ouer a fyer of coales and let them melte softelye and by leasure at the lenghte put into it. Lithargi beaten into very fyne powder a pounde and an halfe, stirringe it continually with a sticke or a Spatula or such like vntill all these be well and thoroughlye

mixed togeather, and the matter be of a tawny colour. Then take of the foresaid gummes that were first boiled the quantitye of a Nutt and put it into the same matter, and so by Litle and Litle put into it such a like quantitye of the said gummes till the said gummes be all so put in and be well mixed and melted with the other thinges And you must take heede withall least the matter be ouermuch melted and do boile ouer into the fyer for it is very hott of it selfe. Afterwardes put into it these thinges followinge: Take of the two kindes of Aristologia rotunda, Calaminaris, Mirre Frankensense of euery of them an ownze: Beate them into very fyne powder and put them into the said matter, and poure vppon the same an ownze of Oyle of Bayes, and lastly put therin 4 ownzes of pure and fyne Turpentine. Let them boile and stirr them about continually with very great diligence: And when you will knowe whether it be well and sufficiently sodden Put a litle thereof into colde water and if it be so softe that it cleaue to your fingars, then it is to softe and therefore let it boile longer vntill it be very well boyled: and then at lengthe take it from the fyer and poure it into a greate Bason full of water. And when it is well cooled that you may handle it with your handes, annoynte your handes with Oyle of Camomele or oyle of Roses and kneede it well with your handes three or 4 tymes till an howre be past euery tyme that is 3 or 4 howers, and so lay it vpp in a cleane vessell, and it will continue good aboue 50 yeares, and be then as medecinable as it was the first day it was made. The Vertues of this Emplaister by Paracelsus ar innumerable. It is good for olde and newe Sores, it dryeth, it cleanseth, it breedeth good flesche, It confirmeth it comforteth, it healeth more in one weeke then many other in a whole monethe. It will not suffer any Soore to putrifye or corrupte

or any

or any deade or euell flesche to growe. For Synewes cuttes bruses or prickes of a Thorne and such like, it is most excellent. It draweth out of wounde Iron, Woode or Leade and other such like if you do but laye it thereon. It cureth the bytinge of Venemous Beastes, it causeth all kinde of Impostumes and Biles to breake and rypen beyng layed thereon, and it is most soueraigne against a Canker or Fistula, the Shingles St. Anthonyes fyer and also a speciall and present helpe to asuage all kinde of paines and Aches and for all kinde of wounde. It hath been experienced to be a singuler and steadye helpe for boones out of ioynte so that by layinge one or two plaisters or 3 at the most in 14 dayes armes out of ioynte haue been healed so that the parties haue had no paine nor weakness after. Also it is good for Freynes or thrustes, but you must not tent them excepte they matter before the plaister be laid on, only lay this all ouer it, and 2 plaisters commonlye ar sufficiont to heale any Soore or swellinge. But if the deade flesche be in a soore before the plaister come at it, it will not destroye it nor plucke it out, but if it fynde none there it will not suffer any to breede. When you lay vpp this Plaister wrappe it only in paper or leather or bothe for it will keepe it the better from ouermuch dryinge and laye it out of the Sonn and winde.

A speciall good Searclothe of excellent vertue as after appeareth. M^r. Tayler.

℞. Oyle Oliue lib. j. ℥. redd Leade lib. ß. White leade ℥ vj. Castle Soope ℥ iiij Oyle of Bayes ℥ ij. Put your oyle Oliue into a pipkin addinge thereto the Oyle of Bayes and the castle Soope Set it ouer a very gentle fyer of embers vntill all be well melted togeather, then strowe into it a litle of the powders of the redd and white leade beynge mingled togeather, still stirringe it with a greatt splatter of wodd, and so strowe in more of your leade by litle and litle, vntill it be all strawed in. Stirr

it continually at the bottome for an hower and an halfe then make the fyer somewhat bigger, till the reddnesse be turned to a graye colour, but you must not leaue continuall stirringe of it vntill the matter be turned into a perfect black colour as Pitche. Then drop a litle of it vpon a wodden trencher, and if it cleaue not to the fingars nor to the trencher it is enoughe. Then take Longe lynnen cloothes and dipp them therein making Searedothes thereof wch will keepe good 20 yeares. Let the powders of the Leade be searzed most fyne and shridd smale the Soope. The vertues of this Searedothe are these. Beynge laide vpon the Stomake it procureth an appetite and taketh away any paine in the stomake. Laid vpon the Bellye it is a present reamedye for the Collicke. Laid to the Reynes of the Back it is good for the Bloodye Fluxe, the runninge of the Reynes the heate of the kidneyes and weakenesse of the Backe. It healeth all swellinges and Bruses, it taketh away Aches, it breaketh Fellons and other Impostumes and healeth them. It draweth out any running humor without breakinge the skynne. Beynge applied to the fundament it helpeth any disease there. Also it cureth olde Soores. It will aske 6. howers tyme to make it well.

A Salues to heale a smale cutt.

Take of Serpentes tounge 2. handfulles or 3 (for as much as you please accordinge to the quantity you meane to make of Salue) take as much of Valerian, halfe an handfull of Capons feather otherwise called Settwell, as much of Dithander leaues, as much of the leaues of Holde me to you, as much of the leaues of Groundsylle and the like quantitye of the leaues of Loue in idlenesse otherwise called Pamphlettes. Choppe all these verye smale and take such a quantity of

Butter vnsalted and vnwashed as you shall thincke good and the like quantitye of Virgine Waxxe or rather more that the Salue may be the more thicke and stiffe. Put all togeather, and boile them vntill such tyme as the hearbes be very well sodden then straine the same and it wilbe a perfect Salue.

An approued good Medecine or Water for any Soore. La. Pagott

Take Boile armoniake 4. ownzes Campher one ownze white Coperesse 4. ownzes. Boile your Coperesse and Camfer togeather in a litle black pott vntill they become water, stirringe them togeather till they become hard in seathinge. Beate them in a Morter. Then take the Boile armoniake beate it to powder by it selfe, and mingle them togeather, and keepe your powder in a Bladder. When you haue occasion to vse the water take a pottle of runninge Water and set it on the fyer vntill it doth begynn to seethe, then take it from the fyer, and put 3. spoonefulles of the powder into the warme water and put the water into a glasse, and let it rest till it be cleare in the upper part, then take the clearest of the water and washe the Soore therewith very warme and lay a lynnyn clothe wett in the same hott water 4. doble vpon the Soore, and bynde it fast with a roller and keepe it warme. Doe this eueninge and morninge.

A Searedothe for an olde Ache. Mrs. Heathe.

Take halfe a pinte of oyle Olyue, a quarter of a pounde of redd Leade. Boile them togeather, and stirr them vntill they be blacke then take it of and put thereto as much Stone pitch as a Wallnutt and the like quantitye of Deares sewett. Stirr them well togeather vntill bothe be moulten, then dipp a lynnen clothe therein and make thereof a Searedothe.

A Searclothe good for any swellings or Ache.

Take a pounde of Frankencense halfe a pounde of Rozen a pounde of Pitche, halfe a pounde of waxe as much of Deares sewett and for want thereof as much of Sheepes sewett and a quarter of a pounde of Turpentine. Melte them togeather and spreade them vppon a lynnen clothe plaister wise.

An approued good Medecine or water for an olde Soore.

Take a quart of white wine an handfull of Honnysuckle leaues as much of groundeIuye as much of Plantyn leaues and a peece of white Copperese of the quantitye of an Hasell Nutt put these into the wine and sett it on the fyer in a skillett and let it boile till it come to the quantitye of a pinte and an halfe, then straine it throughe a faire clothe and so put it vpp in a glasse, and wash any olde Soore therewith twice a day with a faire lynnen clothe, layng a clothe wett in the same on the Soore and couer it with a bladder to keepe the clothe wett. This hath bene often experienced to be a very soueraigne medecine for an olde Soore that is not in smale deepe hooles.

An excellent Salue or Plaister for an Ache or for the swellinge of an Ague.

Take halfe a pounde of Beares grease and a quarter of a pounde of newe yeollowe waxe and melte them both togeather, then take an ownze of good Camphere as smale beaten as you can. Put it to the rest and stirr it well togeather, and let it stand vppon the hott coales a prettye while, but haue care that it boile not much

then

then straine it into some woodden vessell and keepe it till you haue occasion to vse it, and then it musste be spreade vppon a thick new lynnen clothe, as thynn as you can, and layed to the place greued.

An Ointement good for all Aches Bruses and such like prescribed by mr Burgon.

Take Baye leaues, Rosemary, Margerom Pellitary, Sage, Daysies, Cake of Hierusalem, Rhue, Sanicle, Redd & white Rose leaues, Clarye of eache two handfulles. Item flowers of Lauander comoun Wormewood, Hermodactill, or Water Roses of each fower handfulles. Item of Nettilles yoarrowe, Hysopp, Tanley, Alecoste of eche one handfull. Item of Mugwort, Plantin, Egrimony, flaggs Buglas, of each three handfulles. The flowers and Herbes must be gathered drye and before Sonsettinge, shridd, Brayed or pounded and boylod in six Pound of freshe Mayes Butter, the space of two howers, with a softe fier, then straine out all the iuyce, and add therunto of virgine waxe one Pounde; Of oyle of Olive two ounces of pulverized Mastix fower ounces, incorporate them well ouer a softe fier, and keepe it for your vse.

An Ointment good for the Palsye.

Take of Prymerose leaues with some of the youngest leaues a great quantity chopp them smale and stampe them with freshe Hoggs grease and worke it vpp into a doughe and putt it into an earthen pott. Then take the like quantity of the flowers and Budds of Rosemary choppe them smale and stampe them with Hoggs grease as the other and putt them into the pott to the other. Take also the like quantity of Cowslippes the flowers and budes togeather vse them in the same sort and putt them to the other, and likewise of Balme of Camomele when it bloweth and of Lauander spike when it is full blowen, of eche of these the like quantity vse them seuerally as the others and putt them into the same pott and so lett them stand togeather the space of a monethe. Then boyle them vpon a very softe fyer the space of an hower, after wch straine them, and putt all into an earthen pott, and when it hath stode all nighte then make an hoole throughe the Ointement, and poure the water cleare from it, then melte it againe, and so putt it vpp into potts or Glasses and keepe it for your vse. It is good for the Palsye the Crampe a Cricke or any other Ache that commeth of colde so it be not in the Backe you must be very careful not to gather your Hearbes when they be wett.

An Ointement of St Johns Woorte good for all Aches, and is good euther of it selfe or to be putt in Salues for watering Sores. It is also good for any Pricke or greene Wounde.

Take of St Johns Woorte a weeke before Midsommer or a weeke after strip it from the Stalkes, choppe it smale, stampe it with freshe Hogges grease temper it like doughe and putt it into an

earthen pott and so lett it stand and rott the space of a forte-
nighte or 3 weekes Then boile it vppon a softe fyer the space of an
hower and after straine it and so putt it vpp into a vessell and
keepe it for your vse. ~ . ~ . ~ . ~ . ~ . ~ . ~ . ~ .

An Ointement for the Collicke or any other greefe
in the Bellye or Sydes that commethe of Winde. ~

Take a good quantitye of Broome flowers choppe them smale ~
stampe them with freshe grease of an Hogge and temper it like doughe
and putt it vpp in an earthen pott. Then take of Balme and of El-
der flowers of eche of these the like quantitye and when you haue
vsed them seuerallye as the other putt them into the same pott and
so lett them stand and rott togeather the space of 3. weekes. Then
boile them altogeather vppon a softe fyer the space of halfe an hower
or more then take it of and straine it into a vessell And when it
hath stoode all nighte make an hoole throughe the Ointement and
poure the water cleane from it, then melte it againe and so putt
it vpp into a glasse or vessell and keepe it for your vse. ~ . ~

An Ointement of redd Roses good to coole heate in the
Breste that commeth of the inflamation of the Lunges
or for heate in the palmes of the handes or Soles of the
feete, the wch may happen by Sicknese or otherwise. ~

Take a Bushell of redd Rose leaues clipp of the whites of them
choppe them smale and stampe them with so much freshe grease
of an Hogge as will serue to make it somewhat softe, temper it
well togeather and so putt it into an earthen pott and lett it so

stand.

stande the space of 3. weekes to rott, then boile it vppon a softe fyer
the space of an hower after wch straine it and putt it vpp in a vessell
and keepe it for your vse. This Ointement is good to putt into Salues
for Sores that be in greate heate and do burne and take redd. ~ ~

An Ointement of the Wormes of the earthe good to strengthen
the Backe, to coole it and to take away any Aches. ~

Take a greate platter full of the longe Wormes of the earthe
lay them vppon Fennell or such like to scower the space of 24.
howers, then choppe them smale and putt them to a quart of Neates
foote oyle. Then take a platter full beyng chopped very smale of
feilde Dasyes all sauinge the rootes, they must be a platter full
when they be chopped, putt them to the Oyle and Wormes boylinge
them vppon a softe fyer altogeather the space of 2. howers. Then
straine it and putt it vpp in a vessell and keepe it for your vse.
This Ointement is to be made only in Aprill or about Michelmas. ~

An Ointement of Swalloes good for the shrinckinge
of Synnowes or for any Straine. ~ ~

Take of Lauander Cottone of Isope and of the runninges out of
Strawberryes of eche of these a greate handfull chopp them smale
and stampe them with a pounde of freshe Butter that hath ney-
ther been washed nor salted and stampe therewith eyghte younge
Swalloes out of the neste, puttinge them in by one and one
feathers guttes and all, and so stampe them vntill they be very
smale, then boile altogeather vppon a softe fyer vntill it do looke
very greene then straine it and putt it vpp into a pott and
keepe it for your vse. ~ . ~ . ~ . ~ . ~ . ~ . ~ .

An Ointement good to heale any greene wounde. It will helpe a man that hath bruised his Stones: Putt to it Brimstone and it is good for the Itche.

Take of the yellowest Docke rootes beynge pithed and scraped of Enula campana rootes and of Sallendine of eche of these 3. greate handfulles choppe all these togather very smale then stampe them well togather with 2 Pounddes of freshe vnwashed Butter then boile it vppon a softe fyer the space of an hower and an halfe then straine it, putt it vpp in a pott and keepe it for your vse.

An Ointement called Pampilion. It is good to aswage any swellinge, to take away any heate and to supple any Sore that is styffe. It will aswage a soore Brest, and keepe it from brekinge, if it be taken in tyme.

Take of the leaues of a Popler tree before they be opened any bigger then younge Cockes combes, and of Smaleage of eche a great Lappfull choppe them very smale togeather and stampe them very well with a quart of freshe Hoggs grease, then putt it vpp in a vessell and so lett it stand to rott 15. dayes, then boyle it vppon a softe fyer the space of an hower after straine it and keepe it for your vse.

An Ointement approued good for all deseases in the heade that proceede of colde

Take a greate quantitye of Lauander flowers beynge stryped from the stalkes, choppe them very smale, then stampe them well with so muche of the freshe grease of an Hogg, as will serue to make it somewhat

softe.

softe, then putt it vpp into an earthen pott, and lett it stande so the space of 3. weeke to rott, then boyle it vppon a softe fyer the space of halfe an hower, after straine it and putt it vpp in a pott and keepe it for your vse. You must annoynte the place where your greefe is therewith and also the temples of your heade the Noddle and the Nape of your necke and it will helpe you.

An Ointement to kill a Wilde fyer or any other Inflamation that commethe of a Sore or otherwise It will heale any Burne or Scalde beynge taken in tyme and vsed as followethe.

Take of Sylchooues the leafe and stalke so much as is tender of it and choppe them very smale, then stampe them with very thicke creame, puttinge thereto so much Creame as your hearbes will make to looke very greene, then straine it, and with a feather annoynte the greeued place therewith 4. or 5. tymes the day for the space of 2. or 3. dayes at the first and after 3. or 4. tymes the daye will suffice. You must lay a good quantitye on at a tyme and lett it drye vppon layinge the newe still on highe vppon the olde, and in the ende it will growe to a thicke crusste and the thicker it do crust the better. Do this as you shall see cause, and it will kill the wilde fyer, coole any Inflamation, and is good for any Burne or Scalde beynge taken in tyme. You shall knowe the wildefyer by this It will fall sodainelye in any part of the Bodye with swellinge and burninge and will looke redd for a daye or two at the first, and then it will chaunge to purple and will Blister and water. It doth fall most comounlye in the Legges or face And it dothe happen oftentymes where there is no hurte nor Skynn broken.

An Oyntement for the disease called the Floxx.

Take of the yellowest Docke rootes beyng pithed two good handfulls and 3 or 4. greate Nettle rootes beyng cloane washed putt these into a quantity of fayre watter when it dothe seethe and so lett them seeth togeather vntill the Docke rootes be very tender, then take vpp your rootes and lett the watter run cloane from them then stampe them very smale and straine them. The iuyce thereof wilbe a kinde of Oyntement, wherewith annoynte the Soore 3. tymes a daye and it will heale it. Freshe Butter without Salte is very good for the same greefe annoyntinge the Soore therewith you shall knowe the disease by this It ryse the like a Blister but is harde in the toppe and the oftener you doe lett out the watter the broder it will goe and will growe in the ende to a great Soore. It may be healed as aforesaid.

An Oyntement for the Stomake approued good against the Coughe.

Take of Capons grease the quantitye of 4. ownzes and of Rosemarye two handfulles strypinge it downewarde, stampe it smale, and putt it into the grease and lett them boyle togeather vntill it be greene. The stronger it be of the Rosemarye the better it is. When it is readye to be strayned putt in halfe an ownze of the powder of Mace very fynely searzed. Then lett it be strayned, and vse it to the mouth of the stomake warme.

A special good Oyntement called the greene Oyntment.

Take a pounde of Sage a pounde of Rue halfe a pounde of Wormewoode halfe a pounde of Baye leaues they must be chopped and weyed seuerally, then take 5. pounde of Sheepes sewett purely tryed and mynced, two handfulles of Camomele, and one handfull of Rosemarye chopped also Mingle all these togeather, and stampe them in a morter by a little at once vntill the Sewett be not seen. Then take a pottle of Sallett Oyle and mingle with it and so lett it stande 9. dayes then boile it with a Softe fyer alwayes stirringe it with a sticke and after it hath boyled two howers, tryed if the Baye leaues crymble like Ashes betweene your fyngers, and then take it of from the fyer and straine it, puttinge into it one Ownze of the Oyle of Spike and so keepe it.

An Oyntement good to kill Wormes in the Stomake, to helpe a weake digestion and to geue an appetyte.

Take of Sotherne Woode Hearbe grase and Wormewoode of eche a good pretty quantitye Boyle them in good Vinegar vntill they be tender, then boile them a little with a pretty quantitye of good freshe sweete Butter. Straine it into some conuenient vessell that the Vinegar and dregges may settle in the bottome. When it is colde take the toppe and pure part thereof Putt it vpp in a Boxe and keepe it for your vse. And as you fynde occasion annoynte the Bellye or Stomake therewith and it will haue operation effectuall as aforesaid.

A specialle Ointtemente good for children that ar weake & It will helpe those that ar elder who haue bein brought weake with Sicknesse or ar enteringe into a Consumption It hathe bein ofttin experimenced and hath done very much good.

Take a good quantitye of Mullevne leaues, as much of Camomele as much of Fetherfewe Shridd them but not very smale, mixe them with a conuenient quantitye of newe Butter vnsalted from the Chorne. Sett it to the fyer, and when the butter is all melted take it of, and let it stand and settle togeather 24 howers, after wch sett it againe on a softe fyer, and let it symber togeather till the water or moisture that commeth from the hearbes be all consumed. Then straine it throughe a thicke Canvalse strayner, putt it vpp in a pott or glasse and keepe it for your vse, and when you vse it Annoynte the childe from the rootes of the Hayre in the necke all ouer the Bodye vnto the Knees morninges and at nighte and continue this as you see occasion. And whilest you vse this Ointment make Brothe with Egrimonye and Romane wormewoode otherwise called Cypresse and geue the childe to drincke And it wilbe very good to geue such a childe a litle Rubarbe once or twice at first, if by any meanes you can gett hym to take it.

An Ointemente good for any Tetter Ringwoorme or other Soore that blistereth or wattereth.

Take of the hearbe called Feltergrasse otherwise Scaldwoorte and of Rustye Bacon of eche a like quantitye. Washe not the Feltergrasse but gather it drye and picke the earthe and duste cleane from it.

Shridd

Shridd it and the Bacon smale togeather, and frye them in a fryinge pann, till it looke somewhat drye. Then wringe it throughe some thyn clothe, into some earthen or other fytt vessell. And as it cooleth putt to the same of good Tarre by a litle and a litle still stiringe and mixinge it togeather, so much as will bringe it to the thicknesse of an Ointtemente wch you may keepe for your vse And annoynte the place greeued, and when the skinn groweth harde or scurffye washe it with the Lyquor of rustye Bacon fryed, and Plantyn Water, and it will suggle mollyfye and take away any such scurfe.

A good Ointtement for Aches in the Bones.

Take Aqueauite and Sallett oyle that is olde a litle Parmacetye and the youngest of the toppes of Rosemary, wch must be choppped very smale Boile these 4. togeather, and when they ar sufficiently boiled, lett it run beyng hott throughe a strayner and keepe it for your vse in an earthen pott, and when you feele any paine Lett the place be well chafed with the Ointement before the fyer and keepe it warme.

An other Ointement good for an Ache in the Bones.

Take the Oyle of Bulles fett well clarefied and so many spoonefulles of Aqueauite as you haue of the Oyle. Then take an handfull of Camomele faire washed and dried, stampe or choppe it very smale and putt it into the Oyle and Aqueauite as also the gall of the Bull with the skinn and all, making only an hole in the skyn that the Gall maye ysue out. And so lett it seeth togeather vntill you cannot discerne the Aqueauite nor the Gall. Then straine it and putt it into a Pott or Boxe and keepe it for your vse.

An Oyntement good for the Spleene.

Take greene Ashe and burne it to ashes and make strongelye and when it is cleare take a gallon of the water, and putt to it one pounde of Giltes grease and boile it togeather till one quarter of it be wasted, then poure it into a faire platter, and when it is colde take of the Giltes grease from the Lye, and putt to it a good handfull of Meloylott bruised and boile it a Warme or two and then straine it throughe a thynn peece of canuas and stirr it vntill it be colde and therewith annoynte your syde as you shall see cause And if you cannot gett Meloylott the Lye and the Giltes grease will serue.

An Oyntement called Oyle of Exeter.

Take in the moneth of Maye a pounde of the flowers of Cowslypps and steepe them in Oyle Olive, as much in quantity as they may easely be laid in. Then take Calamynte Hearbe John, Sage Turmentill Sothernewoode Wormewood Pennyroyall Cauander Pellitory of Spaine Peritorye Rosemary Camomele Heryffe. Leaues of Lawrye flowers of Lillies of eyther an handfull gathered in the monethe of Iune: Grynde them in a morter as smale as it were for sawce, then take the flowers abouesaid and wringe them out of the Oyle with cleane handes, put them in a morter with the other hearbes and grinde them togeather, that doth putt them into so much white wine as they may easelye be steeped in and lett it lye there 24. howers in a vessell cloose stopped. Then take the hearbes with the wine and the

the Oyle of Olyue that the flowers were steeped in, and lett them boile on a softe fyer togeather, till the wine and the water of the hearbes be wasted awaye (wch you may thus knowe, take a spoonefull of the Lyquor that is in the Pannes bottome, and if you can discerne no water in the Spoone it is boyled enoughe) Then take it of the fyer and caste it imediatelye into a bagge of stronge newe canuas and straine it forceablye betweene two staues. Putt it vpp in a vessell of Tynn or Glasse for no other kinde of vessell will containe it so well, and keepe it for your vse. This Oyle or Oyntement may be applied and wilbe auaileable to such places of Man or Woeman as ar bruised with Goutes or Palsyes. In Sommer annoynte in the warme Sonn and in Winter by the fyer And after the annointinge laye on the place blacke woole that neuer was washed made hott against the fyer. This Oyntement is good against all manner of Malladyes that be in the Synewes by occasion of any colde and is is remeadiable for all bruses of Bones and Joyntes. It must be made vpp in the moneth of Iune for all the yeare after and with good keepinge it will continue good 3. yeares.

An Oyntement of the hearbe Nicoitiana, good for any Cutt or Wounde, and for any Ache in the Bones. Also where the Skynn is taken awaye, it will heale.

Take in the moneth of Auguste as many of the leaues of the hearbe Nicoitiana as shall weye sixe ownzes stampe them in a cleane stoone morter. Then take the like quantitye of good Sheepes sewett the skinnes beynge cleane taken awaye. Mynce it smale and stampe it in the morter alone, after wch stampe them well togeather

Then take 8. ownzes of the best olde Sallott Oyle and mingle all these very well togeather and keepe it in an earthen pott 5 ixe dayes and stirr it well togeather twice a daye After boile it with a softe fyer till it looke greene, then straine it throughe a thicke Canuas and keepe it in Gallye pottes. ~ ~ ~

An Oyntement for all kinde of Aches and Bruses. ~

Take a pounde of Sage leaues, as much of Rhewe halfe a pounde of Woormewood and as much of Baye leaues all these purely picked and gathered in the heate of the daye, that they may not neede washinge. Cutt them smale, and beate them in a morter: Then take 3 pounde of Sheepes sewett newe from the Sheepe and when it is colde, mynse it smale, and putt it into the morter to the hearbes. Beatt them togeather vntill such tyme as the sewett may not be discerned but that the hearbes and it be all one in colour. Then take it out and putt it in a cleane Bason. Add thereto a pottle of sweete Oyle Olyue, and worke the oyle with your handes into the hearbes vntill it be all of a like softenesse Then putt it into an earthen pott and couer it close and so lett it stand 8. dayes, then seeth it in a faire brasse pott with a softe fyer (you shall perceaue when it is sodden enoughe by this, take a spoonefull or two thereof and putt it into a newe canuas clothe and wringe the iuyce into a Sawser and if the Lyquor looke browne it is not sufficiently sodden but when it is enoughe it wilbe a cleare Oyntement) and when it is so sodden straine it into an earthen pott, for such will keepe it best.

And.

And when you vse this Oyntement, after the place greeued is well chafed with the Oyntement laye a warme clothe vppon the same and so continue to doe, and change not the clothe that you first laye on for any other that is cleane. ~ ~ ~ ~ ~ ~

A very good Oyntement for any Ache or Bruse, or for any noyse in the Heade and to drawe out a Thorne. ~

Take a litle Rozen, a litle redd Deares sewett and a litle Camphere, putt these to a litle white wine, and lett them boile on a softe fyer a wame after all is moylton. Then straine it into white wine, and beate it till it come to an Oyntement wch you may keepe in Gallye pottes for your vse. And when you drosse any Bruse or Ache, chafe it in well before the fyer. ~

The golden Oyle good for all Aches and Bruses ~ Mr Burghen.

Take of Sage, Nerpe, Smallage, Lauander, Sotherne wood, Woormewoode, Rosemarye, Rose leaues, Rewe, Lauander cotten, Fetherfewe, Tansey, Myntes, Camomele, Thyme, Oake of Jerusalem, Cowslippes, Pennyroyall, Varbeyne, Sauory, Margerum, Louage, Wilde tansey, Isope, Balme, Myntes of Romana viz. a white Myrte, Pennye leaues, Daysye leaues, Baye leaues, Dyll, of ech one handfull. Bruse them in a morter, then put them in a fayre glasse vessell and putt therto a pottle or three quartes of the best Canaye Oyle Oliue, sett the vessell in the Sonn for a monethe, then put it out into a pann and sett it on a softe fyer and let it seeth softelye and stirr it still. Then put thereto a quart of the best white wine, and so lett it seeth softelye till the wine be wasted after wch take it from the fyre and let it coole, then straine it thoroughe a Lynnen clothe and put it

into glasses and vse it as you neede. Blacke Snayles also gathered in Maye and put in a pitcher with baye Salte will become an Oyle, and is speciall good for Horses legges strayned or brused, and may be applied for that purpose to anye other creature.

An Oyle speciallye good to heale a smale cutt, and Redd or great woonde, is auaileable to many other purposes, to be applied alwayes Bloode, warme.

Take a pinte or a quarte of Sallett oyle or as much as you thinke good to make (for the same will continue good 6. or 7. yeares) then take to euery pinte of Oyle two ownzes of Alcanett roots (wch is at all tymes to be had at the Apothecaries for iij.d or iiij.d the ownze) three good handfulles of Dragon or Serpentes tounge, two handfulles of Valerion and an handfull of an hearbe called Loue in idlenesse. Chopp all the hearbes as smale as hearbes for the pott and pounde the roots as smale as other spices. That doon put all togeather into the Oyle and boyle it till you thincke the hearbes sufficientlye boyled, then straine the same throughe a fyne cloth, and put the Oyle so strained into a glasse and sett it in a place where the Sonn commeth as longe as you will. And to make it more perfect and medecinable; Vppon Midsommer eve gather 3. or 4. handfulles of the blossomes of St Johnes woorte, and with an ownze of the said Alcanett roote pounded, boile them in a pinte of Oyle as before then straine it and put it to the other Oyle and set it altogeather in the Sonn. But if these blossomes be not to be had or that you want Oyle &c. or that any of all the said hearbes in the first receipte may not be gotten, the Oyle and Roots onlye vsed and boyled togeather as before will heale sufficientlye.

The makinge of Oyle of Roses.

Take Roses cut of the whites, stampe them and put them in a glasse of Oyle Oliue, so that only halfe the glasse be filled with the brused Rose leaues, Set it in the Sonn for the space of seauen dayes and then seeth them in a double vessell 3. howrs, and then straine them, and put to the Oyle Rose leaues cut and brused as before and let them stand in the Sonn 40. dayes well couered. And in this manner you may make Oyle of Camomele, Dyll Wormewoode and Rewe.

An Oyntement good for the Dropsey.

Take Lauander Cottone, Holycoake, Bettany, Thyme Isope, Sage Lauander spike, Rewe Camomele, shridd them smale put them in a pann and put as much Maye Butter melted to them as will couer them then seeth it a prettye while, and let them stand from the fyre 12. howrs, after wch seeth them againe vntill the butter be greene, then straine it, and keepe it for your vse.

An excellent Oyntement for any Ache or Bruse comounlye called the yoollowe Oyntement.

Take fower pounde of vnsalted and vnwashed Butter fresh from the churne, halfe a peck of Broome flowers, as much of the vppermost leaues or toppes of Bryers that runn alonge the grounde and one good handfull of Rosemary toppes. Stampe these in a morter and boile them very well with the Butter, then straine it and afterwardes boile therwith a quarter of an ownze of Maces fynelye beaten, and after it hath boyled put thereto a quarter of a pinte of Aqua composita, then melte two ownzes of vnwroughte Wacce therin, stirringe it till it be melted, and till

such tyme that nothinge appeare eyther of the iuyce of the hearbes alone or Butter alone but that all seeme one perfect Ointtement. After wch straine it into an earthen ~~pott~~ pott. It will keepe good, close stopped a yeare. If any haue any paine at the Stomake annoynte therwith and it bringethe greate ease with warme clothes.

An Oyle good for the shrinkinge of Synnewes or veines aswell by occasion of Fyer burninge or any other accident.

Take to eyghte ownzes of the clearest Nortes foote Oyle, two ownzes of Malmesey, Boyle them togethor in an earthen vessell well glazed till the Malmesey be cleare consumed Stirr it continually whilest it boyleth with some slyce or stick eyther of Steele or Iron and when it is colde keepe it for your vse And when you vse it annoynte therwith alwayes colde, and let the Patient stretch the Synnow as much as he can by bendinge it the contrary way. Do this twyse a daye.

for the Scurueye. diuers medecines

It is very necessary before any of the medecines be vsed to take the Coynsell of some learned Physition and to purge the humour that breedeth and norisheth the the same

A Bagge for Ale

Take of Wormewood three handfulles of Water crosses two handfulles of Brookelyme two handfulles, of Rosemary one handfull and an halfe of Scurvy grasse fower handfulles of Egrimonye of Maydenhayre of Balme of eche halfe an handfull. Of water Plantine one handfull and an halfe Of Germaunder and Chamepitheos of eche halfe an handfull Of Cychorye roots two ownzes of Lignum Vitae fower ownzes of Salsaporilla fower ownzes of Ginger three drammes. Of Cynamome halfe an ownze Of Fumiterre two handfulles. Putt those into a bagge of Boulter stuffe wth a Plummet of Leade and hange it in five gallons of Ale for fower dayes space and drinke therof.

A Bathe for the Legges.

Take of Camomele and Melilote flowers of eche two handfulls Of Mallowes and Marish mallowes of eche three handfulles Of Fumiterre flowers of Hoppes Of wilde Thyme of eche one handfull Of Wormewoode Of Scurbye grasse of eche two handfulles Of Brookelyme Of Watercrosses of eche two handfulles Boyle those in a sufficient quantitye of water for a Bathe and vse it.

A Plaister and Vntum^t by the Prescription of Mr Fenton.

Take of Mayes Butter twelue ownzes of the iuyces of Wormewoode water crosses and Scurueygrasse of eche three ownzes of Mulmelye three ownzes. Boyle them togeather vntill the Iuyces and wine be wasted then putt vnto it of yellowe waxe foauen ownzes of Burgonye Pitche Six ownzes. Boyle them togeather to the forme of a Plaister. Then putt vnto them of Juniper Berryes finelye beaten three ownzes and incorporate them well togeather and make them into Rolles for your vse. The Vntum^t is the same receipte leauinge the waxe and Burgony Pitche out. And you may annoynte your legges hearowth before you vse the aforesaid Bathe.

A Plaister prescribed by Dr Foster.

Take of wilde Cucumer rootes one Pounde finely beaten and steeped in a quarte of distilled wine Vinagre by the space of fower and twenty howers: of clarified Honey two Pounde. Boyle them togeather to the forme of a Plaister, then putt vnto it of Emplastrum Diachilon cum gummis ℥ij of Olei Irini Linaceo of eche two ownzes of Cummyn seede in fyne Powder fower ownzes mingle them well togeather for your vse.

℥ij

A Drincke for the Scurueye

Take of Fumiterre of Scurueygrasse that is gotten by the Sea Syde of eche fower handfulles of water Cresses two handfulles of Brookelyme one handful: washe all those and take them cleane from the water, stampe them smale Putt them into a gallon of strongs Beere or Ale and lett the hearbes lye in it. Drinck thereof a good draught euery morninge and fast on hower after. Take thereof againe an hower before Dinner and at nighte when you goe to bedd. The more you can skyr after it the better, thoughe it be painefull vse this for a fortnighte or three weekes, as you fynde your selfe to mend, and it will helpe by gods grace. If you cannot gett greene Fumiterre wch is best you may haue of it dryed at the Apothecaryes.

My Lady Winwoods pilles for the Spleen and against Melancholy.

℞. Specierum Hieræ picræ ℥j. Galbani dissoluti in aceto ℥j. chalybis præparati ℥j s. Specierum diacumini ʒij. cum q. s. Syrupi stœchadis. fiat pillulæ parvæ videlicet ex ℥j. pill^as xxv.

℞. conserue absynthij, maiorane, fl. salue ana. ℥j. confer: botrios ℥j s. Specierum diagalangæ, diambræ, radicis Iridis Florentinæ vulgaris ana ℥j. Sooch radicis helenij ℥iij. cum q. s. Syrupi menthæ. fiat conditum ad consistentiam conserue.

The syrup for melancholy of m halsy his prescription.

Take of Buglos, Burrage, Balm, Bittony, Dodder, Ceterach, Endive, the tops of hops, Tamarisk, of each two handfuls. of cichory rootes of Polypody roots of each half an ounce: of Raisons of the sun stones taken out half an ounce of Lichorish one dram. of Melones, Gourdes Citrons, & Cowcumbers seeds of each two drams. boyl al these in clarified whay, and infusion of Damask roses of each three pintes vntil fowr pintes be wasted. then strain it, And to the straining put & infuse the space of twelf howers vpon warm Imbers these things following. of Sene clensed from dust & stalkes fower ounces. of Agarit two ounces. of Epithemum one ounce of mirabilans Indian. of chosen Rabarb, of each six drams. of Cordial flowers of each one pugil. of Cinamom one dram & a halfe, of Ginger two drams. after the infusion, let it boyl a litle, the vessel being clos stopped then strain it, and put to the straining, one pound of white sugar, and boyle it to the form of a syrupe. ℞. a. a.

The Countes of Kent her receit for a consumption.

Take a live Cork, gut him, then kil him, when he is almost cold chine him down the back, take out his entrals, whipe him clean, cut him in quarters, break the bones then put him into a stil with a pottle of sack & a pottle of new milk of a red cow, a pound of currants, a pound of Reasons of the sun stones, a quarter of a pound of dates cut smal. two handfuls of pimpernel. as much of Rosmary blossoms, one handful of wilde thyme. two handfuls of Organ, as much of Buglos blossoms, as much of Burrag blossoms, one handful of fennel. one handful of parsley rootes scraped & the peth taken out. one handful of Cardiff leaves, as much of Cichory leaves. two handfuls of Coltsfoot leaves. one handful of Maiden haire, one handful of figges. three ounces of Aniseeds braysed, as much of licorize scraped and bruised. stil al these together, with a soft fire, putting into the

glass.

glas wherin to it droppeth half a pound of suger candy finely beaten, a book of leaf gold cut smal & mingled th̃ to the suger candy. fowre grains of Amber grece twelf grains of prepared perles, so let the water drop in upon the suger &c. mengle the strong water, & the smal together. the take fowr sponfuls of that distilled water in the morning fasting and as much before supper, always shaking the bottom of the great glas before you mesure the sponfuls.

Mrs Staffords Salue for a green wound.

Take two handfuls of water Dittany, as much of Rosemary. shred them very smal one quarter of a pinte of Turpintine. half a pound of yellow way. a quart of sallet oyle. half a pinte of white wine. boyl al these to gether til the white wine be consumed then it wil be green & com to the hight of a salue.

Mrs Staffords green salue for an old soare.

Take one handful of Groundsel, as much of howslick, as much of Marigold leaues, wipe these herbs clean, but wash them not beat them al as smal as you may possibly. then strain out al the Iuice, put to it a quantity of hogges grease as much as two egges. beat al againe and then put in ten Egges, elks & whites, fiue sponfuls of English hunny, as much of wheat-flower as wil make al this as stif as a salue, stir it wel together put it up in a close pot that it take no aire & keep it for yor vse.

For a bruse in the Eye.

Take pellitory of the wal, stamp & strain it beat the wittes of Egges to froth mingle them wel to gether, wash the soare Eye with the thinnest thereof and apply the thickest being spread upon flax outwardly to the same Eye.

A Syrup for a cold, & stopping of the breast, & the like.

Take two ounces of french barley, boyle

it in two, or three waters then into the last water put in one parsley root, one fennel root two leaves of Coltsfoot boyl them wel together then strain it, and put to this liquor two ounces of brown sugar candy beaten, one ounce of the syrupe of green ginger then boyl al up to a syrupe. take two sponfuls therof both morning fasting. and as much last at night.

An oyntment to be given both inwardly and outwardly for the kings evil for the plurisy, burnings, scaldings, green wounds, & sore Eyes.

Take one pound of venise Turpentine, wash it in plantin water first, then in damas rose water, after take three pintes of fallet oyle, three pintes of spring water beat them al wel together. then set it in a pan on the fire, til it be ready to boyle then take it from the fire and skum of al the oyle & Turpentine from the water, put to it half a pound of wax first molten stirring it continually til it be ready to boyle, then put to it one ounce of red sanders beaten to pouder and stir it wel together and keep it for your vse. for soare eyes put no

red sanders to it.

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